



August 2025 EPISODE SUMMARIES

Coffee With America. Episode 579. Week of August 3rd – August 9th.

New this week on Coffee with America, to celebrate National Wellness Month host Sasha Rionda is getting expert tips for simple and smart changes that support a healthier lifestyle. Plus, why facials aren't a luxury but an important part of an overall skincare routine. And, a look at new technology that's helping you make those last-minute summer travel plans.

Coffee With America. Episode 580. Week of August 10th – August 16th.

New this week on Coffee with America, as the new school year gets underway, host Sasha Rionda is getting tips to help you manage your child's tech use. Plus, the importance of a clean and healthy ride to school so students can focus on learning. And, how kids and adults can stay safe and hydrated in the summer heat.

Coffee With America. Episode 581. Week of August 17th – August 23rd.

This week on an all-new Coffee with America, as kids head back to school, parents need all the help they can get when it comes to providing healthy food options. So, host Sasha Rionda is expert advice for easy ways to fuel up their diets. Plus, whether it's managing cards or understanding our credit score, we're getting answers to common financial questions. And, an inside look at the Incredible Dog Challenge.

Coffee With America. Episode 582. Week of August 24th – August 30th.

New this week on Coffee with America, finding time for healthy meals can be a challenge as school begins, so host Sasha Rionda is getting simple solutions to keep kids well fed from breakfast thru dinner. Plus, curious about crypto ? Learn more about this digital currency and how to keep your finances safe from scams.