



Episode: 057 - Measuring Up

Air Date: 03/03/2026

Rating: TV-PG

Total Run Time: 28:30

			<u>DURATION</u>	<u>IN</u>	<u>OUT</u>	<u>LENGTH</u>
<b>SEGMENT 1</b>				00:00	06:50	06:50
<b>COMMERCIAL BREAK 1</b>				06:50	08:52	02:02
1A-D	VJG ASBESTOS / (800) 320-6943	MAGU1206943H	2:02			
<b>SEGMENT 2</b>				08:52	12:25	03:33
<b>CC BUMPER</b>			:03	12:25	12:58	00:33
CC SPOT	NURSING HOME / (800) 265-9222	PNHI3051PIH	:30			
<b>COMMERCIAL BREAK 2</b>				12:58	15:30	02:32
2A-E	LOCAL (2:32)	BLACK	2:32			
<b>SEGMENT 3</b>				15:30	19:46	04:16
<b>COMMERCIAL BREAK 3</b>						
3A-D	OMEGA XL / (800) 685-4853	JWO24853H	2:00	19:46	21:46	02:00
3E-G	LOCAL (1:32)	BLACK	1:32	21:46	23:18	01:32
<b>SEGMENT 4 (Closing / Credits)</b>				23:18	28:30	05:12

Please contact AUTUMN (autumn@pmi.tv) or BC (bcelello@pmi.tv) at PMI #412.281.5900 with any questions regarding this program.

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