

---

# COBHAM CLINIC

---

## *The Complete Facial Collection*

From targeted Foundation treatments to advanced clinical facials — every treatment is built around your skin, your concerns and your goals. Each session begins with a consultation so your therapist can tailor every step to what your skin needs on the day.

---

## Foundation Facials

*Level 1 · £130 · 60 minutes*

Six expertly crafted facials, each built around a specific skin concern. Every treatment uses the finest technology and products — tailored to your skin on the day.

◆ Included with the Bespoke Membership and all Skin Specific memberships from £135/month.

### Calm

*Rest. Restore. Breathe.*

**Is this for you?** Reactive, sensitive or rosacea-prone skin that needs to be listened to, not pushed. Also ideal for anyone whose barrier needs repair.

Everything about this treatment is designed to slow down and soothe. A softening enzyme exfoliant, oxygen therapy to calm visible redness, and electroporation to push a specialised anti-redness serum deep into the skin.

*A deeply relaxing oatmeal mask is applied while we work through a gentle massage — finishing with red LED light therapy, clinically proven to reduce inflammation and support skin healing.*

**Results:** Calm, comfortable skin. Redness visibly reduced. Barrier restored.

Enzymatic exfoliation · Oxygen therapy · Electroporation · Red LED · Oatmeal mask

---

### Clear

*Cleanse. Clarify. Confidence.*

**Is this for you?** Breakouts, congestion, or acne-prone skin. Whether occasional blemishes or more persistent acne, this facial tackles the problem at every level.

Deep cleansing, targeted oxygen therapy to create an environment hostile to acne bacteria, and professional extractions — followed by high frequency to sterilise post-extraction.

*An extended session of blue LED light therapy — the gold standard for targeting acne bacteria — completes the treatment. A scalp massage is included throughout.*

**Results:** Clearer, less congested skin. Reduced active breakouts. A cleaner canvas going forward.

Oxygen therapy · PCA enzymatic peel · Extractions · High frequency · Blue LED

---

### Hydrate

*Quench. Plump. Glow.*

**Is this for you?** Dehydrated, dull or congested skin. Our answer to the HydraFacial — delivering deep hydration and real, lasting results.

Three-solution hydradermabrasion exfoliates, extracts and floods the skin with hydration. Radiofrequency firms and tightens, with electroporation driving a bespoke serum even deeper.

*A professional facial massage and LED light therapy round off the treatment — leaving skin genuinely, not just superficially, hydrated.*

**Results:** Plumper, smoother skin. Fine lines softened. Complexion refreshed.

## Glow

*Reveal. Brighten. Shine.*

**Is this for you?** When skin has lost its spark — flat, dull or tired. Perfect before an event or just because you deserve it.

A papaya enzyme mask begins the brightening process. Full hydradermabrasion follows, then radiofrequency to tone and tighten, and LED to even out skin tone.

*We finish with Oxy Trio — oxygen and active ingredients that leave the skin luminous and genuinely glowing from within. (Please advise of any nut allergies.)*

**Results:** Instantly brighter, more luminous skin. Lit-from-within glow. Complexion visibly more even.

Papaya mask · Hydradermabrasion (full) · Radiofrequency · LED · Oxy Trio

---

## Lift

*Tone. Define. Sculpt.*

**Is this for you?** Loss of facial tone or definition along the jawline. A non-surgical approach to firming and lifting.

Hydradermabrasion preps the skin, then microcurrent re-educates and tones the underlying facial muscles — often described as a workout for your face.

*A structured lifting massage sculpts the jawline and cheeks, and LED therapy supports collagen production. Results build beautifully with every treatment.*

**Results:** More toned and lifted skin. Improved contour and definition. Results build with each treatment.

Hydradermabrasion · Microcurrent · Lifting massage · LED

---

## Buccal Massage

*Release. Sculpt. Transform.*

**Is this for you?** The treatment everyone is talking about — working the muscles of the face from the inside out for results no other facial can match.

A thorough cleanse and exfoliation, then a full external sculpting massage releasing tension in the jaw, temples, neck and brow.

*The intraoral technique follows — targeting the buccinator, masseter and pterygoid muscles directly from inside the mouth. Releasing tension that no topical treatment can reach. Clients describe seeing their face wake up.*

**Results:** Sculpted, defined and lifted appearance. Jaw tension relieved. Immediate and progressive results.

Double cleanse · Enzyme exfoliation · External sculpting massage · Intraoral buccal technique

---

## Chemical Peel

*Resurface. Renew. Reveal.*

**Is this for you?** Uneven tone, dullness, congestion, fine lines, pigmentation or acne. One of the most effective ways to genuinely resurface and transform the skin.

We offer the complete Environ, PCA Skin and Blue Radiance Peel ranges — from gentle zero-downtime options through to more intensive resurfacing treatments. Your therapist will recommend the right peel at consultation.

*Every peel is self-neutralising and professionally applied — more comfortable, more controlled and more effective than anything available over the counter.*

**Results:** Smoother texture, more even tone, reduced pigmentation and a noticeably fresher, more refined complexion.

Environ peels · PCA Skin peels · Blue Radiance Peel

# Advanced Facials

Level 2 · £175 · 65–70  
minutes

Our Advanced Facial collection combines multiple clinical techniques in a single carefully sequenced session — designed for skin that is ready for serious transformation.

◆ Included with all Skin Specific memberships from £135/month.

## Contouring

*Define. Firm. Sculpt.*

**Is this for you?** Loss of facial definition, skin laxity — for anyone wanting to redefine structure and lift the jawline without surgery.

NuEra monopolar radiofrequency heats deep tissue to stimulate collagen remodelling from within. Immediately followed by the legendary DMK Enzyme Mask — renowned for its dramatic plasmatic effect that visibly restructures and firms.

NuEra uses monopolar radiofrequency — one of the most powerful and clinically advanced RF technologies available. Unlike bipolar systems, monopolar RF penetrates to the deepest layers of the dermis for significantly greater collagen stimulation, tissue remodelling and lifting results.

*While your mask dries, we carry out a luxurious scalp massage. Oxy Trio finishes — including hands-on massage during Stage 2 — for an immediate, jaw-dropping glow.*

**Results:** Firmer, more contoured skin. Lifted jawline. Tighter texture. Radiant complexion.

NuEra monopolar RF · DMK Enzyme Mask · Plasmatic effect · Oxy Trio · Scalp massage

## BioCell

*Rebuild. Renew. Restore.*

**Is this for you?** For anyone wanting to rebuild skin density, reduce fine lines and restore that plump, healthy quality. Particularly effective for mature skin, scarring and post-inflammatory damage.

BioCell is built around PDRN — Polydeoxyribonucleotide — one of the most advanced regenerative ingredients available. PDRN consists of DNA fragments that directly activate the skin's own repair receptors, stimulating collagen and elastin production and accelerating cellular regeneration at a biological level.

*Delivered via the Million Dollar Facial Bio Cell protocol, this is a genuine biostimulation of the dermal matrix — not surface hydration, but a progressive rebuilding of skin density and quality that improves with every treatment.*

**Results:** Denser, plumper, more resilient skin. Fine lines and scarring visibly softened. Progressive results that build with each session.

PDRN (Polydeoxyribonucleotide) · Million Dollar Facial Bio Cell protocol · Cellular regeneration

## Meso Infusion

*Target. Infuse. Transform.*

**Is this for you?** For skin that needs more than surface care. Our most targeted, personalised treatment — driving powerful actives deep where they make a real difference.

Every Meso Infusion is bespoke. A painless peel resurfaces, then a dermstamp delivers a serum chosen specifically for your concerns. Electroporation and iontophoresis drive actives even deeper for sustained delivery.

*LED light therapy completes the active phase — chosen specifically for your skin — while a scalp massage ensures you feel as good as your skin looks.*

**Results:** Dramatically improved skin concern. Skin that has genuinely received what it needs — not just on the surface.

Painless peel · Dermstamp + bespoke meso serum · Electroporation · Iontophoresis · LED

## Active Ageing

### *Lift. Tone. Rejuvenate.*

**Is this for you?** Our most comprehensive anti-ageing facial. Serious results — visible lifting, improved tone, reduction in signs of ageing — without surgery or downtime.

An exfoliating mask resurfaces first. Extended NuEra monopolar radiofrequency then heats and tightens deep tissue. Microcurrent re-educates the facial muscles, and a structured lifting massage consolidates everything.

NuEra uses monopolar radiofrequency — one of the most powerful and clinically advanced RF technologies available. Unlike bipolar systems, monopolar RF penetrates to the deepest layers of the dermis for significantly greater collagen stimulation, tissue remodelling and lifting results.

*Oxy Trio completes the treatment — oxygenating and illuminating for a complexion that looks genuinely rested, lifted and revived.*

**Results:** Lifted, toned skin. Softened lines. Improved firmness and definition. Results that build with each visit.

Exfoliating mask · NuEra monopolar RF · Microcurrent · Lifting massage · Oxy Trio

## Refine

### *Plump. Smooth. Illuminate.*

**Is this for you?** Fine lines, dehydration and a loss of that plump, nourished quality. A deeply sensorial experience — the warmth of radiofrequency followed by the drama of the cooling finish.

NuEra monopolar RF firms, tightens and stimulates collagen. Iontophoresis then drives either our frown-line serum or Environ 3D Filler Cream deep into the skin — plumping lines at a level no topical product can match. The Environ Alginate Mask seals in all actives beneath.

NuEra uses monopolar radiofrequency — one of the most powerful and clinically advanced RF technologies available. Unlike bipolar systems, monopolar RF penetrates to the deepest layers of the dermis for significantly greater collagen stimulation, tissue remodelling and lifting results.

*A full scalp massage is performed while the alginate mask works. The treatment closes with cooling globes — sculpting and de-puffing with a contrast that clients never forget. This is the fire and ice moment.*

**Results:** Plumper, smoother, deeply nourished skin. Fine lines softened. Pores tightened. Complexion refined and luminous.

NuEra monopolar RF · Iontophoresis + frown serum / 3D filler · Environ Alginate Mask · Scalp massage · Cooling globes

## Acne Advanced

### *Target the root cause. Clear skin from within.*

*Note: Requires a test patch at least 48 hours prior to first treatment.*

**Is this for you?** Persistent acne or breakouts that haven't responded to topical treatments. Our most powerful acne treatment — clinical IPL combined with LED therapy.

After gentle enzyme exfoliation, a single pass of IPL using our specialist acne filter targets acne bacteria deep within the follicle — disrupting the cycle at its source.

*Blue LED therapy follows to extend the anti-bacterial effect. Pairs exceptionally well with Foundation Facial: Clear as part of an ongoing programme.*

**Results:** Significantly reduced breakouts. Less congestion. Calmer, clearer skin that improves with each session.

Enzyme exfoliation · IPL — acne filter · Cooling · Blue LED

## Rosacea Advanced

### *Calm the skin. Reduce the redness. Reclaim your confidence.*

*Note: Requires a test patch at least 48 hours prior to first treatment.*

**Is this for you?** Rosacea, diffuse redness, flushing or visible broken capillaries. A genuine clinical solution for skin that has felt unmanageable.

Following gentle enzyme exfoliation, a single calibrated pass of IPL using our vascular filter selectively targets the blood vessels responsible for redness — without damaging surrounding skin.

*Red LED therapy follows to reduce inflammation and support barrier repair. Pairs beautifully with Foundation Facial: Calm as part of a longer-term rosacea management programme.*

**Results:** Reduced redness and flushing. Broken capillaries diminished. Calmer, more even skin tone.

Enzyme exfoliation · IPL — vascular filter · Cooling · Red LED

---

*Not sure which facial is right for you?*

Every treatment begins with a skin consultation. We'll assess your skin, discuss your goals and recommend the right facial — or programme — for the best possible results. Ask about our memberships for significant savings and complete flexibility.

---