PMI

Airs Week Of:
26-Jan-26

CLOSED CAPTIONED
TV-PG

EPISODE # 471

			SEGMENT	RUN
	OPENING / SEGMENT ONE		08:30	00:00
	COMMERCIAL BREAK ONE		02:30	08:30
2:00	LPEG25358H	LEGXERCISE 800-450-5358		
:30	*Black For Local*			
	SEGMENT TWO		04:40	11:00
	COMMERCIAL BREAK TWO		02:30	15:40
:60	ELDB606495H	ELLIPSE_ EXERCISE EQUIPMENT 1-800-397-6495		
1:30	*Black For Local*			
	SEGMENT THREE		02:35	18:10
	COMMERCIAL BREAK THREE		02:00	20:45
:30	6002439068H	Smileactives 1-800-397-9068		
1:30	*Black For Local*			
	SEGMENT FOUR (CLOSING CREDITS)		06:45	22:45
			TOTAL RUNNING TIME:	29:30

Please contact B.C. (bcelello@pmi.tv) or JOHN (jmorrow@pmi.tv) at PMI #412.281.5900
with any questions regarding this program.

This info can also be downloaded by using this direct link:
https://pmi.tv/show/nashville-insider/