

XUNÁAN  
SPA



**Xunáan Spa** is a sanctuary of holistic design, created to transform and renew, honoring the connection between feminine and masculine energies while transcending the boundaries of time. Inspired by ancestral traditions and guided by the wisdom of the Mayan spirit rooted in this land, our concept offers a unique experience that fosters harmony and self-discovery. This spirit inspires us to create a space where dreams and intentions can flourish, helping our guests achieve a profound state of peace and personal transformation.

Each of our treatments and therapies is inspired by the influence of the four fundamental elements: water, earth, air, and fire. These elements, integral to our approach, allow our guests to reconnect with their inner strength, nurture their dreams, and achieve a deep balance in body, mind, and spirit. Through this connection, we provide a space for healing, well-being, and the realization of personal aspirations.

# XUNÁAN SPA

## DEEP TISSUE THERAPY

Vigorous and revitalizing massage, applying our special rosemary herbal oil, focused on working muscle pain and tightness.

60 min - \$3,000 MXN | 90 min - \$3,700 MXN

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## RELAXING THERAPY

Relaxing full-body massage, releasing tension and stress, achieving a deep state of relaxation and well-being for both body and mind.

60 min - \$2,700 MXN | 90 min - \$3,700 MXN

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## LYMPHATIC THERAPY

Relaxing therapy ideal for the lymphatic system. Helps to reduce fluid retention and at the same time strengthen the immune system.

60 min - \$2,700 MXN | 90 min - \$3,700 MXN

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## DREAM RITUAL

A holistic, revitalizing, and detoxifying ritual for the body, mind, and soul that helps us reconnect with our essence. It begins with an energetic cleanse using a sahumerio of sacred herbs, followed by a 30-minute copal exfoliation to prepare the skin for the benefits of an 60-minute massage. The massage integrates aromatic herbal pindas, pampering the body and releasing tensions, followed by the incorporation of hot stones made of Himalayasalt stones which helps the body with grounding and balancing properties releasing negative ions. The experience concludes with a revitalizing house mocktail.

90 min - \$5,800 MXN

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## COUPLE RITUAL

A 70-minute Swedish massage with synergistic application of essential oils: Yin Yang, vanilla and orange based on almond oil or neutral oil, followed by a decoration of candles with rose petals. The experience concludes with two glasses of sparkling wine.

90 min - \$6,300 MXN

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## SHIATSU

SHIATSU Ancestral therapy based on oriental medicine that is based on acupressure, unblocking energy channels and relaxing the body. It helps to balance and restore the Chi.

60 min - \$3,300 MXN | 90 min - \$4,200 MXN

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## 4 ELEMENTAL FACIAL

Moisturizing facial treatment. Basic cleansing, exfoliation, application of serum and mask for all skin types. 100% local natural product based on essential oils.

60 min - \$2,500 MXN

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## REIKI THERAPY

Energy therapy through the laying on of hands with the aim of unblocking the flow of vital energy in our body, awakening self-healing, reactivating the immune system, reconnecting body, mind and spirit.

60 min - \$3,100 MXN

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Subject to availability.  
Rates in Mexican pesos, taxes included.

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## **BATHHOT STONE THERAPY**

Ancestral therapy with volcanic stones, in which the heat combined with the magnetic power of the stones provides oxygen to the skin, energizes, revitalizes, and relaxes the body. The perfect combination to harmony in body, mind, and spirit.

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80 min - \$4,300 MXN

## **4 HANDS**

The four hands massage is a therapeutic and relaxing experience performed by two therapists with synchronized movements that guarantees total relaxation.

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60 min - \$5,500 MXN

## **FIRE RITUAL**

Enjoy a 30-minute coffee body exfoliation to refresh and nourish your skin with powerful antioxidants, leaving it smooth and radiant. Followed by a 60-minute relaxing massage with hot stones on the back to melt away tension and promote deep relaxation.

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90 min - \$4,700 MXN

## **REFLEXOLOGY THERAPY**

This specialized massage utilizes therapeutic essential oils to support the healing of medical conditions and injuries. By targeting specific areas of tension, it helps relax the nervous system and promotes overall well-being, enhancing both physical and mental health.

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60 min - \$3,000 MXN

## **BACK, NECK & SHOULDERS**

This focused massage targets the areas most affected by stress and tension—your back, neck, and shoulders. It helps relieve muscle tightness, improve circulation, and reduce pain, leaving you feeling more relaxed and rejuvenated. Perfect for easing discomfort from poor posture or daily strain, promoting better flexibility and overall well-being.

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50 min - \$2,500 MXN

## **MANICURE**

Pamper your hands with our special manicure, which includes nail shaping, cuticle care, a soothing massage, and your choice of polish. This treatment leaves your hands feeling refreshed, smooth, and beautifully groomed—perfect for relaxation and revitalization.

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50 min - \$1,350 MXN

## **PEDICURE**

Treat your feet to an indulgent experience with our special pedicure. This soothing treatment begins with a relaxing foot soak, followed by meticulous nail care and cuticle treatment. Enjoy a calming foot massage before finishing with a flawless application of premium polish. Your feet will feel rejuvenated, smooth, and beautifully cared for.

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50 min - \$1,450 MXN

## **FLOWERING BATH**

Experience our ancient therapy in a copper bathtub infused with herbal teas and sacred flowers. Volcanic stones heat the water, infusing it with healing minerals. With meditative music, essential oils, and rose petals, we invite beauty and harmony. Finish with a 20-minute sweat lodge session for ultimate relaxation and reconnection with your sacred self.

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90 min - \$6,000 MXN



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