

# the CONNERS

**EPISODE: C301**

**"KEEP ON TRUCKIN' SIX FEET APART"**

**NATIONAL SYNDICATION**

**AIR DATE: 04/30/2026**

**TV-PG**

**SEGMENT 1**

**08:01**

**COMMERCIAL BREAK #1**

**03:00**

:60 J&J TREMFYA PSO COMBO, JJTY0289000H (XR)

**2:01 BLACK FOR LOCAL**

**SEGMENT 2**

**08:41**

**COMMERCIAL BREAK #2**

**02:15**

:15 ABBOTT LABS ENSURE PING PONG, LAEN0145000H (XR)

:30 ALLSTATE OUTFIT REV, AHSP5155000H (XR)

:60 ABBVIE APEX RINVOQ FIREFIGHTER, RNUC0050000H (XR)

:30 DAVE GROCERY RUN, VDGRCLV130H (XR)

**SEGMENT 3**

**03:49**

**COMMERCIAL BREAK #3**

**03:00**

**2:31 BLACK FOR LOCAL**

:15 SKECHERS WOMENS GLIDE STEP, GSSMUL41500H (XR)

:15 PANERA BREAD GAME TIME, PRBR1070000H (COM)

**SEGMENT 4**

**01:00**

**TRT: 29:46**