

# SALT DOUGH HEART PENDANT

**Your kiddo can  
create the perfect  
handmade gift for  
their loved ones  
with simple  
ingredients from  
the kitchen!**



## WHAT YOU'LL NEED:

- 2 cups flour
- 1 cup salt
- 3/4 cup water
- Heart-shaped cookie cutter (optional)
- Paint
- Glue (optional)
- Glitter, gems, or sequin (optional)
- Yarn, crafting chain, or string

## INSTRUCTIONS:

1. Preheat your oven to 250 degrees.
2. Mix your flour and salt in a large bowl before slowly mixing in your water.
3. Once a dough forms, knead your dough with your hands.
4. If using a cookie cutter, roll out your dough with a rolling pin and use your cookie cutter to cut out heart shapes. If you're not using a cookie cutter, take small pieces of dough and shape them into flat hearts with your hands.
5. Add a small hole to the top of your pendants where your chain will go.
6. Place your pendants on a baking tray and bake in the oven for 1 to 2 hours until the dough has dried.
7. Once cooled, it's time to paint and decorate each pendant.
8. Allow your paint and decorations to dry completely before adding the chain to your pendant. They are now ready to gift to your kiddo's loved ones!