

WINTER SLIME

This winter time slime is perfect for sensory play! Sensory play is an excellent way to practice fine motor skills and enjoy a calming activity that can aid in emotional regulation.



WHAT YOU'LL NEED:

- 4 oz white school glue
- 2 tbsp contact lens solution
- 2 cups shaving cream
- Optional mix-ins: Foam beads, glitter, mini snowflake toys or sequins

INSTRUCTIONS:

1. Empty the school glue into a bowl and add in your mix-ins if using.
2. Once combined, add in your contact lens solution and mix.
3. Begin adding in your shaving cream. For a fluffier slime, add more shaving cream. For stickier slime, add less shaving cream.
4. Roll your slime onto a clean, prepared surface and begin to knead it until your kiddo gets the slime consistency they like.