

5 Autism Podcasts to Discover

Uniquely Human The Podcast: Hosted by Dr. Barry Prizant and Dave Finch, this podcast highlights positive and hopeful stories about autism. It emphasizes understanding and embracing neurodiversity.

The Autism Dad Podcast: Hosted by Rob Gorski, this podcast shares insights from his life as a single dad raising three autistic sons. It covers topics like parenting, mental health, and navigating the autism journey.

Moms Talk Autism: Hosted by four mothers, this podcast shares honest conversations about parenting autistic children. Each episode explores real-life challenges, victories, and the power of connection in the autism community.

Autism Little Learners: Hosted by speech-language pathologist Tara Phillips, this podcast provides practical, neuroaffirming strategies for parents and educators. It offers tools and insights to help young autistic children thrive at home and in the classroom.

Parenting Autism: Hosted by Chris and Sandy Colter, this podcast follows the journey of two parents raising their autistic son Bryce. Each episode explores the day-to-day experiences they face and aims to provide tools for families like theirs and invite people who wish to learn more about autism into their world.

