

**MONDAY, OCTOBER 20: S4021**

**Tamera Mowry-Housley**

Sherri kicks off the show with laughs in ***The Stand-Up Spot***.

**Tamera Mowry-Housley** talks about Hallmark’s *Baked with Love* baking competition.

Model and business mogul **Sabrina Elba** discusses her new skincare line.

**TUESDAY, OCTOBER 21: S4022**

**Chandra Wilson**

Sherri starts the show with laughs in ***The Stand-Up Spot***.

**Chandra Wilson** celebrates the 450th episode of *Grey’s Anatomy.*

Don’t miss this week’s exclusive deals in ***Sherri’s Pop-Up Shop.***

Peloton’s **Robin Arzón** shares her inspiring journey and lessons as she gears up for the 92NY Women inPower Summit.

**WEDNESDAY, OCTOBER 22: S4023**

**Ernie Hudson; Angela Kinsey & Josh Snyder**

Sherri opens the show with laughs in ***The Stand-Up Spot***.

Actor **Ernie Hudson** talks about his role in the new CBS series *Boston Blue.*

Husband-and-wife cooking duo **Angela Kinsey** **and Josh Snyder** share recipes from their cookbook, *You Can Make This.*

**THURSDAY, OCTOBER 23: S4024**

**Erika Alexander; Adam Pally**

Sherri kicks off the show with laughs in ***The Stand-Up Spot***.

Actor **Erika Alexander** discusses Season 3 of *Invasion* and her *ReLiving Single* podcast with Kim Coles.

Comedian **Adam Pally** talks about his new HBO special, *An Intimate Evening with Adam Pally.*

**FRIDAY, OCTOBER 24: S4025**

**Donnie Wahlberg & Sonequa Martin-Green**

Sherri starts the show with laughs in ***The Stand-Up Spot***.

**Donnie Wahlberg** and **Sonequa Martin-Green** chat about their new CBS series *Boston Blue.*

Comedian **Nate Jackson** drops into***Sherri’s Laugh Lounge*.**

Plus, a special performance from the cast of **UniverSoul Circus.**