

Our menus



		Monday	Tuesday	Wednesday	Thursday	Friday
WEEK ONE	Main 1	Sausage, mash with gravy and peas	Chef's Choice curry, rice served with naan bread	Scouse served with crusty bread	Roast beef, roast potatoes, yorkshire pudding, gravy and seasonal vegetables	Harry Ramsden's crispy fish fillet served with spaghetti hoops & chips
	Allergens	Contains: Eggs, Milk, Cereals containing Gluten, Sulphur Dioxide & Sulphites, Soya	Contains: Milk, Eggs, Cereals containing Gluten	Contains: Cereals containing Gluten	Contains: Cereals containing Gluten, Eggs, Milk	Contains: Fish, Cereals containing Gluten
	Main 2 (Veggie)	Creamy tomato and roasted red pepper fusilli	Vegetable curry & rice served with warm naan bread	Cauliflower cheese & jacket potato	Quorn fillet, roast potatoes, yorkshire pudding, gravy and seasonal vegetables	Salmon fish fingers with chips and peas
	Allergens	Contains: Cereals containing Gluten, Milk	Contains: Milk, Eggs, Cereals containing Gluten	Contains: Milk, Eggs	Contains: Cereals containing Gluten, Eggs, Milk	Contains: Fish, Cereals containing Gluten
WEEK TWO	Main 1	Spaghetti bolognaise served with garlic bread	Chicken tikka curry with rice and naan bread	Salmon and broccoli pasta bake	Roast beef with mash, yorkshire pudding, gravy and seasonal vegetables	Jumbo fish finger sub served with spaghetti hoops & chips
	Allergens	Contains: Cereals containing Gluten	Contains: Milk, Cereals containing Gluten	Contains: Fish, Cereals containing Gluten, Milk	Contains: Cereals containing Gluten, Eggs, Milk	Contains: Fish, Cereals containing Gluten
	Main 2 (Veggie)	Vegetable ravioli in a homemade tomato sauce	Vegetable curry served with rice and naan bread	Loaded veggie pasta bake with arrabbiata cream	Quorn fillet with mash, Yorkshire pudding, gravy and seasonal vegetables	Spanish omelette served with salad
	Allergens	Contains: Cereals containing Gluten, Celery	Contains: Milk, Eggs, Cereals containing Gluten	Contains: Cereals containing Gluten, Milk	Contains: Cereals containing Gluten, Eggs, Milk	Contains: Eggs, Milk
WEEK THREE	Main 1	Cottage pie served with seasonal vegetables	Chicken korma and rice served with naan bread	Crispy beef & vegetable stir-fry served with noodles	Roast chicken with roast potatoes, Yorkshire pudding, gravy and seasonal vegetables.	Harry Ramsden's crispy fish fillet served with chips and beans
	Allergens	Contains: Eggs, Milk	Contains: Milk, Cereals containing Gluten	Contains: Cereals containing Gluten, Eggs	Contains: Cereals containing Gluten, Eggs, Milk	Contains: Fish, Cereals containing Gluten
	Main 2 (Veggie)	Mac and cheese	Vegetable and rice enchiladas	Vegetable lasagne with garlic bread	Quorn fillet with new potatoes, yorkshire pudding, gravy and seasonal vegetables	Quorn chicken nuggets served with chips
	Allergens	Contains: Cereals containing Gluten, Eggs, Milk	Contains: Cereals containing Gluten	Contains: Cereals containing Gluten May contain: Eggs, Mustard, Soya	Contains: Cereals containing Gluten, Eggs, Milk	Contains: Cereals containing Gluten, Celery

Many of the options available can be adapted to suit various diets; should your child have any dietary needs please contact your school and our Kitchen Team will be happy to accommodate. (V) denotes vegetarian option or vegetarian version available.

November 2025

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

December 2025

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

January 2026

M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

February 2026

M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

March 2026

M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

April 2026

M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

Week One Week Two Week Three

To find out more about school meals in Knowsley visit www.knowsley.gov.uk or contact the Knowsley School Meals Service on 0151 443 2647

Light bites

Soup of the day and crusty bread	from £1.10
Pizza selection	from £1.20
Pasta King	from £1.65
Chicken Joes	from £1.65
Selection of salads	from £1.40
Jacket potato with hot or cold fillings	from 90p
Sandwiches, baguettes, panninis and wraps	from £1.40

May contain: milk, mustard, fish, eggs, cereals containing gluten, soya, nuts, wheat, barley, celery, sulphur dioxide and sulphites, rye, oats

Sweet treats

Fresh fruit, muffins, cookies, yoghurts, frozen yoghurts, jelly, mousse, flapjack and other daily specials from 45p

May contain: wheat, rye, oats, barley, soya, cereals containing gluten, milk, eggs, nuts

Drinks

Water, Milk, fruit juice	from 50p
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Allergy advice: Knowsley School Meals Service cannot guarantee that the food we purchase is free from products which may cause allergic reactions. If your child is allergic to any foods, please inform the school.

