

Episode Synopses for December 2025

Food Data	Friends #	Cumomoio
Feed Date	Episode #	Synopsis
12.04.25	#PA-232	Host Ernie Anastos talks with people about how old would they be if they didn't know their age; panel discussion about positive aging; profile of a grandmother who saved 14 years of voicemails from her granddaughter.
12.11.25	#PA-233	Host Ernie Anastos talks with people about whether they need other people to make them happy; panel discussion about faith and spirituality; discussing a 90-year-old man going into space.
11.18.25	#PA-234	Host Ernie Anastos talks with people about what is something they cannot live without; panel discussion about what unites is; emptying animal shelters.
12.25.25	#PA-235	Host Ernie Anastos talks with people about whether they believe in soulmates; panel discussion about problem solving; hiring people with different abilities.
01.01.26	#PA-236	Host Ernie Anastos talks with people about whether money can buy happiness; panel discussion about one's legacy; service dogs helping people.