



**Episode:** 106 - Sit, Swing and Sip

**Air Date:** 05/28/2026

**Rating:** TV-PG

**Total Run Time:** 28:30

				<u>DURATION</u>	<u>IN</u>	<u>OUT</u>	<u>LENGTH</u>
<b>SEGMENT 1</b>					00:00	04:20	04:20
<b>COMMERCIAL BREAK 1</b>					04:20	06:22	02:02
1A-D	HOMESAFE / (800) 281-6316	HSSM120051PIH		2:02			
<b>SEGMENT 2</b>					06:22	10:30	04:08
<b>CC BUMPER / SPOTS</b>				:03	10:30	10:53	00:23
CC1	FAITH BOOK / (888) 912-8003	CFP108889128003H		:10			
CC2	NATIONAL AUDIO / (888) 451-6030	ABN108884516030H		:10			
<b>COMMERCIAL BREAK 2</b>					10:53	13:25	02:32
2A-B	PERSONAL INJURY / (800) 495-2666	PPINJ6001PIH		:60			
2C	NURSING HOME / (800) 659-2444	PNHI3071PIH		:30			
<b>2D-E</b>	<b>LOCAL (1:02)</b>	<b>BLACK</b>		1:02			
<b>SEGMENT 3</b>					13:25	18:02	04:37
<b>COMMERCIAL BREAK 3</b>							
<b>3A-F</b>	<b>LOCAL (3:02)</b>	<b>BLACK</b>		3:02	18:02	21:04	03:02
<b>BUMPER / PROMO SPOTS</b>				:03	21:04	21:27	00:23
PR1	FAITH BOOK / (888) 912-8003	CFP108889128003H		:10			
PR2	NATIONAL AUDIO / (888) 451-6030	ABN108884516030H		:10			
<b>SEGMENT 4 (Closing / Credits)</b>					21:27	28:30	07:03

Please contact AUTUMN (autumn@pmi.tv) or BC (bcelello@pmi.tv) at PMI #412.281.5900 with any questions regarding this program.

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<https://www.pmi.tv/show/just-for-laughs-gags>