



Make a healthier
Memorial Day treat
that's super easy and
just 3 ingredients!



INGREDIENTS:

- 12 Medium red apples
- 16 Ounces vanilla flavored candies
- Blue sprinkles
- Cookie or popsicle sticks

Red, White & Blue Apples

HOW TO MAKE:

1. Line a large cookie sheet with wax paper.
2. Wash & dry apples. Remove the stems. Press sticks into the top of apples going almost all the way to the bottom.
3. Pour blue sprinkles into a small bowl and set aside.
4. Place candy coating into a microwave safe bowl. Microwave on high for 1-2 minutes. Stir until completely smooth.
5. Dip apples into melted candy coating leaving $\frac{1}{3}$ of the apple without candy coating on the top. Let the excess candy coating drop off of the apple and back into the bowl.
6. Hold the apple on its side, over the bowl of sprinkles. Use a spoon to pour some sprinkles over the bottom third of the apple.
7. Place dipped & sprinkled apples on prepared cookie sheet until set. about 1 hour. Serve or store covered in refrigerator for up to 5 days.