



**Air Dates:**  
**01/26/2026 - 02/01/2026**

**CLOSED CAPTIONED**  
**TV-G**

**#215 - Life in the Big City**

|                                                 | <u><b>SEGMENT</b></u> | <u><b>RUN</b></u> |
|-------------------------------------------------|-----------------------|-------------------|
| <b>OPENING / SEGMENT ONE</b>                    | 07:16                 | 00:00             |
| <b>COMMERCIAL BREAK ONE</b>                     | 02:33                 | 07:16             |
| :60 LFHM0126000H LEAFFILTER / KNOCKOFFS         |                       |                   |
| :60 LFHM0099000H LEAFFILTER / GUTTER REPORT     |                       |                   |
| :33 <i>Black For Local</i>                      |                       |                   |
| <b>SEGMENT TWO</b>                              | 07:05                 | 09:49             |
| <b>COMMERCIAL BREAK TWO</b>                     | 02:32                 | 16:54             |
| :30 EMPR0047000H EMPIRE TODAY / 505050 ANTHEM   |                       |                   |
| :30 LFHM0097000H LEAFFILTER / GUTTER PROTECTION |                       |                   |
| 1:32 <i>Black For Local</i>                     |                       |                   |
| <b>SEGMENT THREE</b>                            | 04:06                 | 19:26             |
| <b>COMMERCIAL BREAK THREE</b>                   | 02:02                 | 23:32             |
| :30 TFST2502030H TOYS FOR TOTS / YEAR ROUND 30  |                       |                   |
| 1:32 <i>Black For Local</i>                     |                       |                   |
| <b>SEGMENT FOUR (CLOSING CREDITS)</b>           | 02:56                 | 25:34             |
| <b>TOTAL RUNNING TIME:</b>                      |                       | 28:30             |

Please contact AUTUMN (autumn@pmi.tv) or JOHN (jmorrow@pmi.tv) at PMI #412.281.5900 with any questions regarding this program.

This info can also be downloaded by using this direct link:

<https://pmi.tv/show/laura-mckenzie-traveler/>