

## APPLICATION: RELATIONAL FAMILY MINISTRY (RFM) FOR 2026

### **APPLICATION INSTRUCTIONS**

- 1. Complete all FOUR pages of this form.
- 2. Please ensure you sign at the designated locations.
- 3. Include a copy of your ID or Passport
- 4. Bursary: Should you wish to apply for a bursary, please request a bursary form from Marietha Malan at <a href="mailto:online@petra.co.za">online@petra.co.za</a> (please see criteria for bursary applications in the "Terms & Conditions" section towards the end of this document)
- 5. Please send all the above information in one email to Marietha Malan
  - a. **Email:** online@petra.co.za
  - b. Contact number: +27 82 858 5435
- 6. A confirmation email will be sent to you upon receipt of your application (please follow up if you do not receive feedback within one week)
- 7. You will receive payment information as soon as your STUDENT NUMBER has been issued. This number must be used as your payment reference.
- 8. Official enrolment:
  - a. Applications open: Monday, 20 October 2025
  - b. Closing date for registrations: Tuesday, 20 January 2026.

### **PERSONAL DETAILS**

ID/Passport number							N	latio	nality	/					
Surname							Т	itle							
Maiden name/previous surname							G	Sende	er						
First Names (in full)															
Preferred first name															
Name as preferred on Certificate of Completion															
Date of Birth (YYMMDD)															
Language	Home:	Home:			С	Other	:								
Church & Congregation Affiliation															
Physical Address															
	Country														
Contact Information	Your Cell I	Number													
Contact information	Friend's Number							Friend's Name							
Email (please use one letter per block)															

#### **EXPERIENCE**

Highest Qualification (minimum requirement: Grade 12 or equivalent)							
Note: If not in possession of a Grade 12 or equivalent certificate, special permission is needed to do this course. If you lack this qualification, do not complete this form or make any payments. Write to <a href="mailto:online@petra.co.za">online@petra.co.za</a> to apply for special permission before you continue.							
Profession/Occupation							
Former training in children's ministry (provide details)							
Present involvement with children (provide details)							
Please provide reasons for why you are applying for this course							
Previous <u>involvement</u> with Petra Institute, if any							
Previous courses done through Petra Institute							
Do you have a disability that we should be aware of?	Type of disability						
Where did you hear about Petra Institute and the "Relational Children's/Family Ministry" Course? Please specify.							
Advert Internet	Church Friend Flyer Other **						
** If you chose "Other", please specify:							
	ALEEKI V E A MILI V MEETINIOO						
	WEEKLY FAMILY MEETINGS						

To do your studies, you need to meet with one or more families every week (excluding school holidays and long weekends). These meetings are the heart of your studies. Although you will have no tests or exams, your weekly commitment will include reading a section in the handbook, preparing for your family meeting, presenting it at the family meeting, and writing a feedback report. Your assignments will mostly consist of your preparation and feedback reports. For the sake of building relationships, it is important to meet with the same family/families every week. The hardest part of RFM is that you will not be able to complete your studies for the week if your family/families happen to cancel your meeting for the week. Prayerfully choose your family and choose a committed family that will be willing to help you complete your studies. If you have children falling in the prescribed age group, strongly consider doing the course with your own family.

## ORGANIZING YOUR FAMILY/FAMILIES (THE HEART OF OUR STUDIES)

Look at the following guidelines to determine whether the family you want to choose meets the requirements, or if you should rather make adjustments:

- Choose a family: We suggest one of the following 3 options (more details on these 3 options are on the next pages)
  - A Choose your own family
  - B Choose a family who will commit to helping you complete your studies
  - C Choose a Cell Group with families

- Choose between direct contact meetings or electronic platform (e.g. Zoom) meetings.
- Choose between having one, two or more families (a maximum of four families is suggested).
- Keep **the same family/families** throughout your studies activities build on each other, and you need to build deep relationships with your families to do the studies successfully.
- Get a commitment from the family that they will be faithful in attendance to enable you to complete your studies.

## MORE INFORMATION ON ORGANIZING YOUR FAMILY/FAMILIES

- 1. Via direct contact meetings (in-person with the family): It is wise to choose a family/families who have unlimited and stable Internet at home, so that you may continue your studies online during times that may challenge your ability to meet in person. Consider finding a family/families close to you so that travelling expenses and time do not become a challenge (it is often best if you go to the family's home). This makes it easier for them to keep appointments. You need at least 2 children between the ages of 8 and 14 in your group. All families you invite should have at least one child in this age bracket.
- 2. Via **electronic platform meetings** (e.g. Zoom): Choose a family/families who have **unlimited and stable Internet access** at home.
- 3. Number of families: Think about the number of families you choose. Having 2 families will be helpful if one family withdraws. Having 2 families, however, also means you must accommodate the schedules of 2 families. What will work best for you? If you choose 2 families, they may be seen together or individually. Remember, you are taking the family through a process where activities build upon one another. It will be challenging if families are seen together and one family misses a session or two. If you choose a cell group with up to four families, keep in mind that you would want feedback from each family after an activity, which means you will need to budget for a little extra time. This would also be the reason why we suggest no more than four families in one setting.
- 4. **Time:** At the start of your prescribed meeting, activities take about **30-40 minutes**, but as the program grows, it requires more time. It would be best to agree on **AT LEAST 1 hour per meeting**. In the beginning, when prescribed activities are not too much, plan to spend the rest of the hour with the family to **get to know each other and build relationships** in any way that works for you. You will soon find your program filling up, and you may sometimes need more than an hour. Agree with the family that you will start with 1 hour, but it will grow to at least one and a quarter hours later in your studies.
- 5. **Family commitment:** You need the family/families you choose to understand that they will be **helping you complete your studies**, and that **commitment** is really important. By sharing the information of the "**Template 1f Family Letter**" with families, they will also be able to see **how much they will gain** by joining you in your studies. Through your assignments, which are *family building* meetings, you will help families to build themselves up to become a **united**, **strong**, **Christian family with healthy inter-family relationships**.
  - Think FAMILY: Think family all the time, and not children only. Let all the members in the group take part in all activities equally neither children nor adults are allowed to dominate. ALL members of the family are equally important.
  - Pre-school children: We strongly suggest choosing families with no pre-school children. All the principles in this course can be adapted to work effectively with preschool children, BUT you will only be able to do your assignments with older children. Pre-school children do not have the reasoning ability, abstract concept understanding and concentration span needed to conduct your assignments. If younger children are present (such as a pre-school child in your own family), include them in all your activities accommodate them, but do not allow them to become the focus.
  - Ideas on how pre-school children may be accommodated:
    - Make them **responsible for small tasks**, such as handing out material, collecting objects after use, holding an item before you use it, etc. Think carefully about the tasks you can involve them in
    - Let them partake in games/activities: For example, by sitting on the lap of a parent/older sibling, placing their hands on the hands of that person, and having them participate as a "team". Ask this person to help you by thinking about how they can constantly involve the child with smaller tasks throughout the meeting.

### Please complete the following information regarding your chosen family (see next page for options)

Describe the set-up of your chosen family/families. Choose from the scenarios below or describe your family set-up if it does not fit a scenario. Include info on the number of families.	
Tell us about the children's ages. You must have at least two children between the ages of 8 and 15. All invited families must have at least 1 child in this age group.	
Ages of children. Recommended ages: 8-12 years	
Tell us about your contact method. Will you meet in direct contact sessions OR via an electronic platform such as Zoom/Teams.	

### **SCENARIO A: OWN FAMILY**

## You are free to choose your own family, provided you have at least 2 children between the ages of 8 and 14. If grandparents or other family members live in the same house as you do, we suggest they form part of your meetings. Your family members must commit to joining all your meetings. Explain to them that you will need their faithfulness and commitment to complete your studies. Share the "Template 1f Family Letter" to help them see what they will gain as a family, and to make them enthusiastic about your studies. Show them your "Template 1d Submission Calendar" to help them get an idea of the commitment you are asking. The assignments are fun and of great value to all the members of the family, teenagers included. Get your whole family on board and excited to be part of your studies.

### **SCENARIO B: CHOOSE A FAMILY**

Choose a family/s that will commit to join you for a weekly (holidays excluded) "Christian Family Building" session of between 1 and 2 hours. Share the "Template 1f Family Letter" to help them see how they will benefit by joining you in your studies. Explain that you will need their faithfulness and commitment to complete your studies. Show them your "Template 1d Submission Calendar" to help them get an idea of the commitment you are asking. The assignments are fun and of great value to all the members of the family, teenagers included. Get the whole family on board and excited to be part of your studies.

### **SCENARIO C: CELL GROUP**

A cell group can work really well, provided you have enough time and are allowed to do what assignments require. We suggest having at least 2 children between 8 and 14 years old. All families that join should have at least 1 child in this age group. It is important to clearly communicate to the families that you have set goals for each meeting/assignment. Share the "Template 1f Family Letter" to help them see what they will benefit from joining you in your studies. Explain to them that you will need their faithfulness and commitment to complete your studies. Show them your "Template 1d Submission Calendar" to help them get an idea of the commitment you are asking. Share the Family Letter with the church leadership as well, and make sure you give them regular testimonies/updates on what is happening in your group. Encourage them to visit the Petra Institute website at www.petra.co.za

# 4 X COMPULSORY LIVE ONLINE SESSIONS (VIRTUAL TRAINING)

The different techniques and models used in your studies will be demonstrated and discussed during the 4 Live COMPULSORY Online Sessions (LOS), which will be presented via the Zoom platform (you only need to download the free version). Attendance is critical and very beneficial, as the techniques you will use at your family meetings will be demonstrated to you. Please note: One two-day Live Online Session (LOS) is presented for each quarter/block this year.

### 2026 Dates for Study Orientation and Live Online Sessions

- Saturday, 31 January: Orientation to Studies. Meet fellow students. Time for questions (five-hour session, which includes doing your first assignment under the guidance of your mentor).
- Friday, 20 and Saturday, 21 February: Sessions on Block A of Studies (five-hour session per day; Friday and Saturday).
- Friday, 17 and Saturday, 18 April: Sessions on Block B of Studies (five-hour session per day; Friday and Saturday).
- Friday, 5 and Saturday, 6 June: Sessions on Block C of Studies (A five-hour session per day; Friday and Saturday).
- Friday, 11 and Saturday, 12 September: Sessions on Block D of studies (five-hour session per day; Friday and Saturday).
- Saturday, November 28: Closing Celebration (3-hour session).
- **Time:** All meetings start at 08:00 RSA Time (if you study from outside of RSA borders, check your local time as compared to RSA time).

### REQUIRED STUDY HOURS AND DEVICES

- Please take note that your estimated study hours per week [excluding RSA public holidays] are 5-8 hours. This INCLUDES
  reading the handbook session, preparing to go to your family meeting, presenting at your family meeting and completing
  the relevant templates/forms for the week (there are usually two templates per week: a Preparation Template and a
  Feedback Template on how the family meeting went. Four out of the thirty assignments include a more theoretical template
  that also needs to be completed.
- 2. Please **plan your time** accordingly (budget time to do your weekly assignments).
- 3. Assignments can only be **prepared and submitted electronically**. This cannot be done telephonically. You will need a **tablet** (with a keyboard) or a laptop/desktop to do your studies. Do you have access to this?

### **PAYMENT OPTIONS**

- First World:
  - USD 780.00 (to be paid in full with enrolment or 50% with enrolment and 50% before 30 July 2026).
- Third World:
  - R 6 500.00 full payment.
    - or \*R 1 500.00 registration fee (non-refundable), PLUS.
    - + R 500.00 monthly debit order for 10 months (a debit order form will be mailed upon acceptance of your application, together with your issued student number).

### **BURSARY APPLICATIONS: CRITERIA FOR 2026**

Bursaries will be considered under the following circumstances:

- When a husband and wife both enrol.
- If you are a full-time missionary.
- If you are a full-time volunteer and do not work for a salary.
- If you work at an NGO or a similar kind of organisation and receive a minimum-related salary.
- If you are a citizen from a 3rd world country with a low income.

Please note that bursaries are limited and not guaranteed, and will only be made according to the above criteria.

To apply for a bursary, please send an email to Marietha Malan to request a bursary application form: <a href="mailto:online@petra.co.za">online@petra.co.za</a>

### **TERMS AND CONDITIONS**

1. Please note that you will not receive your **Declaration of Completion** if any course fees are outstanding at the end of your study year.

<sup>\*</sup>Please note that the R1 500.00 registration fee is non-refundable, even if studies are cancelled before the course starts.

- 2. **Assignments** must be submitted once a week (on dates as agreed upon with your online mentor). You will receive feedback from your mentor within a week. Your submission calendar is adaptable (in coordination with your Online Mentor).
- 3. Cancellation of studies will result in forfeiture of the course fee.
- 4. **Privacy Policy:** The personal information you provide will only be used for the purpose of the course you are registering for. By completing this form, you are agreeing that your personal information provided may be shared with the staff and associates at Petra Institute for follow-up concerning the course.
- 5. **Declaration on child safety and protection:** "I confirm that I take full responsibility for protecting the rights and safety of children at all times and that I have never been guilty of any offence that would compromise their well-being. Additionally, I acknowledge my obligation to comply with all relevant child protection laws and regulations."

"I have read this document, understand the content and <b>agree to comply</b> with it."					
APPLICANT NAME:	APPLICANT SIGNATURE:				
DATE:					
Please ensure that the following is completed:  Application form  ID or Passport copy of the applicant  Bursary Application (if applicable)					
Attach it to your e-mail and send it to online	<u>@petra.co.za</u>				