

WANGARATTA & BORDER CARDIOLOGY & RESPIRATORY CENTRE

NAME	APPOINTMENT
ADDRESS	DATE.....
DOB PHONE.....	TIME.....
	LOCATION.....

Cardiology tests ☐ 12 lead ECG ☐ 24 hour Holter monitor ☐ Extended monitor: ☐ 72 hours ☐ Heart Bug up to 30 days – WANGARATTA ☐ 24 hour blood pressure monitor ABPM ☐ Echocardiogram (transthoracic) TTE ☐ Tilt table test – WANGARATTA ☐ Pacemaker – ICD – Implantable Loop recorder- WANGARATTA	Respiratory tests ☐ Spirometry & Oximetry ☐ Gas transfer study - TLCO ☐ Bodyplethysmography – Lung volumes ☐ 6 minute walk test – 6MWT Respiratory muscle strength - MIP & MEP ☐ Home Oxygen Assessment (includes spirometry, TLCO, 6MWT, BG) ☐ Bronchial provocation test with mannitol- WANGARATTA ☐ Overnight Oximetry with Holter monitor - WANGARATTA ☐ Cardiopulmonary Exercise Stress test - WANGARATTA
Other tests ☐ Capsule endoscopy – Pill Cam – WANGARATTA	

☐ Exercise Stress Test (please select Medicare approved indication for Exercise Stress Test only) ☐ Ischaemic symptoms ☐ History of other cardiac disease which may be exacerbated by exercise ☐ Known ischaemic heart disease with symptom evolution ☐ First degree relatives with suspected hereditary arrhythmia ☐ Medicare criteria not met: patient self funding
☐ Stress Echocardiogram: WANGARATTA (please select Medicare approved indications for Stress Echocardiogram only) ☐ Symptoms of typical or atypical angina ☐ Exertional dyspnoea of uncertain etiology ☐ Resting ischaemic ECG changes without known coronary artery disease ☐ Known coronary artery disease and evolving ischaemic symptoms or suboptimal response to medical therapy ☐ Known coronary artery lesion of uncertain functional significance ☐ Suspected silent ischaemia ☐ Pre-operative with poor exercise capacity and IHD/ Heart failure/ Stroke/TIA/ eGFR<60/ Diabetes mellitus on insulin ☐ Before cardiac intervention: Correlate functional capacity with ischaemic threshold, ☐ Functional assessment of mitral regurgitation or correlation with functional capacity, Cardiac output assessment to determine aortic stenosis severity ☐ Medicare criteria not met: patient self-funding

Clinical notes / medications

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Referring doctor: Name: Provider No: Phone: Address:	Copies to: Signature Date
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Dr Philip Macleish
Dr Andreas Baisch
Dr Robert Krones
Dr Nancy Bilkhu

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PATIENT INSTRUCTIONS

ECG studies

- ☐ **12 lead ECG:** Allow 15 minutes. Please wear loose clothing.
- ☐ **24h Holter monitor:** Allow 20 minutes. You will be wearing a small monitor for 24 hours. You will be able to continue your normal daily activities but unable to bathe, shower or go near a welder.
- ☐ **Extended Holter monitor:** Allow 20 minutes. You will be wearing a small monitor for between 3 to 30 days. You will be able to continue your normal daily activities but unable to go near a welder.
- ☐ **Heart Bug:** Allow 20 minutes. You will be wearing a small monitor for between 1 to 4 weeks. You will be able to continue your normal daily activities but unable to go near a welder.

Blood pressure studies

- ☐ **24h Blood pressure monitor:** Allow 20 minutes. You will be wearing a small monitor for 24 hours. You will be able to continue your normal daily activities but unable to bathe, shower or go near a welder.

Echocardiography

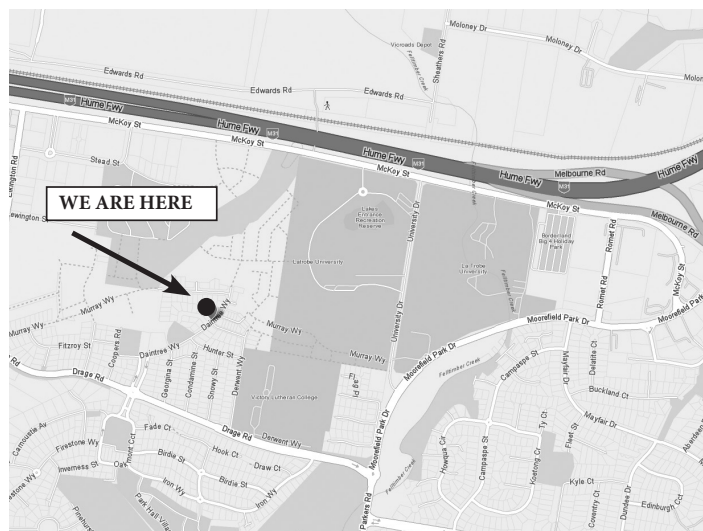
- ☐ **Echocardiogram – transthoracic (TTE):** Allow 1 hour. Ultrasound examination of the heart. Please wear loose comfortable clothing, preferably trousers/skirt & top/shirt (not a dress).
- ☐ **Stress echocardiogram:** Allow 1 hour. This is a 3-part test. You will have a transthoracic echocardiogram, then an exercise stress test, followed by another echocardiogram. Please wear a short-sleeved, loose top/shirt and a pair of comfortable flat-soled shoes or runners. Some heart and blood pressure medication may need to be stopped 24-48 hours before the test. Please discuss with your doctor. Further instructions will be given when the appointment is made.

Pacemaker Clinic: Allow 30 minutes.

Respiratory studies: Do not smoke on the day of the test. Please bring your inhalers and spacer with you to the test. Some inhalers or respiratory medication may need to be stopped 24-48 hours before the test. Please discuss with your doctor. Further instructions will be given when the appointment is made.

- ☐ **Spirometry & Oximetry –** Allow 30 minutes.
- ☐ **Gas transfer study – TLCO –** Allow 30 minutes.
- ☐ **Bodyplethysmography – Lung volumes –** Allow 1 hour.
- ☐ **6min walk test - 6MWT:** Allow 15 minutes. Please wear loose comfortable clothing and a pair of comfortable flat-soled shoes or runners. This may be repeated with oxygen.
- ☐ **Bronchial provocation test with mannitol:** Allow 1 hour. Instructions will be given at the time of making appointment.
- ☐ **Respiratory muscle strength MIP & MEP:** Allow 30 minutes.
- ☐ **Home oxygen assessment (includes spirometry & oximetry, 6min walk test, BG):** Allow 1 hour. Further instructions will be given when the appointment is made.
- ☐ **Overnight oximetry with Holter monitor:** Allow 20 minutes. You will be wearing a small monitor which includes a finger probe for 24 hours. You will be able to continue normal daily activities, but unable to bathe, shower or go near a welder.
- ☐ **Cardiopulmonary Stress Test.** Allow 1 hr. You will be exercising on a treadmill or exercise bike while your heart rate and lung capacity are being monitored. Please wear a short-sleeved, loose top/shirt and a pair of comfortable flat-soled shoes or runners. Further instructions will be given when the appointment is made.
- ☐ **Exercise stress test:** Allow 45 minutes. You will be exercising on a treadmill while your heart rate is monitored. Bring a short-sleeved, loose top/shirt and a pair of comfortable flat-soled shoes or runners. Some heart and blood pressure medication may need to be stopped 24-48 hours before the test. Please discuss with your doctor. Further instructions will be given when the appointment is made.
- ☐ **Tilt table test:** Allow 1 ½ hours. Further instructions will be given when the appointment is made.
- ☐ **Capsule endoscopy – Pill Cam:** Allow 15 minutes. Further instructions will be given when the appointment is made.

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REGIONAL SERVICES

Beechworth – Beechworth Hospital - **Benalla** – Benalla Hospital - **Bright** – Bright Medical Centre
Myrtleford – Myrtleford Hospital - **Yarrawonga** – Yarrawonga Hospital