

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 9am Coffee Talk 10am Reading 12pm Cardio 1pm Arts&craft 2pm Domino 3pm Rummikub	2 9am Coffee Talk 10am Cardio 11am Reading 12pm Zumba 2pm Arts&Craft 3pm Rummikub	3 9am Coffee Talk 10am Cardio 11am Reading 12pm Lunch 2pm Domino 3pm Arts&craft	4 9am Coffee Talk 10am Cardio 11am Reading 1pm Arts&Craft 2pm Bingo 3pm Rummikub
7 Closed	8 9am Coffee Talk 10am Reading 12am Cardio 1pm Rummikub 2pm Arts&Craft 3pm Domino	9 9am Coffee Talk 10am Cardio 12pm Zumba 1pm Reading 2pm Arts&craft 3pm Bingo	10 9am Coffee Talk 10am Cardio 12pm Lunch 1pm Arts&Craft 2pm Reading 3pm Education	11 9am Coffee Talk 10am Cardio 11am Education 1pm Arts&Craft 2pm Domino 3pm Rummikub
14 9am Coffee Talk 10am Cardio 12pm Zumba 1pm Arts&Craft 2pm Domino 3pm Reading	15 9am Coffee Talk 10am Reading 11am Cardio 1pm Arts&Craft 2pm Rummikub 3pm Domino	16 9am Coffee Talk 10am Reading 12pm Zumba 1pm Arts&Craft 2pm Rummikub 3pm Domino	17 9am Coffee Talk 10am Education 12pm Lunch 1pm Arts&Craft 2pm Cardio 3pm Rummikub	18 9am Coffee Talk 10am Reading 11am Arts&Craft 1pm Cardio 2pm Rummikub 3pm Domino
21 9am Coffee Talk 10am Cardio 12pm Zumba 1pm Reading 2pm Arts&Craft 3pm Rummikub	22 9am Coffee Talk 10am Cardio 11am Reading 1pm Arts&Craft 2pm Domino 3pm Rummikub	23 9am Coffee Talk 10am Cardio 12pm Zumba 1pm Arts&Craft 2pm Reading 3pm Bingo	24 9am Coffee Talk 10am Cardio 11am Reading 12pm Lunch 2pm Arts&Craft 3pm Rummikub	25 9am Coffee Talk 10am Reading 11am Cardio 1pm Arts&Craft 2pm Domino 3pm Rummikub
28 9am Café Charlar 10am Cardio 12pm Zumba 1pm Reading 2pm Arts&Craft 3pm Bingo	29 9am Coffee Talk 10am Cardio 12pm Reading 1pm Arts&Craft 2pm Rummikub 3pm Domino	30 9am Coffee Talk 10am Cardio 12pm Zumba 1pm Arts&Craft 2pm Reading 3pm Rummikub	*Physical Exercises *Social *Arts & Crafts *Educational	



SPECIAL EVENTS

Sep1-12pm A fresh start

Sept 2:00 pm Power up Against Cancer

Sept 28-12pm Birthday Party of the month.

Zumba Monday & Tuesday 12:30



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LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
	¹ 9am Charlar Cafe 10am Lectura 12pm Cardio 1pm Artes 2pm Domino 3pm Rummikub	² 9am Coffee Talk 10am Cardio 11am Lectura 12pm Zumba 2pm Manualidades 3pm Rummikub	³ 9am Café Charlar 10am Cardio 11am Lectura 12PM Almuerzo 2pm Domino 3pm Manualidad	⁴ 9am Café Charlar 10am Cardio 11am Lectura 1pm Manualidad 2pm Bingo 3pm Rummikub
Closed ⁷	⁸ 9am Café Charlar 10am Lectura 11am Cardio 1pm Rummikub 2pm Artes 3pm Domino	⁹ 9am Café Charlar 10am Cardio 12pm Zumba 1pm Lectura 2pm Manualidad 3pm Bingo	¹⁰ 9am Café Charlar 10am Cardio 12pm Almuerzo 1pm Artes 2pm Lectura 3pm Educacion	¹¹ 9am Café Charlar 10am Cardio 11am Educacion 1pm Manualidad 2pm Domino 3pm Rummikub
¹⁴ 9am Café Charlar 10am Cardio 12pm Zumba 1pm Manualidad 2pm Domino 3pm Lectura	¹⁵ 9am Café Charlar 10am Lectura 11am Cardio 1pm Artes 2pm Rummikub 3pm Domino	¹⁶ 9am Café Charlar 10am Lectura 12pm Zumba 1pm Manualidad 2pm Rummikub 3pm Domino	¹⁷ 9am Café Charlar 10am Educacion 12PM Almuerzo 1pm Artes 2pm Cardio 3pm Rummikub	¹⁸ 9am Café Charlar 10am Lectura 11am Manualidad 1pm Cardio 2pm Rummikub 3pm Domino
²¹ 9am Café Charlar 10am Cardio 12pm Zumba 1pm Lectura 2pm Artes 3pm Rummikub	²² 9am Café Charlar 10am Cardio 11am Lectura 1pm Manualidad 2pm Domino 3pm Rummikub	²³ 9am Café Charlar 10am Cardio 12pm Zumba 1pm Manuaidad 2pm Lectura 3pm Bingo	²⁴ 9am Café Charlar 10am Cardio 11am Lectura 1pm Almuerzo 2pm Artes 3pm Rummikub	²⁵ 9am Café Charlar 10am Lectura 11am Cardio 1pm Manualidad 2pm Domino 3pm Rummikub
²⁸ 9am Café Charlar 10am Cardio 12pm Zumba 1pm Lectura 2pm Manualidad 3pm Bingo	²⁹ 9am Café Charlar 10am Cardio 11am lectura 1pm Artes 2pm Rummikub 3pm Domino	³⁰ 9am Café Charlar 10am Cardio 12pm Zumba 1pm Manulidad 2pm Lectura 3pm Rummikub	*Ejercicios *Social *Manualidades *Educcional	

EVENTOS ESPECIALES

sept 1-12pm A fresh Start

Sept 2:30 Pm Power up Against cancer

Zumba Lunes & Miercoles 12:30pm

Sept 25-12pm Fiesta De Cumpleanos Del mes.



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