

Supervised Slingshot

A Launch Phase Ritual for Aligned, AI-Accelerated Software Development

Designed for product teams, platform teams, and engineering organizations adopting AI-assisted development.

Where to begin...

Supervised Slingshot is DevObsessed's structured launch-phase ritual for kickstarting software projects where Large Language Models are part of the team. It is a short, facilitated phase that aligns humans and AI around shared context, architectural intent, development standards, and AI usage patterns before execution scales.

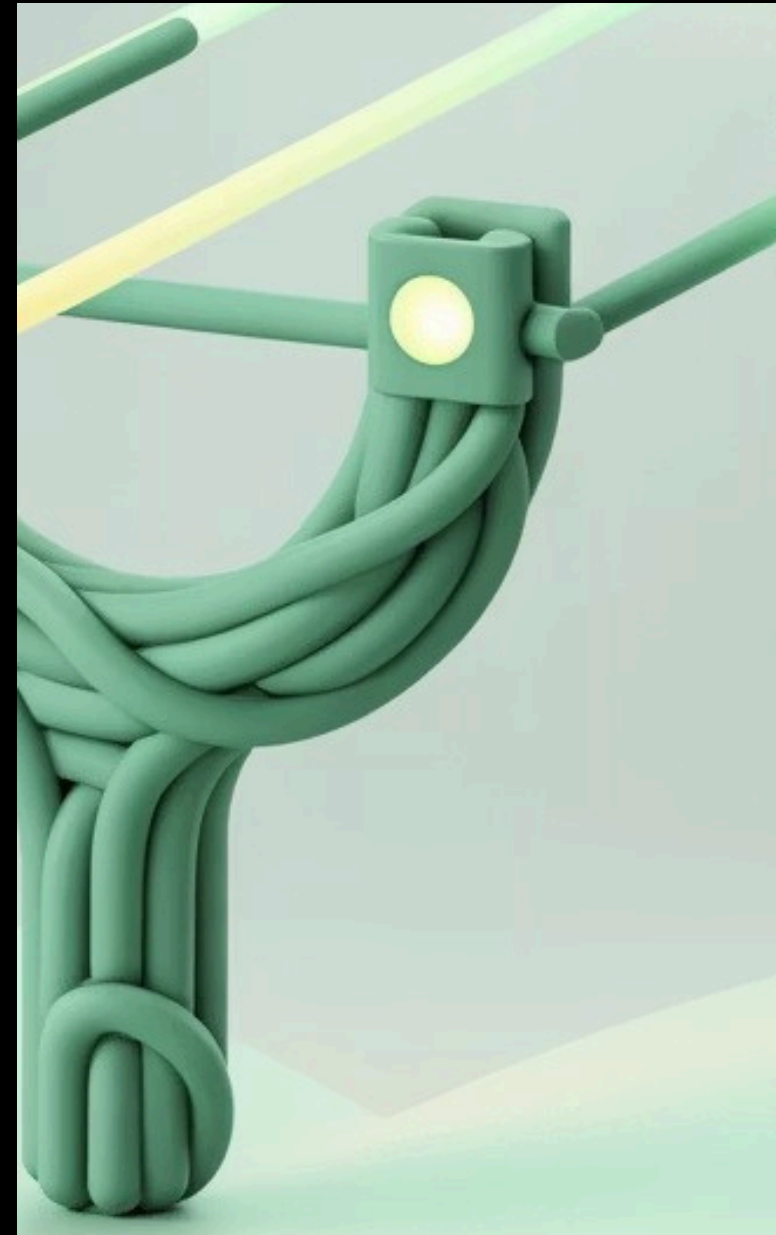
It addresses the two biggest barriers to successful AI adoption in the SDLC:



Technical entropy from unstructured LLM usage



Behavioral resistance from uncoached developers



The result is faster delivery with greater coherence, quality, and team trust.

Key Components of the Slingshot Framework

The Perfect 10%

The initial foundation created collaboratively by humans and LLMs that establishes how the system will be built. This phase defines architectural direction, quality bars, and shared understanding to unlock faster, safer delivery for everything that follows.

- Core scaffolding and golden-path tests
- Initial modules, interfaces, and boundaries
- Documentation that captures reasoning and decisions
- Embedded prompts and patterns for AI continuity



Code Captain

A living, in-repo ruleset that teaches AI how this codebase works. It provides localized context, standards, and expectations so AI outputs stay aligned as the system evolves.

- Prompts scoped to folders, components, or domains
- Continuously refined during development cycles
- Maintains cohesion across humans and AI tools



Mob Elaboration

A collaborative working model that teaches teams to reason and work with LLMs together. Using mob elaboration principles, teams jointly shape prompts, decisions, and outputs to build shared understanding.

- Work is done collaboratively with the LLM as a shared participant
- Prompts, assumptions, and decisions are refined as a group
- Teams develop shared language, workflows, and AI practices
- Habits formed during Slingshot carry into everyday delivery



AI Code Review

AI-augmented review is built directly into the workflow, providing a consistent second set of eyes without replacing human judgment.

- Reviews for clarity, consistency, and test coverage
- Flags deviations from established patterns
- Accelerates feedback while reinforcing standards



Behavioral Alignment



Developer Psychology in Focus

Supervised Slingshot addresses the emotional journey of AI adoption, drawing on the five stages of AI Grief. Teams are coached through resistance, anxiety, and inconsistency to reach sustained transformation.

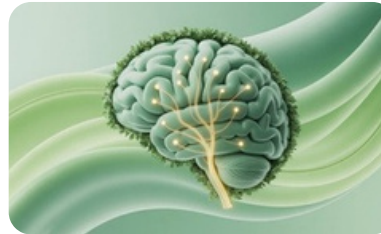
You're onboarding an AI tool and you are reshaping developer identity, team dynamics and delivery rituals.

What you get



Shared Context

Achieve faster delivery and minimize misalignments through synchronized understanding



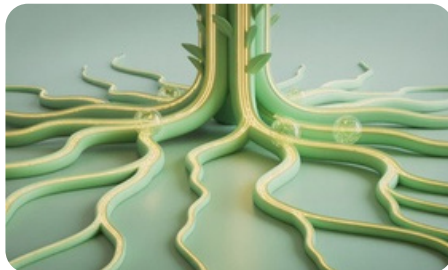
Persistent memory

Eliminate the need to "start over" with every session, ensuring continuous progress



Human in the Loop

Establish clear roles and foster productive review cycles between humans and AI



Strong Governance

Prevent prompt chaos, tool proliferation, and the accumulation of technical debt.



Behavioral Transformation

Convert unpredictability into a powerful force multiplier for your team