

Dr. Sonya Reddy, DDS



The Longevity Dentist

NYU-TRAINED DENTIST · FORMER MORGAN STANLEY PROFESSIONAL
FOUNDER, ORASPAN

From Morgan Stanley to building and exiting dental practices, Dr. Sonya Reddy brings clinical experience and a founder's perspective to the conversation about oral health, sleep, and longevity. Her work focuses on how oral inflammation, breathing, structure, and function fit into collaborative care. She helps audiences ask better questions, understand professional roles, and turn a broad wellness conversation into practical next steps.

SELECTED SPEAKING ENGAGEMENTS

AAOSH | May 7, 2025

Sleep, Airway, and the Oral-Systemic Connection: A Dental Approach to Better Breathing · [Host listing](#)

American Academy of Clear Aligners | April 19, 2023

Sleep Apnea Training for Distinguished Dentists · [Host listing](#)

FACULTY

Foundation Dental Alliance · Airway Innovation & Wellness Integration

WATCH DR. REDDY

AAOSH speaking sample · Foundation Dental interview · Jeff Crilley Show, 2025

SELECTED MEDIA

Dente cover, 2026 · Authority Magazine, November 2025
WFAA television appearance · KRLD radio interview, 2021

A clear takeaway. A practical next step.

SESSION OPTIONS · LENGTHS AND SCOPE TAILORED WITH THE HOST

Medicine Is Split at the Neck

Dental and interdisciplinary audiences | Proposed: 45 minutes + Q&A

Participants will be able to: 1. Describe how oral findings belong in a broader health conversation. 2. Distinguish an observation, a risk discussion, and a diagnosis. 3. Identify opportunities for clearer referral communication.

The Last Place Anyone Looks

Consumer wellness audiences | Proposed: 30 minutes + Q&A

Participants will be able to: 1. Describe snoring and habitual mouth breathing clearly at an appointment. 2. Explain why structure, function, and repeated patterns belong in the same conversation. 3. Prepare questions for dental and medical professionals.

The Data Gap in Longevity

Healthcare innovation and clinical audiences | Proposed: 45 minutes + Q&A

Participants will be able to: 1. Identify the oral observations that a health history can overlook. 2. Distinguish a proposed framework from a validated clinical tool. 3. Discuss evidence, uncertainty, and commercial interests transparently.

Book in production: What the Mouth Remembers

PLANNING YOUR SESSION

Formats: Keynote-style talk, educational session, panel, or moderated conversation. Q&A can be included within the agreed session time.

CE status: This kit does not confer CE credit. Any credit offering requires the host's applicable review and approval.

Suggested AV: Screen and slide connection; microphone appropriate to the room. Virtual sessions: screen sharing and a technical check.

Booking: Share your event date and audience to discuss fit, availability, and fees.

Contact Dr. Reddy on LinkedIn · Instagram: @dr.sonyareddy