



February 2026 EPISODE SUMMARIES

Coffee With America – Episode 604 (Week of January 31 - February 6)

On

this all-new episode of Coffee with America, host Sasha Rionda takes a look ahead to 2026 with the top travel trends and events shaping the year. Plus, expert tips to help protect yourself from online scams, inspiring stories supporting breast cancer recovery, and a heartwarming look at how storytelling is teaching kids valuable life lessons.

Coffee With America – Episode 605 (Week of February 7 - February 13)

This week on an all-new Coffee with America, host Sasha Rionda is getting viewers ready for the Big Game with party tips from former NFL player Ovie Mughelli. Plus, smart and simple ideas to reset daily routines for the new year, and inspiring stories from a fashion trailblazer who's breaking barriers and redefining success. And just in time for the season, Valentine's Day trends and thoughtful ways to celebrate love in all its forms.

Coffee With America – Episode 606 (Week of February 14 - February 20)

On this all-new episode of Coffee with America, host Sasha Rionda honors the legacy of Dr. Jane Goodall with a meaningful conversation about conservation and hope. Plus, a look at how first responders prepared for the Super Bowl 60, a remarkable century-spanning story of heroism and family reunion, along with helpful health, caregiving, shopping, and lifestyle insights.

Coffee With America – Episode 607 (Week of February 21 - February 27)

This week on an all-new *Coffee with America*, host Sasha Rionda sits down with a rising actor and musician to discuss his new role and creative journey in both film and music. Plus, inspiring stories of advocacy and awareness—from a powerful art initiative highlighting life with a rare disease, to a heart disease survivor sharing her message during American Heart Month, and the importance of blood donation in the fight against sickle cell disease. And, a fan-favorite Netflix drama returns as *The Lincoln Lawyer* delivers its most personal season yet—let's meet the protagonist.

Coffee With America – Episode 608 (Week of February 28 - March 6)

On this all-new episode of Coffee with America, host Sasha Rionda takes viewers to Madison, Georgia — a charming Southern getaway perfect for history lovers as America prepares to celebrate its 250th anniversary. Plus, essential health headlines you need to know, including children's dental care tips for National Tooth Fairy Day and life-saving information about colorectal cancer screening and prevention. Olympic gold medalist Matt Hamilton brings his sweeping skills off the ice with a fun new partnership, and mindset expert Danny Martin shares powerful strategies for success in business and life. And, rising country-pop artist Brooke Lee talks new music, major milestones, and what's next in her fast-growing career.