

ACTIVITIES & LEISURE



Spa – 10am to 8pm

Swimming pool – open from 10am to 7pm, free access. Pool exit at 6:45pm
Hotel guests only



Shop – Open on Monday and Thursday: 11am–1pm / 1:45pm–6pm
From Friday to Sunday: 11am–1pm / 1:45pm–7pm



Tartine & Chocolat Kids' Club (3-8y) – 10am to 6pm
Free access under adult supervision



Gaming Room – Monday to Thursday from 10am to 9pm. Friday to Sunday from 10am to 11pm



Karaoke (reservation required) – 1 hour session for €20 per person before 6pm
or €25 per person after 6pm – Karaoke available from 10am to 8:30pm



Blindtest (reservation required) – 1 hour session for €20 per person before 6pm
or €25 per person after 6pm – Blindtest available from 10am to 8:30pm



Tennis – 10am to 7pm – reservation required

Padel – 1-hour court rental €100. From 10:30am to 4:30pm, on reservation



Bicycles – free access in the abbey grounds only

Water activities – rowing boats and pedal boats in free access from 10am to 7pm

★ Activities on request subject to availability: Horseback riding • Sports coaching • Private tennis & padel lessons • Painting, ...

RESTAURANTS & BARS



Les Chasses — Lunch : Tuesday to Saturday from 12pm to 2pm
Dinner : Tuesday to Saturday from 7pm to 10pm



L'Auberge — Lunch : Sunday and Monday from 12pm to 2pm
Dinner : Friday to Sunday and Monday from 7pm to 10pm



Le Réfectoire des moines — Breakfast : 8am to 10:00am
Goûter : 4:30pm to 5:30pm
Brunch : Saturday and Sunday from 12:00pm to 3pm



La Trattoria di Bambini — Breakfast : 8am to 10:30am
Lunch : Saturday and Sunday from 12pm to 2pm
Dinner : Thursday to Sunday from 7pm to 10pm
Goûter : Saturday and Sunday from 4pm to 5pm



Le James' Bar — Open every day from 10:00am to midnight
Lunch : 12pm to 3pm, Saturday and Sunday from 12pm to 1:45pm
Dinner : 6pm to 10:30pm



Le Betty's Bar — Thursday and Friday from 3pm to midnight,
Saturday and Sunday from noon to midnight

What to do this weekend
at l'Abbaye des Vaux-de-Cernay ?

Download the app to find
all the informations on l'Abbaye



Apple



Android

• ABBAYE •
DES VAUX-DE-
• CERNAY •



FRIDAY, DECEMBER 05th 2025

10:30am – 4:30pm – Padel
One-hour session & equipment rental included
Last slot from 3:30pm to 4:30pm
100€ per court – on reservation
Meeting point at Padel courts

2:30pm – The Cinema
« Top Gun Maverick »
Meeting point at Pavillon des lumières

3pm – 4pm – Farm animals
Meeting point at the Farm enclosures

SATURDAY, DECEMBER 06th 2025

9:15am – 10:15am – Vinyasa Yoga by Bandha
Yoga
On reservation
Meeting point in front of Haras Fountain

10:30am – 4:30pm – Padel
One-hour session & equipment rental included
Last slot from 3:30pm to 4:30pm
100€ per court – on reservation
Meeting point at Padel courts

10:30am – 11:30am – Wake Up Form
Meeting point in front of Haras Fountain

10:30am – 5:00pm – Ball Trap
3 sessions :
10:30am – 12pm (4pers max)
2pm – 3:30pm (4pers max)
3:30pm – 5pm (4pers. max)
100€ per person – session 1h30 (4pers. max)
from 16yo
Meeting point at Colombier

10:30am – 12:00pm – Manual Kids workshop
Meeting point in salon Dablia (Farm)

10:45am – 11:00am – Donkey Brushing
Meeting point at the Farm enclosure

5:30pm – The Cinema
« Ratatouille »
Meeting point at Pavillon des lumières

6pm – 8pm – Drinks & Melodies
Karaoke session with a complimentary drink
30€ per person – on reservation
Meeting point at Karaoké

9:30pm – The Cinema
« Rambo »
Meeting point at Pavillon des lumières

2:30pm – The Cinema
« Skyfall »
Meeting point at Pavillon des lumières

2:30pm – 3:30pm – Padel shared session
One-hour session & equipment rental included
€25 per person – on reservation
Meeting point at Padel courts

3pm – 4pm – Farm animals
Meeting point at the Farm enclosures

3pm – 4pm – Sound Bath
55€ per person – on reservation
Accompanied by an adult if under 18 years old
Meeting point in front of Haras Fountain

3:45pm – 4:30pm – Historical guided tour
25€ per personne, in English
from 16yo
Meeting point at Abbatale

4pm – 4:30pm – Meet the Alpacas
Meeting point at the enclosures alpacas

5:30pm – The Cinema
« Cars I »
Meeting point at Pavillon des lumières

SATURDAY, DECEMBER 06th 2025

6pm – 8pm – Drinks & Melodies
Karaoke session with a complimentary drink
30€ per person – on reservation
Meeting point at Karaoké

9:30pm – The Cinema
« Grease »
Meeting point at Pavillon des lumières

SUNDAY, DECEMBER 07th 2025

9:15am – 10:15am – Vinyasa Yoga by
Bandha Yoga
On reservation
Meeting point in front of Haras Fountain

10:30am – 4:30pm – Padel
One-hour session & equipment rental included
Last slot from 3:30pm to 4:30pm
100€ per court – on reservation
Meeting point at Padel courts

10:30am – 11:30am – Run & Workout
Meeting point in front of Haras Fountain

10am – 1pm – Homework help
2 sessions :
10:30am – 11:30am – Primary level
11:30am – 12pm – Middle school level
35€ per person
Meeting point at Reception

10am – 11:30am – Painting workshop
Acrylic on canvas
On reservation (6pers. max)
30€ per person
from 16yo
Meeting point at Pagode

10:30am – 12:00pm – Manual kids
workshop
Meeting point in salon Dablia (Farm)

12:00pm – 16:00pm – Kids games
Meeting point in salon Dablia (Farm)

2:30pm – 3:30pm – Padel shared session
One-hour session & equipment rental included
€25 per person – on reservation
Meeting point at Padel courts

14:30pm – 16:00pm – Painting workshop
Acrylic on canvas
On reservation (6pers. max)
30€ per person
from 16yo
Meeting point at Pagode

2:30pm – The Cinema
« Wonder Woman »
Meeting point at Pavillon des lumières

3pm – 4pm – Farm animals
Meeting point at the Farm enclosures

5:30pm – The Cinema
« Mulan »
Meeting point at Pavillon des lumières

9:30pm – The Cinema
« Jumanji »
Meeting point at Pavillon des lumières

