

ACTIVITIES & LEISURE



Spa – 10am to 8pm

Swimming pool – open from 10am to 7pm, free access. Pool exit at 6:45pm
Hotel guests only



Shop – Open on Monday and Thursday: 11am–1pm / 1:45pm–6pm
From Friday to Sunday: 11am–1pm / 1:45pm–7pm



Tartine & Chocolat Kids' Club (3-8y) – 10am to 6pm
Free access under adult supervision



Gaming Room – Monday to Thursday from 10am to 9pm. Friday to Sunday from 10am to 11pm



Karaoke (reservation required) – 1 hour session for €20 per person before 6pm
or €25 per person after 6pm – Karaoke available from 10am to 8:30pm



Blindtest (reservation required) – 1 hour session for €20 per person before 6pm
or €25 per person after 6pm – Blindtest available from 10am to 8:30pm



Tennis – 10am to 7pm – reservation required

Padel – 1-hour court rental €100. From 9:30am to 3:30pm, on reservation



Bicycles – free access in the abbey grounds only

Water activities – rowing boats and pedal boats in free access from 10am to 7pm

★ Activities on request subject to availability: Horseback riding • Sports coaching • Private tennis & padel lessons • Painting, ...

RESTAURANTS & BARS



Les Chasses — Lunch : Tuesday to Saturday from 12pm to 2pm
Dinner : Tuesday to Saturday from 7pm to 10pm



L'Auberge — Lunch : Sunday and Monday from 12pm to 2pm
Dinner : Friday to Sunday and Monday from 7pm to 10pm



Le Réfectoire des moines — Breakfast : 8am to 10:00am
Goûter : 4:30pm to 5:30pm
Brunch : Saturday and Sunday from 12:00pm to 3pm



La Trattoria di Bambini — Breakfast : 8am to 10:30am
Lunch : Saturday and Sunday from 12pm to 2pm
Dinner : Thursday to Sunday from 7pm to 10pm
Goûter : Saturday and Sunday from 4pm to 5pm



Le James' Bar — Open every day from 10:00am to midnight
Lunch : 12pm to 3pm, Saturday and Sunday from 12pm to 1:45pm
Dinner : 6pm to 10:30pm



Le Betty's Bar — Thursday and Friday from 3pm to midnight,
Saturday and Sunday from noon to midnight

What to do this weekend
at l'Abbaye des Vaux-de-Cernay ?

Download the app to find
all the informations on l'Abbaye



Apple



Android

• ABBAYE •
DES VAUX-DE-
• CERNAY •



FRIDAY, DECEMBER 12th 2025

10:30am – 4:30pm – Padel
One-hour session & equipment rental included
Last slot from 3:30pm to 4:30pm
100€ per court – on reservation
Meeting point at Padel courts

2:30pm – The Cinema
« Home alone 2 : Lost in Nex York »
Meeting point at Pavillon des lumières

6pm – 8pm - Drinks & Melodies
Karaoke session with a complimentary
drink
30€ per person - on reservation
Meeting point at Karaoké

9:30pm – The Cinema
« Wanted »
Meeting point at Pavillon des lumières

SATURDAY, DECEMBER 13th 2025

9:15am - 10:15am - Vinyasa Yoga by Bandha
Yoga
On reservation
Meeting point in front of Haras Fountain

10:30am – 4:30pm – Padel
One-hour session & equipment rental included
Last slot from 3:30pm to 4:30pm
100€ per court – on reservation
Meeting point at Padel courts

10:30am - 11:30am - Wake Up Form
Meeting point in front of Haras Fountain

10:30am - 12:00pm - Manual Kids workshop
Meeting point in salon Dablia (Farm)

10:45am - 11:00am - Donkey Brushing
Meeting point at the Farm enclosures

12:00pm - 16:00pm - Kids games
Meeting point in salon Dablia (Farm)

2:30pm - The Cinema
« Green Book »
Meeting point at Pavillon des lumières

2:30pm – 3:30pm – Padel shared session
One-hour session & equipment rental included
€25 per person – on reservation
Meeting point at Padel courts

3pm - 4pm - Farm animals
Meeting point at the Farm enclosures

3:45pm - 4:30pm - Historical guided tour
25€ per personne, in English
from 16yo
Meeting point at Abbatiàle

4pm - 4:30pm - Meet the Alpacas
Meeting point at the enclosures alpacas

5:00pm - The Cinema
« Zootopia »
Meeting point at Pavillon des lumières

5:15pm - 6:15pm - Sound Bath
55€ per person - on reservation
Accompanied by an adult if under 18 years old
Meeting point in front of Haras Fountain

9:30pm - The Cinema
« Indiana Jones and the raiders of
the lost ark »
*Meeting point at Pavillon des
lumières*

SUNDAY, DECEMBER 14th

9:15am - 10:15am - Vinyasa Yoga by
Bandha Yoga
On reservation
Meeting point in front of Haras Fountain

10am - 1pm - Homework help
2 sessions :
10:30am - 11:30am - Primary level
11:30am - 12pm - Middle school level
35€ per person
Meeting point at Reception

10am - 11:30am - Painting workshop
Acrylic on canvas
On reservation (*5pers. max*)
30€ per person
from 16yo
Meeting point at Pagode

10:30am – 4:30pm – Padel
*One-hour session & equipment rental
included*
Last slot from 3:30pm to 4:30pm
100€ per court – on reservation
Meeting point at Padel courts

10:30am - 11:30am - Run & Workout
Meeting point in front of Haras Fountain

10:30am - 12:00pm - Manual kids
workshop
Meeting point in salon Dablia (Farm)

12:00pm - 16:00pm - Kids games
Meeting point in salon Dablia (Farm)

2:30pm - The Cinema
« Tanguy »
Meeting point at Pavillon des lumières

2:30pm – 3:30pm – Padel shared
session
*One-hour session & equipment rental
included*
€25 per person – on reservation
Meeting point at Padel courts

3pm - 4pm - Farm animals
Meeting point at the Farm enclosures

5:30pm - The Cinema
« Vaiana »
Meeting point at Pavillon des lumières

9:30pm - The Cinema
« Grease »
Meeting point at Pavillon des lumières

