

WHY WE SAY THANK YOU

When someone does something for me or shows me kindness, I can express my gratitude by saying or signing “Thank you!” We express our gratitude to others because it shows them we appreciate the efforts they have made.



When I say “Thank you” to someone, it makes them feel valued and can make them feel happier.

They might say or sign “You’re welcome” when I thank them, which means they were happy to help or provide the services they did.



There are many reasons I could thank someone, like:

My parent helps me
put my shoes on



A friend shares their
toys with me



A waiter brings our
food to the table



Someone says they
like my shirt



My family member
gives me a present



When I do something kind for someone else, they may thank me as well. If they thank me, I can say or sign “You’re welcome” to let them know I accept their appreciation



Being kind to others and expressing my gratitude when they are kind to me strengthens my relationships with those around me. Remembering to say “Thank you” is a simple way to show my appreciation!