



Wellness Center: Calendar BVL

Address: 1044 Plaza Drive Kissimmee, FL 34743

Phone Number: 407-917-6413



Monday Tuesday Wednesday Thursday Friday



SPECIAL EVENTS

| | | | | |
|--|---|--|---|--|
| <p>2</p> <p>9am Coffee 10am Cardio 11am Word Search 1pm Rules 2pm News 3pm Domino</p> | <p>3</p> <p>9am Coffee 10am Diabetes Education 1pm Zumba 2pm Word Search 3pm Domino</p> | <p>4</p> <p>9am Coffee 10am Cardio 11am Art & Craft 1pm Calligraphy 2pm Stretching 3pm Domino</p> | <p>5</p> <p>9am Coffee 10am Cardio 11am BINGO 1pm Zumba 2pm Karaoke 3pm Domino</p> | <p>6</p> <p>9am Coffee 10am Cardio 11am Socialize 1pm BINGO 2pm Dance 3pm Domino</p> |
| <p>9</p> <p>Closed</p> | <p>10</p> <p>Closed</p> | <p>11</p> <p>9am Coffee 10am Cardio 11am Art & Craft 1pm Calligraphy 2pm Stretching 3pm Domino</p> | <p>12</p> <p>9am Coffee 10am Cardio 11am Word Search 1pm Zumba 2pm Karaoke 3pm Domino</p> | <p>13</p> <p>9am Coffee 10am Cardio 11am Tea Party 1pm BINGO 2pm Dance 3pm Domino</p> |
| <p>16</p> <p>9am Coffee 10am Cardio 11am Word Search 1pm BINGO 2pm News 3pm Domino</p> | <p>17</p> <p>9am Coffee 10am Cardio 11am Nutrition 1pm Zumba 2pm Word Search 3pm Domino</p> | <p>18</p> <p>9am Coffee 10am Cardio 11am Art & Craft 1pm Calligraphy 2pm Stretching 3pm Domino</p> | <p>19</p> <p>9am Coffee 10am Cardio 11am Word Search 1pm Zumba 2pm Karaoke 3pm Domino</p> | <p>20</p> <p>9am Coffee 10am Cardio 11am Socialize 1pm BINGO 2pm Dance 3pm Domino</p> |
| <p>23</p> <p>9am Coffee 10am Cardio 11am Word Search 1pm BINGO 2pm News 3pm Domino</p> | <p>24</p> <p>9am Coffee 10am Cardio 11am Nutrition 1pm Zumba 2pm Word Search 3pm Domino</p> | <p>25</p> <p>9am Coffee 10am Cardio 11am Art & Craft 1pm Calligraphy 2pm Stretching 3pm Domino</p> | <p>26</p> <p>9am Coffee 10am Cardio 11am Word Search 1pm Zumba 2pm Karaoke 3pm Domino</p> | <p>27</p> <p>9am Coffee 10am Cardio 11am Socialize 1pm BINGO 2pm Birthday's 3pm Domino</p> |
| <p>30</p> <p>9am Coffee 10am Cardio 11am Word Search 1pm BINGO 2pm News 3pm Domino</p> | <p>31</p> <p>9am Coffee 10am Cardio 11am Nutrition 1pm Zumba 2pm Word Search 3pm Domino</p> | | | |

March 5 at 11:00am BINGO by Cornerstone Hospice

March 13 at 11:00am Tea Party

March 27 at 2:00pm Monthly Birthday's Celebration

Hairs Style Available please call to schedule appointment at (407)917-6413

- *Physical Exercises
- *Social
- *Arts & Crafts
- *Educational





Centro de Bienestar: Calendario BVL
Dirección: 1044 Plaza Drive Kissimmee, FL 34743
Teléfono: 407-917-6413



Lunes Martes Miercoles Jueves Viernes



EVENTOS ESPECIALES

| | | | | |
|--|--|---|--|--|
| <p>9am Cafecito</p> <p>10am Cardio</p> <p>11am Búsqueda palabras</p> <p>1pm Reglas</p> <p>2pm Noticias</p> <p>3pm Dominoes</p> | <p>9am Cafecito</p> <p>10am Taller</p> <p>Diabetes</p> <p>1pm Zumba</p> <p>2pm Búsqueda palabras</p> <p>3pm Dominoes</p> | <p>9am Cafecito</p> <p>10am Cardio</p> <p>11am Manualidades</p> <p>1pm Caligrafía</p> <p>2pm Estiramiento</p> <p>3pm Dominoes</p> | <p>9am Cafecito</p> <p>10am Cardio</p> <p>11am BINGO</p> <p>1pm Zumba</p> <p>2pm Karaoke</p> <p>3pm Dominoes</p> | <p>9am Cafecito</p> <p>10am Cardio</p> <p>11am Socializar</p> <p>1pm BINGO</p> <p>2pm Baile</p> <p>3pm Dominoes</p> |
| <p>Cerrado</p> | <p>Cerrado</p> | <p>9am Cafecito</p> <p>10am Cardio</p> <p>11am Manualidades</p> <p>1pm Caligrafía</p> <p>2pm Estiramiento</p> <p>3pm Dominoes</p> | <p>9am Cafecito</p> <p>10am Cardio</p> <p>11am Búsqueda palabras</p> <p>1pm Zumba</p> <p>2pm Karaoke</p> <p>3pm Dominoes</p> | <p>9am Cafecito</p> <p>10am Cardio</p> <p>11am Fiesta de Té</p> <p>1pm BINGO</p> <p>2pm Baile</p> <p>3pm Dominoes</p> |
| <p>9am Cafecito</p> <p>10am Cardio</p> <p>11am Búsqueda palabras</p> <p>1pm BINGO</p> <p>2pm Noticias</p> <p>3pm Dominoes</p> | <p>9am Cafecito</p> <p>10am Cardio</p> <p>11am Nutricion</p> <p>1pm Zumba</p> <p>2pm Búsqueda palabras</p> <p>3pm Dominoes</p> | <p>9am Cafecito</p> <p>10am Cardio</p> <p>11am Manualidades</p> <p>1pm Caligrafía</p> <p>2pm Estiramiento</p> <p>3pm Dominoes</p> | <p>9am Cafecito</p> <p>10am Cardio</p> <p>11am Búsqueda palabras</p> <p>1pm Zumba</p> <p>2pm Karaoke</p> <p>3pm Dominoes</p> | <p>9am Cafecito</p> <p>10am Cardio</p> <p>11am Socializar</p> <p>1pm BINGO</p> <p>2pm Baile</p> <p>3pm Dominoes</p> |
| <p>9am Cafecito</p> <p>10am Cardio</p> <p>11am Búsqueda palabras</p> <p>1pm BINGO</p> <p>2pm Noticias</p> <p>3pm Dominoes</p> | <p>9am Cafecito</p> <p>10am Cardio</p> <p>11am Nutricion</p> <p>1pm Zumba</p> <p>2pm Búsqueda palabras</p> <p>3pm Dominoes</p> | <p>9am Cafecito</p> <p>10am Cardio</p> <p>11am Manualidades</p> <p>1pm Caligrafía</p> <p>2pm Estiramiento</p> <p>3pm Dominoes</p> | <p>9am Cafecito</p> <p>10am Cardio</p> <p>11am Búsqueda palabras</p> <p>1pm Zumba</p> <p>2pm Karaoke</p> <p>3pm Dominoes</p> | <p>9am Cafecito</p> <p>10am Cardio</p> <p>11am Socializar</p> <p>1pm BINGO</p> <p>2pm Cumpleaños</p> <p>3pm Dominoes</p> |
| <p>9am Cafecito</p> <p>10am Cardio</p> <p>11am Búsqueda palabras</p> <p>1pm BINGO</p> <p>2pm Noticias</p> <p>3pm Dominoes</p> | <p>9am Cafecito</p> <p>10am Cardio</p> <p>11am Nutricion</p> <p>1pm Zumba</p> <p>2pm Búsqueda palabras</p> <p>3pm Dominoes</p> | <p>9am Cafecito</p> <p>10am Cardio</p> <p>11am Manualidades</p> <p>1pm Caligrafía</p> <p>2pm Estiramiento</p> <p>3pm Dominoes</p> | <p>9am Cafecito</p> <p>10am Cardio</p> <p>11am Búsqueda palabras</p> <p>1pm Zumba</p> <p>2pm Karaoke</p> <p>3pm Dominoes</p> | <p>9am Cafecito</p> <p>10am Cardio</p> <p>11am Socializar</p> <p>1pm BINGO</p> <p>2pm Cumpleaños</p> <p>3pm Dominoes</p> |

5 Marzo a las 11:00am BINGO
 Auspiciado por Cornerstone Hospice

13 Marzo a las 11:00am Fiesta del Té

27 Marzo a las 2:00pm Celebración Mensual de Cumpleaños

Servicio de peluquería disponible. Llame para programar una cita al (407) 917-6413

- *Ejercicios
- *Social
- *Manualidades
- *Educativa



@imamedicalgroup