

APPLICATION: WALKING WITH WOUNDED CHILDREN 2026

Providing primary psychosocial support for children who are emotionally wounded

Course Date and Location: 24 September – 3 October 2026 at Lewende Woord, Centurion, Gauteng

Course Description:

The course aims to provide skills, knowledge and values for faith actors* to support emotionally wounded children on a primary level. The course introduces the participants to:

- understanding trauma and its effects and assessing emotionally wounded children
- principles of healing relationships and active listening
- skills and tools to assist in the support of emotionally wounded children
- a theological framework for faith-based psychosocial support of emotionally wounded children

OUTCOMES

At the end of the training, the participants can:

Attitudes component:

- ☐ report of growth and healing in their own personal/spiritual lives;
- ☐ demonstrate healthy values and attitudes in relationships with self, God, other adults and children;
- ☐ formulate personal commitments to key values, principles and skills to support emotionally wounded children.

Knowledge component:

- ☐ describe Biblical principles for emotional, social and spiritual healing, particularly in terms of the concepts of peace and respect;
- ☐ describe key elements and purposes of child counselling;
- ☐ explain the effects of traumatic experiences on children, with reference to Post-Traumatic Stress Disorder (PTSD), Attachment Disorders and physical, behavioural and emotional indications of abuse, amongst others;
- ☐ differentiate emotionally wounded children from other children;
- ☐ explain the basic principles of a therapeutic or supportive relationship;
- ☐ differentiate between helpful and unhelpful counselling responses;
- ☐ explain the basic principles of the so-called “STOP sign model” to support severely traumatised children,
- ☐ explain stages of sexual development and how to educate children in each stage;
- ☐ explain the effects and indicators of sexual abuse and the steps to support a sexually abused child.
- ☐ explain the principles of critical incident stress debriefing (CISD) to help a group of children in a crisis;
- ☐ explain the fundamental elements of a “healing community” (therapeutic intergenerational small group)

Skills component:

- ☐ apply practical ways to assess emotionally wounded children on a primary level;
- ☐ build a healthy therapeutic or supportive relationship with a child or children, applying the relevant principles;
- ☐ apply the basic skills of active listening and empathic responses;
- ☐ help develop a child's understanding of emotions and the meaning thereof;
- ☐ apply the principle of active listening to the non-verbal communication of children through play or drawing;
- ☐ apply basic tools to support emotionally wounded children, including the use of toys, sand-play, drawings, clay-work, games, lifelines and storytelling;
- ☐ apply key principles to establish and lead a "healing community" session.

Method:

The course is built on trust, respect, transparency and participation and aims to equip participants with values, skills and knowledge. Methods include: Lecture discussions, individual and group study, demonstrations, role-play and learning by doing. Participants have the opportunity to work with children in a controlled setting and are assessed on these sessions, simulated sessions and assignments.

Accreditation:

The course is accepted as credit-bearing through recognition of prior learning (RPL) with the South African Theological Seminary.

Application requirements:

- ☐ Adult Basic Education and Training (ABET) Level 1 or higher.
- ☐ No previous education in psychology/psychosocial support is required.
- ☐ Foundational training relating to children and families is recommended, but not required.
- ☐ Currently involved with children in some form of care, support, development or formal/informal education.
- ☐ Fluent in the language of tuition/language of interpretation.
- ☐ Affiliated with a recognised faith community.
- ☐ Signed declaration concerning offences against children (where applicable, provide a Sexual Offenders Register Clearance).

Venue:

Lewende Woord, Centurion

[Corner of Adam Tas and Lyttleton Road](#)

[Clubview, Centurion](#)

[Gauteng](#)

[0014](#)

Accommodation

- This is a commuter course (does not include accommodation).
- Should you need help finding suitable accommodation, you can contact the course coordinator, who will provide information about suitable guest houses near the venue.

Registration & Fees:

- ☐ The course fee for 2026 is R4 000. This includes training, training material, and lunch.

- ❑ A 10% (R600) is payable upon application. The outstanding amount is payable by the application closing date (10 September 2026) or, by special arrangement, before the course starts.
- ❑ Completed application forms, accompanied by the deposit and a copy of your ID or Passport, must reach us three weeks before the course starts (i.e., by 10 September 2026) to secure your place. You are welcome to commence with payments early.
- ❑ There is a strict limit to the number of participants. Early entries will receive priority.
- ❑ Travelling costs and accommodation fees are not included in the price.

We are looking forward to meeting you and having you in the course.

Kind regards,

Nicole Mamadi

Course Coordinator

Petra Institute

Pretoria

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Registration Form: Walking with Wounded Children
3 to 12 October 2025 | Lewende Woord, Centurion, Gauteng

Surname:	Title: Please indicate with ✓ Prof ☐ Dr ☐ Rev ☐ Mr ☐ Mrs ☐ Miss ☐	
First Names in full Add a copy of your RSA ID or Passport		
First name usually used		ID or Passport No.:
Date of Birth:	Year:	Month: Day:
Language:	Home:	Other:
Postal Address	P.O. Box:	
	Town/City:	Postal Code:
	Country:	
Physical Address	Street Address:	
	Town/City:	Postal Code:
	Country:	
Phone numbers:	Home:	Work:
	Fax:	Cell No:
Email:		
Profession/ Occupation:		
Former training:		
Training in children's ministry (give details):		
Present involvement with children (give details):		
Former training in counselling/		

psychology (give details):			
How will you use what you learn in this course, in the next few years?			
Means of Payment	EFT		IMPORTANT: Please email a copy of proof of payment to: nmamadi@petra.co.za for registration purposes
	Cash		
			Electronic/Bank transferral Petra Institute ABSA Bank, White River Branch code: 33 44 52 45 Cheque account no: 1370 140 525

PLEASE NOTE:	
We confirm that the personal information you provide will only be used for the purpose of the course you are registering for. Do you agree that you information provided may be shared with the relevant staff and associates at Petra Institute for follow-up concerning the course?	Yes, I agree ☐ No, I don't agree ☐
I agree with the Privacy Policy and Terms & Conditions You are welcome to request a copy of the above documents in the comments section below, should you not be able to open the link.	Yes, I agree ☐ No, I don't agree ☐
Signature of applicant:	Date: