

# NOTICE OF DATA PRIVACY EVENT FOR PATIENTS OF SOMNOSLEEP CONSULTANTS, LLC

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## What Happened

The privacy and protection of our patients' protected health information is a matter that we take very seriously.

On July 29, 2025, Avosina Healthcare Solutions ("Avosina"), a third-party billing vendor and Business Associate for SomnoSleep Consultants, LLC, discovered that parts of their computer system had been compromised by an unknown threat actor. Avosina was able to restore their services with back-ups. Since the incident, Avosina worked with investigators and security firms to determine what happened, the scope of the incident, and to implement additional security measures. Avosina also contacted and reported the matter to the Federal Bureau of Investigation. During this process, Avosina identified that the intruder had accessed some document files and applications and not part of the EMR systems. The EMR system and billing systems were *not* affected. Some evidence was found that documents were exfiltrated by the intruder, and some other personal information may have been viewed by the unknown intruder.

Avosina notified SomnoSleep Consultants, LLC of the incident on September 29, 2025. On November 17, 2025, Avosina provided additional information identifying that only a limited number of patients of SomnoSleep Consultants, LLC had data on the Avosina system which may have been impacted. Those patients were notified directly, in writing, by Avosina.

To date, SomnoSleep Consultants, LLC has not been provided any evidence from Avosina that any patient protected health information was misused for any purpose.

## What Information Was Involved

The information may have included patient names, addresses, and some patient medical information and health insurance information.

## What Avosina is Doing

Avosina is working to develop improved security measures and mitigate risk so as to protect from any further unauthorized access. Avosina will continue to evaluate and implement safeguards related to data security to provide a safe and secure digital environment for patients. Avosina has also reviewed internal data management and protocols and Avosina has implemented enhanced security measures to help prevent this type of incident from recurring. The method by which it is believed the threat actor entered into Avosina's system was identified and corrected.

## What You Can Do

Under U.S. law, a consumer is entitled to one free credit report annually from each of the three major credit reporting bureaus: Equifax, Experian, and TransUnion. To order a free credit report, visit [www.annualcreditreport.com](https://www.annualcreditreport.com) or call toll-free at 1-877-322-8228. Consumers may also directly contact the three major credit reporting bureaus listed below to request a free copy of their credit report.

Consumers have the right to place an initial or extended "fraud alert" on their credit file at no cost. An initial fraud alert is a 1-year notice placed on a consumer's credit file. When a fraud alert appears on a consumer's file, businesses are required to take steps to verify the consumer's identity before extending new credit. If consumers are victims of identity theft, they are entitled to an extended fraud alert, which lasts for seven years. To place a fraud alert, consumers can contact any of the three major credit reporting bureaus listed below.

As an alternative to a fraud alert, consumers have the right to place a "credit freeze" on their credit report, which will prohibit a credit bureau from releasing information in the report without the consumer's express authorization. A credit freeze is designed to prevent credit, loans, and services from being approved in a consumer's name without their consent. However, consumers should be aware that using a credit freeze to control who can access the personal and financial information in their credit report may delay, interfere with, or prevent the timely approval of any subsequent request or application they make for a new loan, credit, mortgage, or other account involving the extension of credit. Pursuant to federal law, consumers cannot be charged to place or lift a credit freeze on their credit report.

If consumers wish to place a credit freeze or fraud alert, they should contact the three major credit reporting bureaus.

## Additional Information

Consumers may further educate themselves about identity theft, fraud alerts, credit freezes, and the steps they can take to protect their personal information by contacting the consumer reporting bureaus, the Federal Trade Commission (FTC), or their state Attorney General. The Federal Trade Commission can be reached at: 600 Pennsylvania Avenue NW, Washington, D.C. 20580; [www.identitytheft.gov](https://www.identitytheft.gov); 1-877-ID-THEFT (1-877-438-4338); TTY: 1-866-653-4261. The FTC also encourages individuals who discover that their information has been misused to file a complaint. Consumers can obtain further information on how to file such a complaint using the contact details listed above. Consumers have the right to file a police report if they experience identity theft or fraud. Please note that in order to file a report with law enforcement, consumers will likely need to provide proof that they have been a victim. Instances of known or suspected identity theft should also be reported to law enforcement and the appropriate state Attorney General. This notice has not been delayed by law enforcement.

**For More Information**

If you have questions regarding this notice, please contact SomnoSleep Consultants, LLC at 703-988-7562. Once again, the privacy and protection of your information is a matter we take very seriously, and we sincerely apologize for any concern that this may cause you.