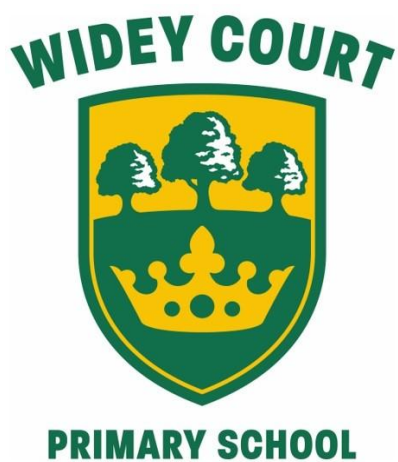


WIDEY COURT PRIMARY SCHOOL

Physical Education Policy



<i>Policy reviewed on:</i>	<i>September 2026</i>
<i>Date of next Review:</i>	<i>September 2027</i>
<i>Who reviewed this policy:</i>	<i>Mr Miles</i>

- 1) Vision**
- 2) Impact**
- 3) Implementation**
- 4) PE in EYFS**
- 5) Teaching & Learning Strategies**
- 6) Extra-Curricular Clubs**
- 7) Role of the Co-ordinator**
- 8) Role of the class teacher**
- 9) Matching tasks to pupils' abilities**
- 10) Monitoring & evaluation**
- 11) Assessment & record keeping**
- 12) Celebrations of success & display**
- 13) Health & Safety**

1) Vision

At Widey Court, our vision is for all children to participate, compete and enjoy physical activity in an inclusive environment.

This year, we have achieved PLATINUM in the School Games Mark award and PLATINUM in the PSSP award.

2) Intent

At Widey Court, we aim for all children to participate in and enjoy physical education and competitive sport. We provide opportunities for children to learn a range of individual and team games, as well as fundamental movement skills to promote confidence alongside their growing ability. We promote a love for sport, a respect for others and we help children to become excellent sportsmen and women. We hope that children will leave Widey Court with the knowledge to lead active, healthy lives.

Widey Court Primary School are part of the Plymouth Schools Sports Partnership whose vision is...

"...to create a sustainable PE, School Sport and Physical Activity system as part of the health and wellbeing provision for all children and young people. Our mission is to positively impact on the lives of every child and young person attending Partnership schools and their parents/carers through the opportunities that we provide to help them achieve more in life and at school. We promote the Olympic and Paralympic values of Friendship, Respect, Excellence, Determination, Inspiration, Courage and Equality."

We are also part of the Real PE Legacy to transform PE experiences for every child, teacher and family. For us, Real PE is a unique, child-centred approach that transforms how we teach PE to include challenge and support for every child. Real PE believe we should be...

"...Creating positive relationships with physical activity for life for every child."

3) Implementation

At Widey Court, PE follows the National Curriculum. We ensure that every child learns, develops and masters the fundamental

movement skills - agility, balance and coordination. We do this through a combination of indoor and outdoor lessons, teaching our key sports - gymnastics, dance, bat and ball, hockey, netball and athletics. Objectives are met through teaching knowledge of their bodies and sports (both individual and team), as well as tactics and teamwork. The lessons build over a term and each unit ends with either an intra-school competition or performance. Children are given the opportunity to self / peer-evaluate performances, giving both positive and constructive feedback. The skills are reviewed each year, where they progress and are refined, so they leave primary school with confidence in their own skills and a desire to play a variety of sports. We ensure that all children are taught how to swim over a distance of at least 25m, how to use a range of strokes effectively and to perform safe self-rescue. Alongside the National Curriculum objectives, we teach life skills like sportsmanship, resilience, determination and inclusion. These are referred to in all PE lessons, extra-curricular clubs and at events.

Widely Court are part of the School Games network and as such are...

“...part of a national project that aims to get more young people participating and engaged in sports and competition. As part of our sports programme, the PSSP run School Games events at regular intervals in the academic year to enable our young people to engage in various levels of competition.”

The implementation of the policy is the responsibility of all the teaching staff.

4) PE in EYFS

In Early Years Foundation Stage, the study of PE

5) Teaching and Learning Strategies

The National Curriculum aims in PE are for children to:

- Develop competence to excel in a broad range of physical activities
- Are physically active for sustained periods of time

- Engage in competitive sports and activities
- Lead healthy, active lives

At Widey Court, we use Real PE which builds on the development of twelve fundamental movement skills from EYFS to year 6. To ensure progression in these skills, Real PE ensures that each Fundamental Movement Skill has its own document to support you to teach high quality PE lessons, which contains the following information:

- End of Key Stage 1 and 2 expectations for pupils are aligned to the coloured challenges.
- Each skill is broken down into small, progressive and achievable steps.
- Declarative knowledge aligned to the skill.
- Procedural knowledge, that is connected to the declarative knowledge, to support children so they have a clear understanding of how to 'get better at PE'.
- Specific vocabulary, aligned to each skill, to support children's understanding and participation

In-line with the government requirements, children partake in two hours of physical education every week.

6) Extra-Curricular Clubs

At Widey Court, we aim to provide extra-curricular activities for every child. We do this by offering a plethora of clubs for all age groups. These are either run by staff, volunteers or external agencies. We aim for every child to represent the school at an event or competition throughout their primary school journey and monitor this using the activity tracker and change4life clubs/events.

7) Role of the PE subject leader

- Produce the PE Policy and ensure that it is implemented consistently throughout the school. Ensure it is reviewed every 12 months.
- Assist with producing the PE action plan with realistic and developmental targets.
- Provide advice to teachers or seek information to help support with appropriate resources and approaches to assessment.

- Attending relevant courses and feedback to staff new information and ideas.
- Arranging in-service training and providing advice and assistance to all staff.
- Monitor Teaching and Learning.
- Using, monitoring and reviewing the PE budget.

8) Role of the class teacher

The class teacher is responsible for teaching and developing the PE skills through schemes of work that ensure that pupils are taught the statutory requirements for PE. Class teachers are also responsible for evaluating their schemes of work and for appropriately resourcing the PE activities.

Class teachers are also responsible for displaying PE successes in an appealing way so as to enhance the learning environment and display the varied range of skills they have developed. These displays should reflect the schemes of work and current PE skills.

9) Matching tasks to pupils' abilities

Real PE uses a scheme of work that allows all pupils to take part and achieve. The fundamental movement skills are taught through six colours – starting with the end of KS1 expectations, through to the end of KS2 expectations. Teachers can move children onto the next stage when they feel they are competent with the current skill.

10) Monitoring and evaluation

The PE subject leader and senior management are responsible for observing practise and monitoring the quality and impact of PE teaching and learning. The PE subject leader is responsible for updating the website and publishing data in-line with the government requirements.

The PE action plan, skills progression, knowledge progression and spending impact review are reviewed with the team and recommendations are recorded as part of the on-going school improvement plan.

11) Assessment and record keeping

Class teachers will plan appropriate work for their children in consultation with the school's medium-term plan for PE. Class

teachers will make short term assessments of the children's work in PE whilst observing them working during lessons. Teachers will monitor the progress made by children against the learning objectives for their lessons. Teachers make an annual assessment of progress for each child, as part of the child's annual report to parents. This information is also passed on to the next teacher. The PE subject leader shares evidence of the children's successes online via Twitter, Facebook and the school newsletter.

Real PE provides an online assessment wheel that can be used, at the teacher's discretion, to log whole-class progress at the end of each unit. The PE subject leader will conduct whole-class assessments of skills twice a year to check it is in-line with the class teachers' assessment.

12) Celebrations of success and display

It is important that children's success in PE is acknowledged and celebrated appropriately. This will be done through a corridor display and online via Twitter, Facebook and the school newsletter.

13) Health and Safety

Clothing and environment:

All teachers and pupils at Widey Court Primary School view health, safety and hygiene as essential in PE. All long hair is tied back to ensure clear vision and suitable clothes and footwear are worn. The only jewellery permitted are small stud earrings. If these are worn by children, they will either be taken out for PE or taped over. No responsibility is taken for any valuables which need to be removed.

This will then ensure that Widey Court Primary School provides safe lessons with:

- Basic safety principles, applied to all aspects of PE
- Behaviour management in-line with our policy
- Safe working environment, checked regularly
- Sensible use of space and respect for others
- Warm up and cool down procedures in every lesson

- Correct lift, carry and placement of equipment
- A qualified first aider within the year group / building

Participation:

At Widey Court, the theory is that if you are fit enough to come to school then you are fit enough for PE. However,

- Certain medical conditions prevent participation – a doctor's note is needed to establish whether the pupil can or cannot participate in vigorous exercise.
- Genuine parental concern – a personal note from the parent/guardian can notify the teacher of a particular reason for non-participation.

When children are not participating, they are expected to observe and listen during PE lessons.

Wet Weather Alternatives:

At Widey Court Primary School, we will aim to provide a planned program of positive experience ready for use in inclement weather conditions. These lessons could include:

- Sports quizzes
- Rules and tactics
- Healthy lifestyle
- Sports across the world

We believe the timetabled time should not be lost from Physical Education and relevant classroom activities will be used during PE sessions. We understand that a classroom-based PE lesson is an excellent opportunity to check-up on the learning that has occurred previously.

Headteacher Name:

Governor Name:

Signature

Date:
