

HIGHLIGHT



My Health Rewards, offered through Medica and powered by Personify Health, empowers individuals to take charge of their wellness journey. With an easy-to-use online platform and mobile app, participants can track healthy habits, complete wellness assessments, and connect fitness devices to earn points for e-gift cards, health products, and charitable donations. Recently, the SCSC Wellness Team implemented a challenge to insurance members to help support their staff's well-being.

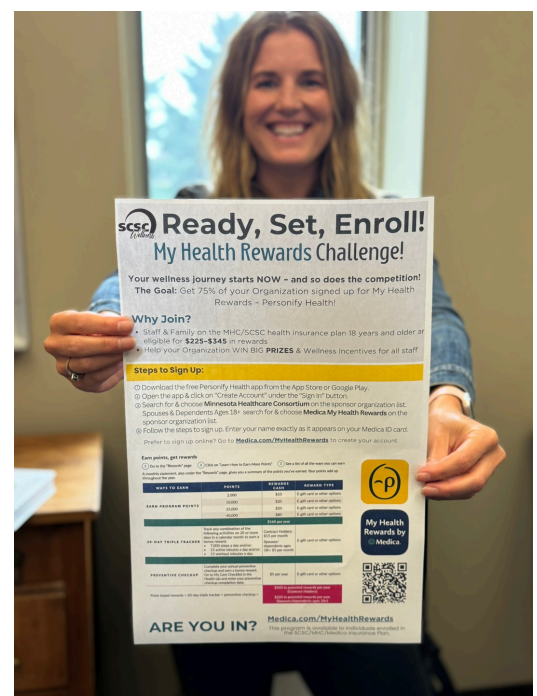


The My Health Rewards Challenge was a huge success! We saw incredible momentum, with some members reaching 100% staff participation. I'm truly inspired by our members' dedication and energy in building a culture of wellness across their organizations.

Hannah Keltgen, Wellness Manager

The My Health Rewards Challenge was an engaging wellness initiative designed to encourage staff to sign up for My Health Rewards. The friendly competition aimed to enroll at least 75% of each insurance member's staff in the Personify Health platform, fostering a culture of health and well-being. The challenge offered the entire organization a chance to win big prizes and wellness incentives for reaching the participation goal, making it a fun and rewarding way for everyone to join in.

A workplace wellness program in an organization has become indispensable, offering many benefits for employers and employees. The SCSC Wellness Program is a dedicated initiative exclusively available to SCSC/MHC health insurance pool members.



Challenge Details