



# Week 3 Menu

Served weeks commencing: 15<sup>th</sup> June, 6<sup>th</sup> July, 7<sup>th</sup> Sept, 28<sup>th</sup> Sept 19<sup>th</sup> Oct

|                     | Monday   | Tuesday  | Wednesday  | Thursday   | Friday   |
|---------------------|--|--|--|--|--|
| Main Meal           | Hot Dogs   | Chinese Chicken and Rice                                     | Roast Gammon with Gravy                                      | Pasta Bolognaise   | Fish Fingers or Salmon fingers With Tomato Ketchup           |
| Vegetarian          | Veggie Hotdog  | Vegetables and five Rice                                     | Quorn Fillet   | Veggie Bolognaise and Pasta                                  | Cheese and Tomato Pizza                                      |
| Seasonal Vegetables | Roasted Potato Wedges, Carrots and Peas                      | Sweetcorn, Broccoli,   | Roast Potatoes Carrots, Green Beans                          | Warm Baguette Sweetcorn, peas                                | Oven Chips, Garden Peas, Baked Beans                         |
| Pasta               | Tomato and Basil Pasta or Pesto Pasta                        | Tomato and Basil Pasta or Pesto Pasta                        | Tomato and Basil Pasta or Pesto Pasta                        | Tomato and Basil Pasta or Pesto Pasta                        | Tomato and Basil Pasta or Pesto Pasta                        |
| Jacket Potato       | Jacket Potato topped with either Baked Beans, Cheese or Tuna | Jacket Potato topped with either Baked Beans, Cheese or Tuna | Jacket Potato topped with either Baked Beans, Cheese or Tuna | Jacket Potato topped with either Baked Beans, Cheese or Tuna | Jacket Potato topped with either Baked Beans, Cheese or Tuna |
| Desserts            | Shortbread   | Jam Sponge   | Rainbow Wednesday Jelly                                      | Frozen Yogurt  | Famous Fruity Friday   |

**AVAILABLE DAILY:**

Choice of Sandwiches - Cheese, Tuna Mayonnaise, Egg Mayonnaise or Ham.  
 Choice of Freshly Baked Bread, Salad Bar, Fresh Fruit, Fruit Yoghurt, Jelly and Water.