



ecclesiastes



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enjoy work
drink joyfully

eat gladly

be happy

accept limits
do good



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Ecclesiastes 2:24-25

24 A person can do nothing better than to eat and drink and find satisfaction in their own toil. This too, I see, is from the hand of God, 25 for without him, who can eat or find enjoyment?



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Acts 2:42-47

42 They devoted themselves to the apostles' teaching and to fellowship, to the breaking of bread and to prayer.

43 Everyone was filled with awe at the many wonders and signs performed by the apostles. 44 All the believers were together and had everything in common.



Acts 2:42-47

45 They sold property and possessions to give to anyone who had need. 46 Every day they continued to meet together in the temple courts. They broke bread in their homes and ate together with glad and sincere hearts, 47 praising God and enjoying the favour of all the people. And the Lord added to their number daily those who were being saved.



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five ways to eat gladly:

1. *eat together*

2. *eat well*

3. *say grace*

4. *fast often*

5. *feed others*



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Ecclesiastes 3:12-23

12 I know that there is nothing better for people than to be happy and to do good while they live. 13 That each of them may eat and drink, and find satisfaction in all their toil—this is the gift of God.



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John 4:13-14

13 Jesus answered, “Everyone who drinks this water will be thirsty again, 14 but whoever drinks the water I give them will never thirst. Indeed, the water I give them will become in them a spring of water welling up to eternal life.”



Revelation 22:17

17 The Spirit and the bride say, “Come!” And let the one who hears say, “Come!” Let the one who is thirsty come; and let the one who wishes take the free gift of the water of life.



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Ecclesiastes 3:22

22 So I saw that there is nothing better for a person than to enjoy their work, because that is their lot. For who can bring them to see what will happen after them?



Genesis 1:26-27

26 Then God said, “Let us make mankind in our image, in our likeness, so that they may rule over the fish in the sea and the birds in the sky, over the livestock and all the wild animals, and over all the creatures that move along the ground.”

27 So God created mankind in his own image, in the image of God he created them; male and female he created them.



Ephesians 6:7

7 Serve wholeheartedly, as if you were serving the Lord,
not people...



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Ecclesiastes 5:18-20

18 This is what I have observed to be good: that it is appropriate for a person to eat, to drink and to find satisfaction in their toilsome labor under the sun during the few days of life God has given them—for this is their lot. 19 Moreover, when God gives someone wealth and possessions, and the ability to enjoy them, to accept their lot and be happy in their toil—this is a gift of God. 20 They seldom reflect on the days of their life, because God keeps them occupied with gladness of heart.



Philippians 4:4-7

4 Rejoice in the Lord always. I will say it again: Rejoice! 5 Let your gentleness be evident to all. The Lord is near. 6 Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. 7 And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.



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Ecclesiastes 8:15

15 So I commend the enjoyment of life, because there is nothing better for a person under the sun than to eat and drink and be glad. Then joy will accompany them in their toil all the days of the life God has given them under the sun.



Psalms 139:15-16

15 My frame was not hidden from you
when I was made in the secret place,
when I was woven together in the depths of the earth.

16 Your eyes saw my unformed body;
all the days ordained for me were written in your book
before one of them came to be.



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Ecclesiastes 9:7-10

7 Go, eat your food with gladness, and drink your wine with a joyful heart, for God has already approved what you do. 8 Always be clothed in white, and always anoint your head with oil. 9 Enjoy life with your wife, whom you love, all the days of this meaningless life that God has given you under the sun—all your meaningless days. For this is your lot in life and in your toilsome labor under the sun. 10 Whatever your hand finds to do, do it with all your might, for in the realm of the dead, where you are going, there is neither working nor planning nor knowledge nor wisdom.



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Proverbs 3:27

27 Do not withhold good from those to whom it is due,
when it is in your power to act.



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1 Corinthians 15:32

“Let us eat and drink, for tomorrow we die.”



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1 Corinthians 15:32

“Let us eat and drink, for tomorrow we die.”



1 Corinthians 15:32

If the dead are not raised,

“Let us eat and drink, for tomorrow we die.”



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Romans 8:18-21

18 I consider that our present sufferings are not worth comparing with the glory that will be revealed in us.

19 For the creation waits in eager expectation for the children of God to be revealed. 20 For the creation was subjected to frustration, not by its own choice, but by the will of the one who subjected it, in hope 21 that the creation itself will be liberated from its bondage to decay and brought into the freedom and glory of the children of God.



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*in Christ,
meaningless! meaningless!*

becomes...
GLORIOUS! GLORIOUS!



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