



SPA & WELLNESS

Embark on a personal wellness journey rooted in ancient Mexican healing traditions. At Ojo de Agua Spa, transformation begins the moment you arrive at a sunken oasis. Engage in authentic Temazcal or sound healing ceremonies or choose invigorating massages and chakra balancing treatments. We've scoured the globe for top practitioners—wellness experts who fuse centuries-old Mexican wisdom and sacred rituals into their healing craft.



RITUALS

TEMAZCAL TRADICIONAL

A journey of relaxation, purification, and spiritual connection. Through heat, steam, and healing plants, cleanse both body and mind, finding tranquility and cultural heritage. This holistic experience brings well-being, rejuvenation, and a deeper self-root connection.

- Group session (min 4 pax)
- Private Temazcal 90 min (max 2 pax)

YENEKAMU RITUAL

Inspired by the Pericues' name for the convergence of waters. Immerse yourself, relax with a hot stone massage, hip adjustment using traditional rebozos, and finish with an ancient foot massage.

- 120 min

NIPARAJA Y ANAJICONDI

Rediscover each other with our tailored couples' journey. Energizing cleansing, lymphatic drainage, full-body exfoliation, and a soothing Damiana cream massage create an intimate escape. Culminate in a renewing facial cleansing.

- 150 min

SOUND HEALING

Truly cleansing experience, both body and soul.

- Group session
- Private (max 4 pax)



FACIALS

FROM THE CITY TO THE DESERT

Experience a cooling breeze of rejuvenation with our cleansing facial, expertly designed to repair pollution, dehydration, and fatigue damage. Enriched with marine-based actives, it intensely hydrates, evens tone, and revitalizes. Escape the city's rush and give your skin the purity it craves.

- 60 min

OASIS SOOTHING RELIEF

Experience the gentle touch of our delicate facial treatment, designed to soothe even the most sensitive and irritated skin, reducing redness and providing essential hydration. Witness a smoother epidermis and visibly improved skin complexion as a result.

- 90 min

CALIFA REVITALIZING FACIAL

Experience the rejuvenating power of our signature facial, crafted to bring back youthful radiance to your skin through a comprehensive anti-aging treatment. Indulge in the perfect blend of effectiveness and luxurious well-being, meticulously designed to defy the signs of aging.

- 90 min



MASSAGES

DESERT RELAXATION

This massage is a neuro sedation treatment where our Healer will perform soft and relaxing movements. Designed for comforting tired muscles and releasing all the tension in the body. Recommended for people who have accumulated stress.

- 60 min
- 90 min

AFTER HIKE SPORT MASSAGE

Massage focused on releasing tension after physical activity. During the service, the Healer uses invigorating movements with precise stretching to release accumulated tension in targeted areas of the body. Ideal for extreme sports enthusiasts.

- 60 min
- 90 min

PRENATAL

This prenatal treatment is designed specially, to provide relief from tired muscles, especially in the legs and lower back, which improves oxygenation and blood circulation for both mother and baby. **

- 60 min
- 90 min

HOT STONES MASSAGE

A combination of hot volcanic stones with the ancestral benefits of sage will allow you to release toxins and stress. Releases deep muscle tension with a soft to medium pressure throughout your body, restoring & balancing energy.

- 90 min
- 120 min

THERAPEUTIC MASSAGE

This wonderful blend of massage techniques, including Swedish massage, deep tissue, sports, and reflexology, is a perfect combination that helps release muscle tension, allowing relaxation and renewal of the body. This personalized experience combines the techniques according to the needs of each individual, as well as the products that your Healer will be using during the therapy.

- 90 min
- 120 min



BODY TREATMENTS

OASIS AFTER SUN RECOVERY

This treatment is specially designed to relieve the discomfort of prolonged sun exposure, refreshes, and hydrates the skin with natural Mexican products such as aloe and tepezcohuite, which in addition to having anti-inflammatory properties, are allies for the processes of cell regeneration in the skin.

- 60 min

OASIS BODY HYDRATION

Create your very own spa experience with favorites from a curated list of components. Select your desired duration then mix and match with the body treats of your choice.

- 60 min
- 90 min
- 120 min



ELEVATE YOUR EXPERIENCE

● 30 min



BACK REVIVER

For the backaches resulting from long hours spent at the desk, this massage serves as a perfect relief to iron out tension and pain.

HAND RELAX

Take good care of your arms, hands, and fingers by reducing stress and tension. This massage prevents locked fingers and increases mobility.

BEAUTY EXPRESS

Time is not an impediment to pamper your face with a refreshing express cleansing and hydration. Alternatively, you can add it to our body treatments for a complete natural experience.

REFLEXOLOGY

Pamper your soles with this relaxing massage, concentrating on the pressure points to rejuvenate tired, worn muscles from the heel to the tips of the toes.

HEAD & SHOULDERS RELIEVER

Let your healer release your stress and headaches with this simple but effective massage, designed to improve flexibility and blood circulation.

WELLNESS



YOGA OR MEDITATION
Private session

● 60 min

ARRIVAL POLICY

Please check in at the Living at least 15 minutes prior to your scheduled appointment to allow time for the check-in process and avoid reduced treatment times.

PAYMENT

Room charge can be applied. All prices are quoted in American Dollars and include 16%Tax.

CANCELLATION

Out of respect for all our guests, we kindly ask that in case you require to cancel or change your appointment, you do so at least 12 hours in advance. Otherwise, a 50% penalty charge will be applied. Full charges will be imposed for a no-show.

SPECIAL CONSIDERATION

If you have high blood pressure, any heart condition, allergies, are pregnant, or have any other medical complications, we suggest that you consult your physician before booking any spa treatments.

For further information, please do not hesitate to contact us at

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We care
Paradero Team

