The Women's Centre Cornwall's Theory of Change

Women are
FREE, POWERFUL, OUTSPOKEN CHANGEMAKERS

IMPACT

FREE
Women live free from abuse, oppression and violence

POWERFUL
Women are empowered to live the life they choose

OUTSPOKEN
Women understand and can express their needs, opinions, and aspirations

CHANGEMAKERS
Women can create change for themselves, their families, and their communities

WHAT **CHANGE** WE WANT TO MAKE

OUTCOMES

SAFETY
Improved sense of safety and ability to stay safe

HEALTHY
Improved physical and mental health and wellbeing

HAS CHOICE
Improved choice and control in their lives

CAN SPEAK UP
Increased ability to speak up and influence those around them

CONFIDENT
Improved confidence and resilience

BELONGS
Improved feelings of belonging and connection

OUTPUTS

Women supported

Women engage with peers

Women engage with Community

Women access training and skill development

Community Engaged

External staff, agency, community trained

WHAT WE **DO** WITH **INDIVIDUALS** AND THE **COLLECTIVE**

ACTIVITIES

Referrals and Assessments that identify needs and strengths

Training and Skills Development

Individual Case Work at any stage of a women's journey

Peer Engagement

Survivor led/ participated Community Engagement

Community Engagement Events and Campaigns

External staff, agency, and community training

INTPUTS

Flexible and Sustainable Funding

Quality Practice and Learning

Flourishing and Skilled Staff and Volunteers

Enabling Infrastructure and Systems

Embedded Culture and Identity

Collaborative Partnership and Networks

WHAT WE **NEED**

PRINCIPLES

Accessible

Inclusive

Culturally Informed

People Centred

HOW WE DO THINGS