



March 2026 EPISODE SUMMARIES

Coffee With America – Episode 609 (Week of March 7 - March 13)

This week on an all-new Coffee with America, host Sasha Rionda shares smart tips for planning an affordable spring break getaway, with insider advice on visiting Myrtle Beach without breaking the budget. Plus, important health conversations as we recognize Colorectal Cancer Awareness Month, National Nutrition Month, MS Awareness Week, and National Kidney Month — with expert guidance on prevention, early detection, and healthier living. And, a look inside the gripping real-life documentary Man on the Run, exploring a global story of money, power, and deception.