



**Air Window:**  
01/05/26 - 01/18/26

CLOSED CAPTIONED

**Episode: 2503 "Quebec - Eastern Townships"**

		SEGMENT	RUN
	OPENING / SEGMENT ONE	01:45	01:45
	COMMERCIAL BREAK ONE	02:32	04:17
02:30	NATIONAL		
	SEGMENT TWO	06:54	11:11
	COMMERCIAL BREAK TWO	01:31	12:42
01:30	BACK FOR LOCAL		
	SEGMENT THREE	05:52	18:34
	COMMERCIAL BREAK THREE	02:32	21:06
02:30	NATIONAL		
	SEGMENT FOUR (CLOSING CREDITS)	07:24	28:30
	COMMERCIAL BREAK FOUR	01:30	30:00
01:30	BACK FOR LOCAL		

**TOTAL RUNNING TIME: 30:00**

**NATIONAL TIME: 5:00 / LOCAL TIME: 3:00**

Please Contact JEFF (jptomey@pmi.tv) Or MONICA (monica@pmi.tv) At PMI #412.281.5900 With Any Questions Regarding This Program.

This info can also be downloaded by using this direct link:

<https://www.pmi.tv/show/the-mountain-report>