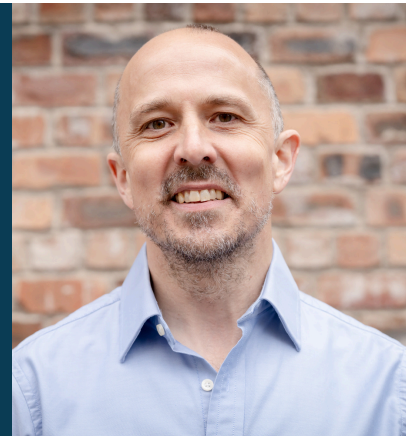




Coaching
Focus
Group

Lee Smith



Meet Lee Smith

Lee Smith is an inspiring and compassionate Leader and Coach, drawing from a strong foundation in sport science and sport psychology. With over 25 years of experience in the financial services industry, Lee has held senior executive positions in technology. Throughout his career, he has demonstrated exceptional skills in team building, transformation, leadership and coaching. Lee now works as an Executive Coach, Leadership Development Consultant and Coach Trainer.

Coaching Style & Expertise

Lee possesses exceptional skills in establishing deep connections and trust with his coachees. His utmost priority is to create a psychologically safe space where individuals feel comfortable openly delving into their challenges, opportunities and aspirations. Through the use of insightful questioning techniques, Lee facilitates a thorough exploration that leads to remarkable and meaningful outcomes. With a genuine passion for coaching he customises his approach for each engagement, ensuring that the coachee/client receives the most effective support tailored specifically to their needs ultimately resulting in optimal outcomes.

Lee is experienced in working with global clients/teams, across 24 different countries, within multiple industries at all levels.

Qualifications

- BSc Sports Science – University of Wales, Bangor
- Qualified and Accredited Foundation Executive Coach – Association for Coaching
- Qualified and Accredited Leader Coach – Association for Coaching

Testimonials

'I have had the privilege of being coached by Lee in the last few months and cannot recommend him highly enough. Lee is one of the best listeners I have ever come across and always takes the time to properly understand your point. On top of this, he asks absolutely brilliant questions that provide genuine realisations and 'eureka moments' in a very short space of time. I have thoroughly enjoyed my sessions with Lee, leaving each one with a refreshed mindset and the determination to pursue my goals. If you or anyone you know is looking for a coach then Lee is your man.'

Regional Sales Manager - Vetoquinol UK Ltd

'Working with Lee has had a profound effect on my professional career. His coaching sessions enabled me to explore my strengths and weaknesses, reflect on my work/life balance and totally rethink my goals

Lee's coaching approach and communication skills made the sessions more like chatting with a life long friend than with an executive coach. I always felt totally at ease, even when discussing emotive and personal topics.'

Senior UX Analyst – HSBC

'Lee has been an instrumental coach the past six months. I highly recommend Lee with his empathetic coaching skills. He has gently guided me successfully in my professional career.'

Account Director EMEA – Protegrity

""Lee has really made a huge impact on my total work mindset, and through the coaching sessions, helped me grow visibly and measurably in all areas where I wanted to improve. I feel and know that I'm in a much better position than ever, to take on the challenges of the future. MASSIVE thanks Lee, you were awesome!""