

This simple and delicious ice cream sandwich recipe is a great opportunity for your autistic kiddo to practice patience. And, they get a sweet treat at the end!



## **INGREDIENTS:**

- 2 packs of 1lb cookie dough
- Ice cream of choice
- Mini chocolate chips

## Giant Chocolate Chip Ice Cream Sandwich

## **HOW TO MAKE:**

- 1. Preheat your oven to 350 degrees.
- 2. Add parchment paper to a springform pan and press together one pack of your cookie dough in the pan to create a giant cookie.
- 3. Bake your giant cookie for 15-20 minutes, just until the middle is still a little soft to avoid overbaking.
- 4. Remove your cookie from the mold and set it aside to cool. Repeat with your second pack of cookie dough.
- 5. Once both of your giant cookies have cooled, add one cookie back into the springform mold and add your kiddo's favorite ice cream on top.
- 6. Use a spatula to smooth out the ice cream layer before topping it with your second giant cookie.
- 7. Place your pan in the freezer to set.
- 8.Once set, remove the springform mold to reveal your giant chocolate chip ice cream sandwich. Press some mini chocolate chips on the side before cutting to enjoy!