

## ACTIVITIES & LEISURE



**Spa** – 10am to 8pm



**Swimming pool** – open from 10am to 8pm, free access. Pool exit at 7:45pm  
**Hotel guests only**



**Shop** – open Monday et Thursday from 11am to 7pm, Friday to Sunday from 10am to 7pm



**Tartine & Chocolat Kids' Club** (3-8y) – 10am to 6pm  
Free access under adult supervision



**Gaming Room** – Monday to Thursday from 10am to 9pm. Friday to Sunday from 10am to 11pm



**Karaoke** (reservation required) – 1 hour session for €20 per person before 6pm  
or €25 per person after 6pm - Karaoke available from 10am to 8:30pm



**Blindtest** (reservation required) – 1 hour session for €20 per person before 6pm  
or €25 per person after 6pm - Blindtest available from 10am to 8:30pm



**Tennis** – 10am to 7pm – reservation required

**Padel** – 1-hour court rental €100. From 9:30am to 7:30pm, on reservation

**Bicycles** – free access in the abbey grounds only



**Water activities** – rowing boats and pedal boats in free access from 10am to 8pm

## RESTAURANTS & BARS



**Les Chasses** — Lunch : Tuesday to Saturday from 12pm to 2pm  
Dinner : Tuesday to Saturday from 7pm to 10pm



**L'Auberge** — Lunch : Sunday and Monday from 12pm to 2pm  
Dinner : Friday to Sunday and Monday from 7pm to 10pm



**Le Réfectoire des moines** — Breakfast : 8am to 10:00am  
Goûter : 4:30pm to 5:30pm  
Brunch : Saturday and Sunday from 12:00pm to 3pm



**La Trattoria di Bambini** — Breakfast : 8am to 10:00am  
Lunch : Saturday and Sunday from 12pm to 2pm  
Dinner : Thursday to Sunday from 7pm to 10pm



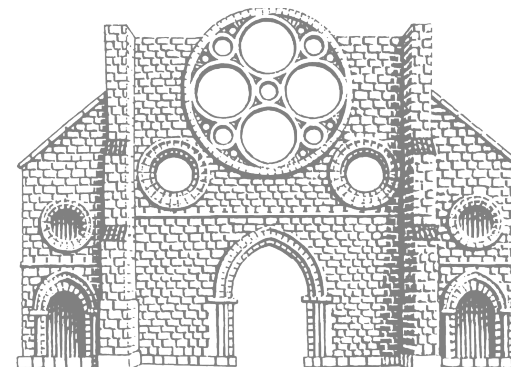
**Le James' Bar** — Open every day from 10:00am to midnight  
Lunch : 12pm to 3pm, Saturday and Sunday from 12pm to 3:30pm  
Dinner : 6pm to 10:30pm



**Le James' Mobile Bar** — Open Saturday and Sunday (**depending on the weather**) :  
4pm to 5pm at Abbatiale  
5pm to 6pm at the lake Gatehouse (boats and pedal boats)



**Le Betty's Bar** — Thursday and Friday from 3pm to midnight, Saturday and Sunday from  
noon to midnight  
Goûter : Saturday from 4pm to 5pm at Salon Hortensia



What to do this weekend  
at l'Abbaye des Vaux-de-Cernay ?

Download the app to find  
all the informations on l'Abbaye



Apple



Android

*If you consider to cancel or report your visit, please advise us at least 24h before the beginning of the activity.  
It will help us to assure smooth experience and to preserve you from a full invoicing.*

## FRIDAY, AUGUST 1<sup>st</sup> 2025

10:30am - 11:30am - Wake Up Form

*Meeting point at Salon Écuries*

5:30pm - The Cinema

« The Jungle Book »

*Meeting point at Pavillon des lumières*

## SATURDAY, AUGUST 2<sup>nd</sup> 2025

9:15am - 10:15am - Vinyasa Yoga by Bandha  
Yoga

On reservation

*Meeting point at Salon Écuries*

10:30am - 11:30am - Wake Up Form

*Meeting point at Salon Écuries*

2:30pm - The Cinema

« Les Bronzés font du ski »

*Meeting point at Pavillon des lumières*

3pm - Farm animals

*Meeting point at the Farm enclosures*

4pm - 4:30pm - Meet the Alpacas

*Meeting point at the enclosures alpacas*

5pm - 6pm - Sound Bath

55€ per person - on reservation

*Accompanied by an adult if under 18 years old*

*Meeting point at Salon Écuries*

9:30pm - The Cinema

« Pulp Fiction »

*Meeting point at Pavillon des lumières*

6pm - 8pm - Drinks & Melodies

*Karaoke session with a complimentary drink*

30€ per person - on reservation

*Meeting point at Karaoke*

5:30pm - The Cinema

« Zootopia »

*Meeting point at Pavillon des lumières*

5:45pm - 6:30pm - Historical guided tour

*Meeting point at Abbatale*

25€ par personne, in English

from 16yo

6pm - 8pm - Drinks & Melodies

*Karaoke session with a complimentary  
drink*

30€ per person - on reservation

*Meeting point at Karaoke*

6:30pm - 7:30pm - Petanque tournament

*Meeting point at Pavillon des lumières*

9:30pm - The Cinema

« Us »

*Meeting point at Pavillon des lumières*

## SUNDAY, AUGUST 3<sup>rd</sup> 2025

9:15am - 10:15am - Vinyasa Yoga by  
Bandha Yoga

On reservation

*Meeting point at Salon Écuries*

10am - 11:30am - Homework help

*Setting up a primary level homework help course*

35€ per person

*Meeting point at Reception*

10:30am - 11:30am - Run & Workout

*Meeting point in the front of Écuries*

10am - 11:30am - Painting workshop

Acrylic on canvas

On reservation (8pax. max)

30€ per person

from 16yo

*Meeting point at Pagode*

11:30am - 1pm - Homework help

*Setting up a middle school level homework help course*

35€ per person

*Meeting point at Reception*

2:30pm - The Cinema

« Inglorious Basterds »

*Meeting point at Pavillon des lumières*

3pm - 4pm - Farm animals

*Meeting point at the Farm enclosures*

5:30pm - The Cinema

« Lilo and Stitch »

*Meeting point at Pavillon des lumières*

9:30pm - The Cinema

« Fast and furious »

*Meeting point at Pavillon des lumières*