



2025 October – December Schedule American Trends & Lifestyle

**All shows will be delivered via OTSM Syndinet platform
available at 9:00 AM Friday before air weekend**

AIRING WEEKEND	SHOW #	DELIVERY DATE
Oct 04 - 05	ATL-001	Friday 10/03/25
Oct 11 – 12	ATL-002	Friday 10/10/25
Oct 18 - 19	ATL-003	Friday 10/17/25
Oct 25 - 26	ATL-004	Friday 10/24/25
Nov 01 - 02	ATL-005	Friday 10/31/25
Nov 08 - 09	ATL-006	Friday 11/07/25
Nov 15 - 16	ATL-007	Friday 11/14/25
Nov 22 - 23	ATL-008	Friday 11/21/25
Nov 29 - 30	ATL-009	Friday 11/28/25
Dec 06 - 07	ATL-010	Friday 12/05/25
Dec 13 - 14	ATL-011	Friday 12/12/25
Dec 20 - 21	ATL-012	Friday 12/19/25
Dec 27 - 28	ATL-013	Friday 12/26/25