



September 2026 EPISODE SUMMARIES

Coffee With America – Episode 634 (August 29 - September 4)

This week on *Coffee with America*, host Sasha Rionda helps families tackle the back-to-school rush with easy meal ideas, smart shopping tips, healthy snacks, and nutrition advice. Plus, we escape to beautiful Puerto Rico, celebrate 75 years of automotive excellence at Pebble Beach, and catch up with country music legend Skip Ewing and his new album, *Dragonfly*.

Coffee with America – Episode 635 (September 5 - September 11)

This week on an all-new *Coffee with America*, Sasha Rionda shares practical tips for emergency preparedness and making the back-to-school routine easier for families.

Plus, the show raises awareness about pulmonary fibrosis, offers helpful advice for better eye health and family nutrition, and catches up with comedian Leanne Morgan to talk about her hit Netflix series *Leanne*.

Coffee with America – Episode 636 (September 12 - September 18)

This week on *Coffee With America*, Sasha Rionda kicks off football season with tips for the ultimate tailgate and takes viewers on a sunny Caribbean getaway. Plus, the show shares important information about heart health and baby safety, celebrates the comeback of Florida citrus, and explores how chocolate is helping preserve and bring American history to life.