



American Trends & Lifestyle 2026 October – December Schedule

**All shows will be delivered via OTSM Syndinet
at 9:00 AM Friday before air weekend**

AIR WEEKEND	SHOW #	OTSM DELIVERY DATE	OTSM Filename
Oct 03 – 04	ATL-014	Friday 10/02/26	ATL014H
Oct 10 – 11	ATL-015	Friday 10/09/26	ATL015H
Oct 17 – 18	ATL-016	Friday 10/16/26	ATL016H
Oct 24 - 25	ATL-017	Friday 10/23/26	ATL017H
Oct 31 - Nov 01	ATL-018	Friday 10/30/26	ATL018H
Nov 07 – 08	ATL-019	Friday 11/06/26	ATL019H
Nov 14 - 15	ATL-020	Friday 11/13/26	ATL020H
Nov 21 – 22	ATL-021	Friday 11/20/26	ATL021H
Nov 28 - 29	ATL-022	Friday 11/27/26	ATL022H
Dec 05 – 06	ATL-023	Friday 12/04/26	ATL023H
Dec 12 – 13	ATL-024	Friday 12/11/26	ATL024H
Dec 19 - 20	ATL-025	Friday 12/18/26	ATL025H