



October 2025 EPISODE SUMMARIES

Coffee With America. Episode 588. Week of October 5th – October 11th.

Coming up this week on Coffee with America, is your happy place outside ?

Host Sasha Rionda is helping you plan a vacation that lets you experience all the amazing things nature has to offer. Plus, it's never been harder to protect yourself online, so we're getting expert tips to prevent companies from selling and profiting off your personal information. And, tasty ways to celebrate National Gumbo Day !

Coffee With America. Episode 589. Week of October 12th – October 19th.

New this week on Coffee with America, it's Kitchen & Bath Month so host Sasha Rionda is getting easy upgrades for the most used spaces in your home. Plus, how animals, especially cats, can have an impact on our mental health. And, how an all-inclusive resort can make your holiday travel plans a breeze.

Coffee With America. Episode 590. Week of October 20th – October 26th.

This week on an all-new Coffee with America, host Sasha Rionda is getting wellness tips for fall and winter. Plus, get ready for Halloween with fun craft ideas and tech to keep trick-or-treaters safe.