



May 2026 EPISODE SUMMARIES

Coffee With America – Episode 617 (May 2 - May 8)

This week on an all-new *Coffee with America*, Sasha Rionda shares unique summer travel inspiration with a look at Florida's scalloping season, plus ways pet owners can support local veterinarians. We also explore simple ideas for healthier eating, tips to manage sugar cravings, Mother's Day gift inspiration, spring cocktail trends, and a new series everyone's talking about. Plus, Thalia Tran joins us to talk about her role in *Avatar: The Last Airbender* and what's next in her career.

Coffee With America – Episode 618 (May 9 - May 15)

This week on *Coffee with America*, Sasha Rionda shares simple yet impressive spring entertaining ideas, along with expert tips to keep your pets happy and healthy during National Pet Month. The show also highlights important information for Brain Tumor Awareness Month, offering insight and hope for patients and families. Plus, Mother's Day gift inspiration, a look at major small business trends, practical nutrition advice, and essential tips to stay safe from rising cyber scams.

Coffee With America – Episode 619 (May 16 - May 22)

This week on an all-new *Coffee with America*, Sasha Rionda celebrates National Barbecue Month with a flavorful Texas road trip spotlighting the latest BBQ trends and must-visit destinations. Plus, a behind-the-scenes look at the beauty teams preparing celebrities for fashion's biggest night, the Met Gala. The show also features important conversations for Brain Tumor Awareness Month and Women's Health Month, a tribute to the legacy of Luther Vandross, smart AI tools helping small businesses grow, and easy spring home refresh ideas.

Coffee With America – Episode 620 (May 23 - May 29)

This week on an all-new *Coffee with America*, Sasha Rionda shares summer travel inspiration with relaxing Florida getaways and unique vacation experiences perfect for your next escape. Plus, expert wedding planning tips to help couples create stylish, memorable celebrations, along with beauty and wellness advice to keep your skin looking its best all season long. We also discuss children's health, heart-healthy cooking, and personal growth strategies for managing stress and finding success. And, actor Bob Odenkirk joins us to talk about his thought-provoking new film, *Normal*.

Coffee With America – Episode 621 (May 30 - June 5)

This week on an all-new *Coffee with America*, Sasha Rionda shares delicious summer grilling ideas, easy BBQ recipes, and cool treats perfect for backyard entertaining. The show also honors fallen service members with a moving look at the USAA Poppy Wall of Honor ahead of Memorial Day. Plus, exciting FIFA World Cup 2026 fan experiences, how AI is transforming travel and everyday services, and important conversations about caregiving and communication support for families.