



September 2025 EPISODE SUMMARIES

Coffee With America. Episode 583. Week of August 31st – September 6th.

This week on an all-new Coffee with America, peak hurricane season is here so host Sasha Rionda has emergency preparedness tips so you're ready for any extreme weather event. Plus, it's time for football ! Whether it's college or pro we've got everything you need to throw the perfect watch party or tailgate.

Coffee With America. Episode 584. Week of September 7th – September 13th.

Coming up this week on Coffee with America, host Sasha Rionda is getting tips to keep kids happy and healthy as part of Baby Safety Month. Plus, how to get the most for your money when redeeming credit card travel rewards. And, football season can be stressful so we've got a fun way enjoy the game and take care of your smile.

Coffee With America. Episode 585. Week of September 14th – September 20th.

New this week on Coffee with America, as the new school year gets underway, host Sasha Rionda is getting tips for resetting digital routines. Plus, if you notice your child is struggling with their vision, now is the perfect time to set up an eye exam. And, there's a connection between mental health and substance use so we're learning the warning signs and how to have important conversations with your teens.

Coffee With America. Episode 586. Week of September 21st – September 27th.

This week on an all-new Coffee with America, want something more exciting than burgers and dogs for your next tailgate? Host Sasha Rionda shares an unexpected way to upgrade your menu for gameday. Plus, the change of seasons can cause all types of vision problems, so we're sharing helpful tips for dry eye sufferers. And, back-to-school tech solutions to help you and your family handle it all.

Coffee With America. Episode 587. Week of September 28th – October 4th.

This week on an all-new Coffee with America, we've turned the calendar to October so host Sasha Rionda is celebrating all things fall. Whether it's tips for upgrading home décor, traveling to see the amazing colors, or tackling those bugs and pests that are trying to invade your space, she's covering the season like a cozy blanket.