



July 2026 EPISODE SUMMARIES

Coffee With America – Episode 626 (July 4 - July 10)

This week on *Coffee with America*, Sasha Rionda shares summer travel inspiration with a getaway to the beautiful Bahamas, along with the latest beauty and style trends to help you look and feel your best all season long. Plus, discover the benefits of plant-based protein, learn how to protect yourself from AI-powered scams, and gain valuable insight into palliative care and patient communication. We also celebrate the storytellers preserving America's history ahead of the nation's 250th anniversary and explore the latest summer tech for travel and everyday life.

Coffee With America – Episode 627 (July 11 - July 17)

This week on an all-new *Coffee with America*, Sasha Rionda shares summer entertaining ideas, grilling tips, and travel inspiration from a luxury escape in Los Cabos. Plus, we celebrate our beloved pets, explore the future of sustainable food and farming, and hear an inspiring story of wildlife conservation. The show also features a powerful conversation about love, loss, and hope as one woman shares her remarkable journey to motherhood.

Coffee with America – Episode 628 (July 18 - July 24)

This week on *Coffee with America*, Sasha Rionda shares the hottest summer trends, must-have tech, and simple ways to stay cool all season long. Plus, we spotlight America's small business owners, sit down with the star of the new film *Bull Street*, and follow one author's inspiring journey around the world. The show also features summer shopping finds, tips for creating a cooler night's sleep, and ideas to make the most of the season.

Coffee With America – Episode 629 (July 25 - July 31)

This week on *Coffee with America*, Sasha Rionda shares important eye health tips to help families prepare for the new school year. Plus, music legend Gloria Estefan and her daughter, Emily Estefan, discuss their inspiring new musical *Basura*, while the American Red Cross highlights the urgent need for blood donations during the national blood emergency. The episode also features an investigative look at a decades-old cold case and practical career advice to help job seekers stand out and succeed in today's competitive workplace.