



Air Week:
9/15/25

CLOSED CAPTIONED
TV-PG L

Episode: 3424 "A Rocky Start"

A coach faces a backlash after an embarrassing season opener, and players get a major boost both on and off the field.

		SEGMENT	RUN
	OPENING / SEGMENT ONE	06:39	06:39
	COMMERCIAL BREAK ONE	02:02	08:41
00:30	4th and Forever Muck City Subscribe Now		
00:30	4th and Forever Alcoa Subscribe Now		
1:02	<i>Black For Local</i>		
	SEGMENT TWO	04:57	13:38
	COMMERCIAL BREAK TWO	03:02	16:40
00:30	4th and Forever Desoto Subscribe Now		
00:30	Curiosity Stream_What Are You Curious About		
00:30	4th and Forever Muck City Subscribe Now		
00:30	4th and Forever Alcoa Subscribe Now		
1:02	<i>Black For Local</i>		
	SEGMENT THREE	04:44	21:24
	COMMERCIAL BREAK THREE	03:02	24:26
01:00	Curiosity Stream_What Are You Curious About_60		
2:02	<i>Black For Local</i>		
	SEGMENT FOUR (CLOSING CREDITS)	04:39	29:05
	TOTAL RUNNING TIME:		29:05

Please Contact JEFF (jptomey@pmi.tv) Or MONICA (monica@pmi.tv) At PMI #412.281.5900 With Any Questions Regarding This Program.

This info can also be downloaded by using this direct link:

<https://www.pmi.tv/show/4th-and-forever>