



File Prefix:

LMT

Air Dates:

XX-XX-XXXX

***GENERIC FORMAT
2025-2026***

CLOSED CAPTIONED

TV-G

"EPISODE # & TITLE"

	<u>SEGMENT</u>	<u>RUN</u>
OPENING / SEGMENT ONE	00:00	00:00
COMMERCIAL BREAK ONE □	02:32	00:00
2:00 NATIONAL		
:32 <i>Black For Local</i>		
SEGMENT TWO	00:00	00:00
COMMERCIAL BREAK TWO □	02:32	00:00
:60 NATIONAL		
1:32 <i>Black For Local</i>		
SEGMENT THREE	00:00	00:00
COMMERCIAL BREAK THREE	02:02	00:00
:30 NATIONAL		
1:32 <i>Black For Local</i>		
SEGMENT FOUR (CLOSING CREDITS)	00:00	00:00
TOTAL RUNNING TIME:		28:30

Please contact AUTUMN (autumn@pmi.tv) or JOHN (jmorrow@pmi.tv) at PMI #412.281.5900 with any questions regarding this program.

This info can also be downloaded by using this direct link:

<https://pmi.tv/show/laura-mckenzie-traveler/>