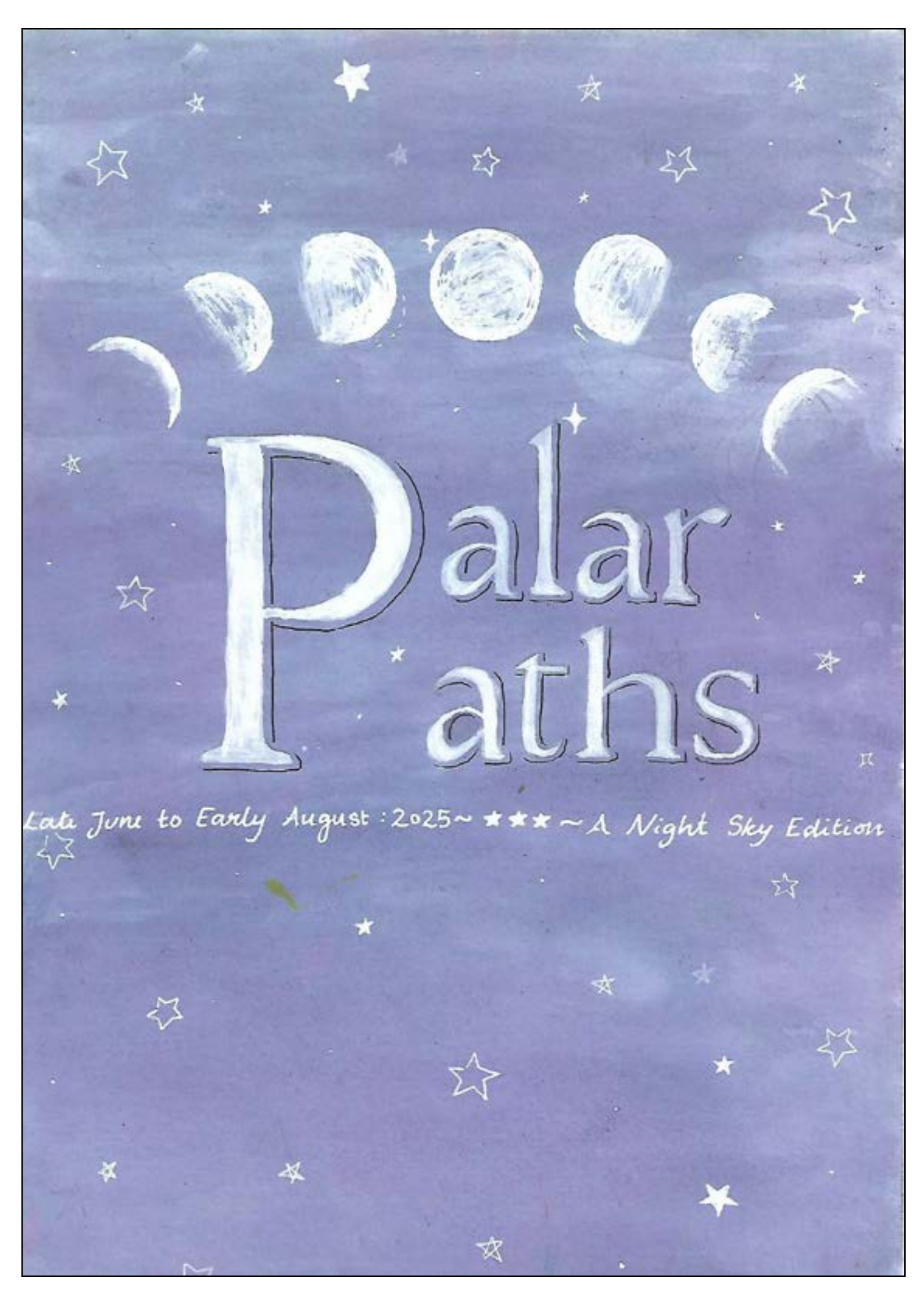




Palar aths

Late June to Early August : 2025 ~ ★★ ★ ~ A Night Sky Edition

A note from the editors.

DEAR READERS,

This newsletter has been worked extensively. It contains our blood, sweat and even tears. A lot of effort has been put into it at different times of the day, during different weather patterns, be it rain or shine. And with great joy we present to you our newsletter. Encapsulating the essence of Pathashala. We hope you enjoy reading it.

- The Newsletter Committee
of Pathashala



—★ of a night sky edition ★—

This time we chose a theme incredibly near and dear to our hearts. The beautiful dark with bright spots - night sky. Most of our sections have names related to the sky. This is thought through with deep meaning and will be explained in the following pages.

A Glimpse into Path^ashaala this past month and a half

The first few pages are simply a gist of our school.

With words too many and drawings just enough.

New North Beginnings

The north star always denotes the direction we should follow and here all of us (learner educators) were back from summer vacation getting ready to face north,

to start our rich term of learning. Each writing is either about a fictional story, a place we visited or a book we read.

- New Stars is our community

Pathshala is our sky and here we have new stars joining us, new learners - educators. Here are their views on how they have been feeling, & learning and cherishing memories.

- Whimsical Workshops

Our school has a wide range of wor^kshops conducted which brings out a sense of pure uniqueness, being whimsical. Be it dancing and learning about different cultures. Even listening to a talk on drug awar^eness and making posters.

Terrestrial Trips

Terrestrial is related to earth and here junior classes [5th - 6th grade] and an El going for the trip with classes [7th - 8th grade] share where they went for their trips and what it made them feel, learn.

Galactic Goodies

Why not pizza? Recently, a group of seniors have taken an initiative with baking in our school! These treats - pizza, chocolate cake, banana bread, etc made a galaxy of fulfilled dreams for us L&L (Learner & Educator) educators). It ~~was~~ is the first time from the 15 years of Pathshala that bread has been baked for the whole school by L&L. They took this also as their Community-oriented work. Here are their experiences!

Glimmering Games

The games field is a place to shine, shimmer with all our talents. Here are views and news about events on and off the games field.

Circles, connections and culture

We have different circles in Pathshaala where we connect with one another, be it through learning new songs in our singing assemblies, talking about what does it mean to live without fear in culture classes/CTPs. Even in the neem circle where we pause from other work and talk. Contemporary^{po} Studies where we talk about ourselves and the world around. Even be it playing five stones together. All these spaces for reflections, quiet time bring out our culture. Here is what's talked about in our circles!

• Wellness Club

Clubs are small meet-ups with various art-theatre, art, calligraphy, music and etc. Wellness club focuses on our emotional well being, understanding, connecting with problems related to our mental health and world

around, creating a non judgemental space. Here are some views of L's from the wellness club.

• Flock together

Here is a sharing of an event where people in our school (anyone) comes up and shares what^{is} a powerful medium of expression for them. This is through skits, singing or even dancing.

Afterglow Assemblies

Assemblies are spaces where any person [El or Le] come up and shares what they know and value about something that resonates with them. Resource people are invited, like Anita akka, who spoke about emotional well-being. There are also book review assemblies where L's/E's can come up and share their feeling reflection towards it. All this is after glow as it is after all the hard work that made a star shine so bright that they

come and share what happens after, which brings out their pure care with a soft glow ♥.

• Drama Fest

This is an event our school has participated in for the first time. Different schools come up (including our school) ^{and} put up plays. Path^oshaala was delighted to be invited. Here are the views of L's in Drama fest.

- Also Academics - As always here are some voices from happenings activities in our classes!
- Krishnamurti Retreat - Here is a reflection from a Teacher Orientation program participant on retreats recently conducted.
- Lastly VS

This section has the feelings, reflections, insights about how we felt, what we (the newsletter committee) are left with.

• Credits

This has our appreciations and thanks to all those who contributed to our newsletter.

पाठशाला

शिक्षण संस्थान नहीं केवल,
जीवन-मूल्यों की स्कूल !
शांति की, विश्वास की बातें और अनुसंधान,
स्वेल में, बालों में, अहं सब कुछ,
हैं अपनत्व !

शिक्षा, शिक्षक और विद्यार्थी,
दृष्टि पर अहं पाठशाला !
सूरज की वपस, तो चिपचली का हावने,
सीमाओं से परे, अन्तर्-क्ष को छूने की
कल्पना ! अधार्थ और दार्शनिकता का
समन्वय ! पाठशाला, पाठशाला !

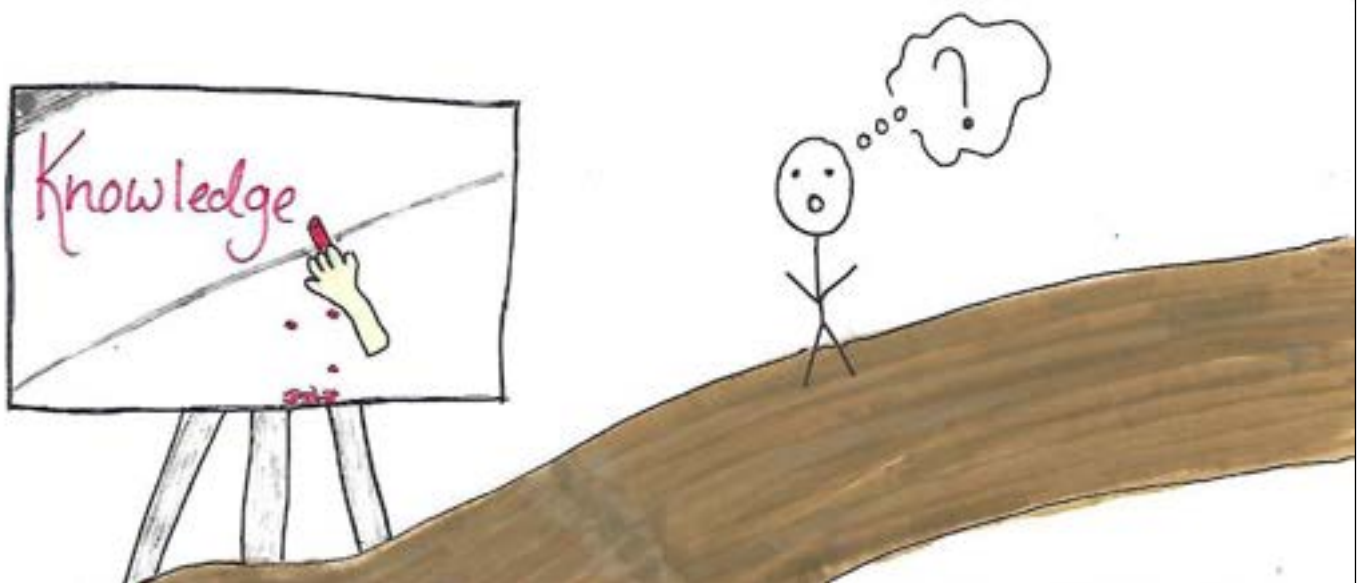
सुधा लक्ष्मी

28 जुलाई 2004

The Untrodden Path

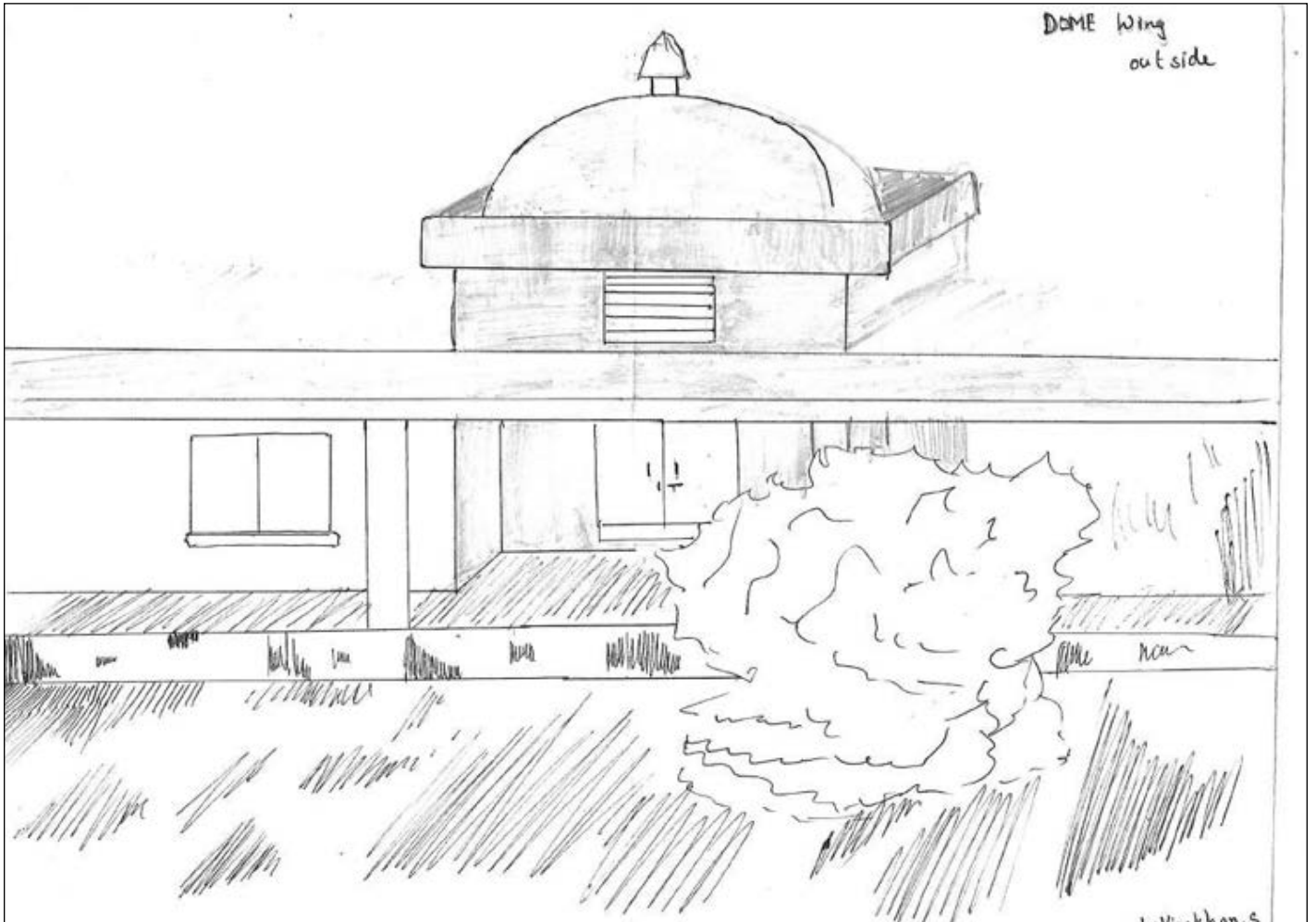
- By Aalfred Anna.

In learning spaces, education never sleeps,
Vibrant Young and old, their eager vigil keeps.
In the courtyard, I stand with purpose bright,
To kindle flames of knowledge pure and light.
In Pathashaala voices echo strong and deep,
Wisdom learned, as promises we keep.
In three circles, Questions are made,
Lifelong learning, very finely laid.
As I, a learner, learn more each day,
From Arongo to Iora, wisdom's all the way.
Where chalk dust and rain settles, lessons bloom,
As twilight hues embraces, chasing back gloom
The Untrodden Path.





By Avyukth (AS1)



By Visakhan (SMAG)

NEW
NORTH

BEGINNINGS

KAGERA

The storm had been going on for a week already. Capt. Arnold had been affected by scurvy 10 days into the journey. We've been ordered to find land since our food stock is almost over. Last night, we had a meeting about who should be the new captain as Dr Warlo has suggested ^{that} Capt. Arnold ~~to~~ get some rest. With Capt. Arnold bedridden and me as Captain assistant, I'm the new captain ~~the~~ till he recovers. I haven't slept for 2 days now. There's always some work or problem on the ship. When Capt. Arnold asked me if I would help him find Kagera, the mythical sea creature, I knew he'd gone crazy. Just then I thought about what all he's sacrificed for me, so I agreed. Lost in thinking about my old friend, I was ~~was~~ interrupted by Thomas. He

Slammed the door open with great difficulty, trying to balance on the rocking ship. He stared at me ~~me~~ blankly and snapped back, 'Sir, there's a commotion, 2 sailors are fighting over food again.' I got up and made my way to the kitchen rushing past him almost falling over. I turned to see if he was fine when my eye caught something outside the window. There was a soft glow coming from the water. People say that the Kagera glowed on stormy nights. I turned to Thomas in disbelief, speechless.

— Chahal B. Singh
Class 9



SHOE DOG



- PHIL KNIGHT

The book is the auto-biography of the "great shoe making company" NIKE. The story has numerous number of things to learn more than the swoosh and the logo. Phil passed out of his collage and had a crazy idea of selling Japanese shoes in the west with an investment of \$8000. Today its net worth is more than \$8 billion. The character I like the most is the author who is the protagonist, who never gave up on his "crazy" idea and was always open for ways to improvise his business. He was never discouraged by the difficulties in his miraculous journey and had learned to respect the spirit of the Japanese when they were acting as if nothing had happened between Japan and the US during the World War 2.

I learnt how everything is possible,
if you put in 100% effort and believe
in your idea. I also learnt to never
give up and leave the negativity of the
past in the past, start fresh and
keep your relationship alive!

- Niketh
Class 9



Photo by Ramesh anna

THE FRIGHTENED DEER

Once, there lived a deer who was frightened of other animals. He would run away as soon as he saw them. It made everyone ponder, "What made him run away?", Was it the searing pain that they gave? or was he just scared. One day, he saw a fox. The fox tried to befriend the deer, though he was left with no response. After a while, the deer was searching for water. He searched and searched left empty handed. The fox was also in search of water and he had found it! He gave it to the deer with a smile. This is when the deer realised that, he should interact with everyone, until or unless he gets to know who they really are.

THE GIRL WHO DRANK THE MOON!

XANO - My favourite character

She was a very kind hearted and humble person. She had made a spell to protect Luna until her 13th birthday would arrive. Of course such a spell had consequences which meant sacrificing her life to protect Luna from the powerful magic erupting from within her. Even when she was sick, she still went to collect the sacrificed baby left in the dense forest.

- Madhura,
Class 7





A TRIP TO Goa!

I went to Goa, a week before coming to school. I flew over the western ghats to reach GOA - "The beach world". The place was supposed to be hot, though due to climate change, there was a sudden difference in the weather. Due to the rain I couldn't visit many places but in the slight drizzles and rain the place looked very pretty. First when I landed I saw the trees and plants there, the next thing I saw was the different people there. It had a very rich diversity. All of them were tourists so I got to know that Goa is a place of tourist attraction. I visited some places like Reis Magore fort - it had a very confusing path because suddenly you might see some steps going down, up etc. It was very good experience. I went to Saint Xavier's church, it's named like this because there was a saint called Xavier and as he wanted to spread Christianity he moved out of Goa.

and went to some places like China. He had also told that he wanted to go back to Goa after he dies, in a journey of 7 months and it happened so. The main point is that his body did not decompose after dying, so we can still see him lying in a glass chamber. I also went to a museum, which was a museum which showed the history about Goa at the time when dutch people captivated them, so it shows how dutch people look like. The beach I visited in Goa was really clean, the waves were not aggressive or ^{just} quiet, it was perfect for enjoying.

- Sriridhina G
grade 7

New Stars in our community

In the beginning, the children of Panchashala were filled with excitement for the start of the new LE assets assembly, I Krishav, P played the guitar. I also enjoyed when Tasmey played the Tabla and also Umung played the keyboard. It was very nice to watch.

Some people sang poems like Shruti and also she had done a very good job singing at the assembly. And many people did too. I loved it and because of that we have a singing and music club. I want to be in it next time.

It is one of the best things, music.

- A Krishav

(6th grade)



My Experience as a new LE

Honestly, I felt homesick for the first 1 hour. It was so good, I came, met my friends and Aaryan Anna. Using dry toilets took some getting adjusting to far after the first few days. My new friends showed me how to play five stones and I started playing it. At first, I felt studies was easy. Now, I feel, I am learning new things in a very easy way. One thing I really value about Pathshaala is the assemblies. The assemblies, like anti drug assembly, well-being and singing. I

value them all. These assemblies give me almost as much information as studies. I also value culture classes. The questions and the way they are conducted are amazing. You learn a lot, you go deep in questions you want to ask. ROTA (Rotational activity) is one more thing I really like because, even though you do not do work everyday, you learn to be independent. Dance workshop was one more thing I really liked. One day, when I was missing home and one of my friends, my dormmates confronted me. The steps in the dance workshop were marvelous and easy!

Overall, It is amazing in Pathshaala. I always will continue to have scope for improvement.

- Aniket,
Class 6



Photo by Ramesh anna

HOW WE FEEL ABOUT PATHASHAALA



There are many fascinating things about Pathashaala like being woken up to the sound of chirping birds. It's a mesmerising experience that you can't find in many other places, and this is only one out of the many things we admire about this school! One of the most important things is that your voice will always be heard no matter what situation you are in. You know you can always depend on people to help you step forward because you are in a safe and comfortable space. People know what you are going through so they help you get over it and they never make you feel bad. Another thing we like about Pathashaala is the assemblies. Assemblies bring the whole school together to do various activities such as singing songs and diving into interesting topics. They also provide us the stage to show an audience what we've discovered! In conclusion, Pathashaala gives us the chance to learn more about ourselves. From the nature to the importance of people listening to you in the assemblies. Pathashaala is the place where we have a peaceful and engaging life.

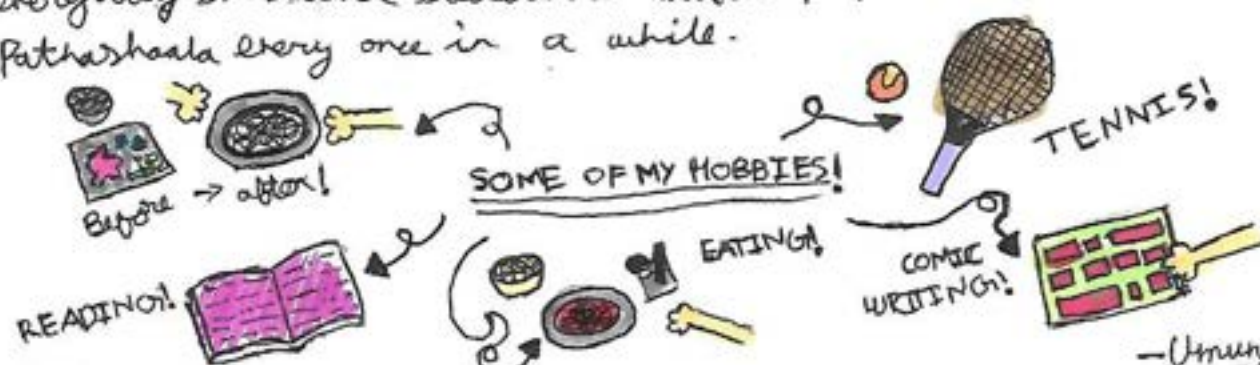
- CHINMAYEE & THARUNIKA

HOW I FELT DURING THE NEW LE ASSEMBLY

About a week before the new LE assembly, I was very shocked to find out that all new LEs must present one of their interests! I wondered for a long time thinking "what should I do?", and then it hit me. At home, my brother had taught me a bit of a song named "The Scientist" on my keyboard, so I decided that I would play a piece of the song.

On Sunday, I felt very nervous, but happy it will all be over very soon. When the first person was called on stage, I felt a tinge of excitement and all my nervousness faded away. I have to admit, though, that all of the other new LEs' performances were outstanding! When I was called on stage, I knew that I was going to nail it! When I started playing, I didn't care about anything else. It was just me and my keyboard making beautiful sounds. I think everyone felt a bit more calm after that. I felt SO relieved, but I also thought about my parents being very proud too. (Amazing people).

Overall, I realized that this place is an open, free, and safe space. Like a wise person once said, "Space which is not used is useless space!". Here, everybody is SOOOOOO friendly, that you can walk up to anybody and talk about (almost) everything. Even the ELs can make your day from good to AMAZING! I loved the experience this place had to offer, and I think everybody should be surrounded with people like the ones in Pathashala every once in a while.



-Urmil, class 7

The experience
of a new LE explained

the life of a new LE? miserable, sad, homesick, and a craving to see the outside world. That's what I thought the next 2 months or so would be like, right as our car drove past the gates. How wrong I was. The first week I'm pretty sure half the school talked or walked with me & when almost all my clothes got taken away, it was a helpful senior who convinced me to sort it out with Anna, or I'd still be wearing the same outfit over and over again. Without ~~out~~ the people, food that has a pinch of home in it, and that wonderful feeling of togetherness in this place we call Patashala has made me feel almost right at home. To me togetherness is equality and kindness (which is really everywhere) from helping a friend to just not squishing an ant. I'm starting to enjoy everything about this place especially the people who guided and helped me with every step and turn. Thank you a lot.

Roshni of
9th grade

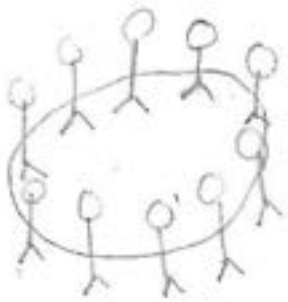
WHIMSICAL WORKSHOPS

Dazzling Dances

The dance workshop conducted by Mahesh Pandey Anna was really fun and engaging. It was like a stress buster for me. It left me with a feeling of freshness and ability to concentrate better on my academics. It also helped me in keeping my mind calm and attentive. Through the workshop, I learned to be persistent and open to learn things. The most important thing, was the way in Mahesh Anna taught us. It really boosted our motivation through dancing. We also learned about folk cultures from different countries. It showed the value of coming together as a community.

It spreads the idea of togetherness. This dance workshop allowed me to take a break from the hustle and bustle that I face everyday. Overall, this workshop was quite meaningful and taught me a lot apart from moving in sink.

- Pratham, AS Level



DRUG AWARENESS WORKSHOP

-By Vijaya Akka

Drug awareness has become a staple in today's world. Many people are falling through the trap of addiction. Vijaya akka, being a psychologist and well informed person about drugs, had talked to us. She had explained the concept of people wanting to take drugs first itself through a story with real life examples to make it more relatable to us. Instead of throwing facts and information on us, she explained it as a storyteller would. She talked about how even candies found on road side shops could be laced with same kind of a drug. She talked about how these instances occur even in some schools.

This was a very alarming piece of information that stayed with me the most. We then had a Q&A session with akka, more we asked our questions and she answered. This was also very nice. In the end we were all supposed

Stuck across our learning spaces. Overall it was a really energetic assembly.

KEA

- Nandhana KARTHIK
Class 8



Drug Awareness

To start with I would say this meeting gave me a sense of understanding more than judgements. This also reminds me how easy it is to judge people, to make images way more faster where we should actually slowly step by step see what made something or someone what it is or who they are now. I also rediscovered and recalled how the human brain is now. It's also coded in a way that we tend to look for shortcuts, faster routes with anything and almost everything in life. It started from the time of hunter-gatherers when humans had a survival instinct to immediately wanting to know which person can or cannot be titled to be good ~~wasn't~~ or bad. You had to at that time think, react and respond to someone at a fast pace and maybe even now that's what the world also continues to teach us.

Studies and even neurologists say that using social media platforms is ^{or} ~~is~~ ^{is} even more dangerous than using drugs. These platforms teach us to be mostly materialistic to respond/react quickly to post something that will get many likes, to have a

profile page which is attractive - which will get you many platforms.

These platforms and drugs both give you a rush of dopamine - happy hormones - though its important to understand that all of this is only "short and sweet". At this age, then again all of this cannot be blamed but understood really carefully and looked at without lens or specks. The longing of wanting to be in group takes over so badly sometimes that you end up wanting to do something just to fit in. I am still questioning and trying to understand through what makes you want to comfort of a certain group this badly? Teenagers should also really be asking themselves why do I really want to belong in that place?

-ANUSHKA NISHRA



Photo by Ramesh anna

TERRESTRIAL TRIPS

We put on our lifejackets and got into the boat as it rocked, We sped off into the mangroves.

Recently we went on a trip to Pondicherry where on the first day, after we had lunch in pondicherry we went to our rooms where we got ready. After all that we went to the Cuddle life office where we had a short quiz session followed by snacks, as we finished eating we got into the bus and left for the beach. After we reached we made our way towards one of



the many boating stalls we put on the life jackets

that they gave us and split into groups

of 5 & 6 we got into the boats. The

boatride was very smooth and then when we

entered the mangroves we saw loads of inter-

esting animals like many different² types of

birds and few crabs after we finished

seeing the mangroves we went to the ruins

of the old roman port, that the older

people used to use for trading from

Asia to Rome after we saw that we went

back on the boat & headed towards the beach

but this boatride was very rocky. After

the ride back we reached the beach.

After we reached the beach we got onto the bus and went back to our stay. For me this experience was very different and mainly very exciting since we were out in the sea and saw how they catch fish live! so yes, I enjoyed this experience a lot and it was also really fun just sitting on the boat and exploring the mangroves.



-Praksha
class 6



Trips and what we discovered.

(Trip to Pondicherry)

Day 1 -

On the way to Pondicherry, we stopped to visit a farm called Moresis.

After reaching we went to our rooms and kept our luggage. Then we went to Kadal Life Office for a quiz.

This was then followed by boating inside the mangroves.

We then came to the rooms, changed and went to the office for dinner.

- Suman [TMAA]

(Trip to Kodaikanal 'Vaaranam Farms')

This was my first school trip, we left for Kodaikanal on 27th July evening and reached the next morning to our stay, Vaaranam Farms, which is a remote place created in a forest. It was so silent, beautiful, and amazing.

Then the next day we had gone for a long hike of about 17-18 kms passing through forests. It was a nice experience and everyone enjoyed it. We observed that a few hiking / trekking sites were of great co-ordination of body, mind, and breathing.

We got to learn a lot about nature from Senthil Anna (our organizer). He told that a few grasslands are more important than planting trees as it holds a lot of water which contributes to small streams.

Overall, it was a very nice trip full of joy and exploration of nature.

- Aryan Anna



GALACTIC Goodies



Bread of Pathashala

The bread here is
so tasty I love it,
it is the best snack
in Pathashala for me.
The level of sweet
is perfect and yummy.
the first time i
ate it was like heaven,
yum. From that day
I only crave for the
bannana bread.
credits to- Shreshth,
Maan, nithin, Darshal

By - RITHIKI



WHY NOT PIZZA?!

As soon as we made our bread, we asked ourselves^{ve} 'Why not pizza?!'. The main intention of fixing the oven was for pizza only! We wanted the pizza to be unique, something that everyone has not ~~been~~ tasted before. At the same time it had to be healthy! We didn't want to use maida (all purpose flour) as our base, we wanted something healthier. Instead, we used ragi mixed with wheat flour for the base to be little soft, because once we use the base will become too hard. So it was the best that we had wheat. Obviously^{ows}, we couldn't do this all by ourselves! We needed extra hands so, we took help from E's and NTS akka's. The NTS akka's were very helpful as they were curious enough to know how pizza is

made and they taught us how to use the dough
mixing machine, which made us get the dough ready
in no time! In order for the yeast to do its work,
we let it rest in a side. After lunch, the team gathered
to craft the pizza and waited for the oven to do
its magic. Ta-da! the first pizza was made in
Pathshala. Upon landing on people's plate, we were
delighted to hear the comments. "The pizza is
so good that it is Ineffable!" - Pizza eater.

Some of the suggestions we received was not to put
too much cheese. One other mistake we realised was
that the crust was soft. My team and I learnt
a lot during this process, about where each
one's strengths and skills lies. My team and
I can't wait to make more food! - Nitin (AS1)
(on behalf of the
baking team)



The cooking and baking COW

The oven was non-functional last term and then Nitin persisted to remind Gautam anna to fix the oven. This term, the oven was fixed and the COW started. We have made banana bread, normal bread, Pizza with ragi base and ragi chocolate cake with butter cream. We are planning to introduce a range of new recipes which are healthy and perhaps tasty but our value is to create and make food items which are beneficial to health. The process of making these items is filled with joy and cheer. We love working and co-operating with the NTS akka's in the kitchen because they always support and appreciate the work we do. Also, as we stayed in kitchen for long time, we also got to see the hardwork which goes in making food for the whole school. We were afraid that things might not turn out, the way we expected but the amount of efforts, care and hardwork which we put, would have contributed to our success.

-Darshil (AS2)



G LIMMERING ames

A day in a basketball game



I like playing basketball. As basketball is a team sport and can help in developing your communication and coordination. A day in a basketball game is really productive! Before playing the match, we do drills. This helps with all of us learning together, no one being left out and sharpening our skills. After around 15 minutes of drills, we split into two teams and play the match to implement our skills. We end with a group discussion. About how the game went - achievements and improvements. Also about picture postcards, one moment in the game you would want to take a picture of and send to your friend. Overall, basketball is a fun game. I would invite people to try basketball at least once!



- Chakresh,
class 9



MORE

BASKETBALL!!!

Most of the days, LE'S look forward to playing games. Basketball at Pathashaala is like none other. We first do a quick warm up, after which we involve ourselves into various drills which include passing, shooting, dribbling, etc. We also practice skills in which we need to improve upon. Towards the end of the one hour games time, we play a quick 15 minute game to implement all the skills we learned through the session. The game is usually active, energetic and an amazing way to come to end of the games time. Last but not least, we have a crisp 5-10 minutes discussion in which we share what we learned, what we need to improve and what we enjoyed. This is how we cherish Basketball during games.

-Mirithika
(Grade-8)

Games (AS & A)

Our games are filled with joy and happiness. While, doing all this; we focus on building our skills and also maintain continuity like° if I am playing basketball, I would regularly practice the relevant skills and improve slowly. We also try the games which we do not play frequently for example° we recently played volleyball and are planning to play football soon. I always play with energy and have a great amount of exercise as basketball includes a lot of running.

-Darshil (AS2)





Circles connections culture

When I think about the singing assemblies that happened this term in school, I think of not just all of us sitting in circles but bonding as a community with meaning and even rhythm of songs. Today, we were learning a mongpa language song from Tsandong, akka and other Els. We also learned about how the song describes Himalayas - peaceful and as a place of love.

We were repeating through the lines of the songs from circles, not only with words but with building a culture in the community. Space where someone can come up and share their values, roots and care, knowing that they will be heard. Knowing that it will not just be them only caring but other people also strongly sharing the bond of valuing to learn, comment, listen and reflect.

For myself, I would say that there is definitely an immense learning here for respecting even when you do not like a form of expression.

Later some of my friends and I shared a song very true to all of us (in the assembly). It was called ♥ "Sapne re". It was about dreams

- My dear dreams came true, I pray for them to.
Nights I've spent awake chossing stars to make my dreams.
Hiding myself I pieced up the small pieces into one dream
and so on.

It felt free to express this and being listened to leaves me with my smile ~~rich~~ riches.

- Anushka, class 9th



space for reflection (inspired by K's vision)

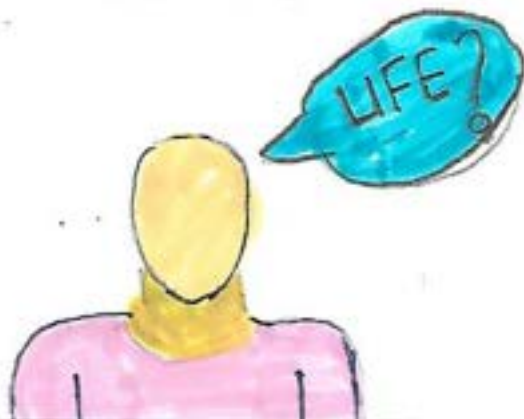
At the heart ♥ of our school's weekly rhythm is culture class — a quiet and reflective space where LE's, EL's and Gautam Anna all come together to explore important questions about life. It is not a typical lesson with answers to memorize, but rather, it's a space to listen deeply, observe without judgement, and share honestly.

Each session begins with a meaningful question — "What does it mean to live without fear?" or "Can we look at ourselves without comparing?" These are the kind of questions J.K. urged us to ask.

Culture class is not a debate. There is no pressure to speak or to agree. Instead, we listen with attention and care, and when we speak, we try to speak from silence as everyone is welcome, for it gives space for inner reflection.

Inspired by K's enquiry, these classes encourage us to observe our thoughts, emotions, and pattern of behavior. They nurture the art of questions, not for the sake of answers, but to see more clearly.

In this shared space, we begin to understand that learning is not about gaining knowledge, but about knowing what it means to live a harmonious life with responsibility.



— Shubham Anna

CONTEMPORARY Studies



This interactive session allows a wide range of perspectives on a specific issue for example:- in a recent contemporary session, we were discussing the impact of Trump and the US government on the Indian farmers and the economy. India has exported \$30 billion more worth goods than US, as a result of this US is increasing tariff by 10-20% on certain goods and also has seemingly unfair demands. This session allows me to listen to different perspectives and understand the world around me better. We are also expected that we read newspapers everyday for atleast 15 minutes, so that we are not just the consumers of information perhaps, active contributors as well.

- Darshil (AS2)

Class Teachers Periwalks

CTP's allow me to express myself freely. There is a security that, I won't be judged based on what I have shared. I have also learned a lot about myself as it allows me to reflect and understand myself. Unfortunately, there are so many things which I am unsure of, but I never found or created a space which would allow me to be ME - outside of pathashala. But CTP is the space where young people come together and learn the art of listening, asking questions which matter to us and being honest. Like recently, we were discussing about what friendships mean? Who is a friend? Whom should I trust? CTP is a medium which allows me to think about these questions and explore my perceptions, meaning carefully ~~to~~ looking at what I feel and perceive.

- Darshil
AS-2

THE NEEM CIRCLE



A school has many places - both formal and informal. However, the neem circle is a mix of both. Used for both casual talks between friends, and formal gatherings such as CTP's, the neem circle is an area which is approached by one and all. Stone benches lay in a circle, shaded by neem trees. The beauty of the place also lays in the fact that it is used often. The placement of the neem circle is a strategic one, placed near both the learning spaces, meaning all LE's have easy access to it. Seniors, during their self study time, and learning time approach this place frequently. On some occasions, classes occur here, making the neem circle very lively and filled with people. Despite the shade, the neem trees provide, the mud in and around the neem circle is cracked. Ants, and the other small organisms are always found here. The neem isn't ideal only for humans, but for animals too. In a nutshell, the neem circle is ideal for any sort of conversation between anyone, be it humans or animals.



- Nitya,
Class 10

five stones



Hello. I am Karthikeya. I think five stones is a very important game which should be played by more people. This is how you play five stones. In the first level, you toss the stones up and pick a stone from the ground and catch the stone you tossed. In the 2nd level, you toss a stone and pick 2 stones and catch. In the third level, you take 3 and then 1 stone. In the fourth level you toss 1 stone and take 4 stones and catch. Now the real challenge... In the fifth level, you toss all stones and catch them on the back of your hand. You need to catch atleast 2. Then you catch all stones from the back of your hand. One benefit is it will improve your hand eye coordination as you need to be fast in the game.

- KARTHIKEYA

Wellness Club

This club made me know more about mental health and its significance. I could relate to what is being discussed and it helped me to know myself and my mental health more.
~ Vasundhara

In session 1 we busted a few myths about mental health. One thing that really stood out for me is that anyone regardless of anything can suffer from mental health illness. It is really important to acknowledge this to effectively to treat the illness.
~ Siddhant

Wellness club has been a forum where we are able to share what we feel about mental wellness. The way we are able to interpret and comprehend with all of this is really great.
~ Nandhana

I liked the hexafus we did with Anna leading us. It helped me understand where I should focus on myself ~ Amudini

This club has helped me learn about mental health and thought process of different people. My favorite discussion was about split personality disorder and Bipolar personality.
~ Shreshth

I didn't really think that I would like this club or need it but this club has definitely helped me reflect.
~ Deshik.

FLOCK TOGETHER

FLOCK Together. It's an event, where people dance, sing, perform a play and have a lot of fun. This flock together a lot of people took part in the event with a deep sense of enthusiasm. This time I helped Ramesh anna by MCing the event and it ended-up wonderfully. Personally my favourite one was the skit of the zoo and the art gallery as it had a lot of humour in it.

— Pranay
Grade: VII, S-MAG,

AFTERGLOW ASSEMBLIES

Recently in a Friday assembly, I shared about a character from a book I have been joyfully reading, but she was not the only character I shared about! It was also about me. Anne is an imaginative, dramatic, sensitive character. She is happy even in the reality of sorrows - as she imagines them away with creativity, to sooth herself she says, "My life is a perfect graveyard of buried hopes". Even how she has always wanted a 'bosom' friend - a friend who is a kindred spirit, who would never leave her. This reminded me of a huge part of myself, of my longing of true friendships, my extreme flowering and withering way of viewing the world, my imagination to bliss, escape and so much more that can only be felt. Maybe not written. It reminded me of a poem I wrote 2 months ago. So I read it out "The sun shone brightly after rays flashed so at her, rays that nurtured her, rays that loved her. But stars around still clashed only with each other and acted like the sun was just

far fun. She wanted ~~to~~ to be seen far more than its fun. When I said this and told far everyone to hear and also how I wrote this thinking of myself as the sun and the people around as stars. It gave me freedom, a ricochet smile to know I was heard this loud and clear. Not just left with feelings to bear. Though, just before this assembly, I was somehow able to put a realization after writing about the ache of wanting to be seen. "As much as it is hard to be seen, it is equally hard to see". As much as all of us want to be and stay the sun, seen far all our light that shines bright. It is equally hard far us to see others through the same lense of the sun as well. Responses and comments really made my smile bounce off a surface. I could see from the way people shared they could see the care with all of this and I could hear echoes of the last line, "as much as its hard to be seen". Same moments spent in life are extremely cherishable; to an extent that you could spend your life writing them and still want to write more. Like once thought by Anne on her walk to school looking at evergreens with her one bosom friend, "this moment can simply not be imagined any better." This assembly was this moment far me. ♥ Value is much more than number of words

- Anushka,
Class 9



Feelings and emotions (Anita Akka)

Emotional wellbeing and resilience was the title of the special assembly that we had on 20th of July. This assembly was by Anita Akka who's a psychologist.

We ~~we~~ began with a discussion on what emotional wellbeing consists of as well as exploring two factors; how we feel about each day and how we feel about our life. We then talked about what feelings which posed the questions of when we're only limited to the psychological dimension. We took the example of anxiety and explored the many physical reactions that we face as a result of this feeling through LE responses.

Akka connected the expression of these body reactions to the fight or flight response. A main objective of understanding these terms and concepts was to learn more about emotional resilience. For the 2nd half, akka taught us the ways of strengthening building our emotional resilience and introduced us to certain ways of thinking that helps in this. This first activity where she introduced the ability of challenging our own thoughts which helps us regain them. We spoke about having a mindset that welcome learning & growth. The control circle was an activity which akka introduced to help us identify what is in our control and what isn't.

This is one of the mechanisms through which we can learn to cope with feelings like anxiety. A few other exercises were inner check ins, bouncing back, book breath, belly breathing and 54321 grounding. We even tried doing some of these exercises in the assembly.

The assembly was very interactive and almost everybody got a chance to talk and engage with akka. It was overall a very proper and nice assembly.

- Nemra, A-level



Drama fest

Drama fest, the world itself has become significant to me. This holds a lot of joy, and was an imperishable experience. The things that I felt during the process, and while performing were new to me. At the beginning, when Sumitra asked me, whether I want to participate in the drama fest, I vigorously said yes. The expectations that I had before, was not something. What drama fest was indeed, it was far better. Usually people expect 'drama' to be something unreal. You do something that has already given to you, you'll be spoonfed and you'll enact accordingly. Then Boom! The drama is ready and over. But that's not what the drama fest was. We were asked to do something that's real.

to us. We weren't asked to act something 'out there', but to discover something 'in here'. In this race of life, 'Dram fest' was like a break for me in which I could ask myself who am I. I tried to discover my values and my truth. More than discovering I was accepting myself for once and not invalidating about my truth and myself. I did it with my team-mates. We didn't just discover what's real to us, but we combined it together in a play. It's something ineffable. It wasn't just drama, but it was my entire life which I presented as a play. It was beautiful!

—Vasundhara

Drama Test



Drama Test was an enlightening process for me. Our play is called 'All dust is Star Dust', in the name itself we communicate to the audience that each and every person is significant and no one is inconsequential. This play is the saga of 7 ~~and~~ creative yet unique students, we created this play by expressing our real life issues, discussing with each other and understanding how people have different stories and pain of their own. I believe it was very courageous of me and my co actors to open up about their feeling and present it so beautifully in our play. Presenting my feelings and issues in this play has made me accept myself for who I am. This whole process has truly brought acceptance in my life and I have grown a lot as a person through this process. I am very grateful to Sumitra Akko for giving me such a beautiful opportunity to create

this play and for providing a safe space
where I could express myself with no fear.
I am also very grateful to the supporting
actors who helped us to voice our thoughts and
shaped our stories perfectly. Thankyou so much
~ Shreshthi
grover.

All Dust Is Star Dust ✨

Cast~

Ramanujam (A-Level) ✨

Nithiyashree (AS-1) ✨

Shruti (AS-1) ✨

Shreshthi (AS-1) ✨

Pratham. (AS-2) ✨

Vasundhara (AS-1) ✨

Siddharth (AS-1) ✨

Darshil (AS-2) ✨

Maan (AS-1) ✨

Tigna (AS-2) ✨

Ojas (A Level) ✨

Harshid (AS-2) ✨

Shaurya (AS-1) ✨

Hruthik (AS-1) ✨

Nitin (AS-1) ✨



ALSO ACADEMIES



Hindi class - a place for reflection and individuality. Recently, we had our first hindi class of the term. I could say with a definite nod, that it was one of my favourite classes of the entire term. AKKa asked us to write two creative expressions. One was a piece on what the society, family, and I think of, describe the term success to be. This poured out a pool of beauty - with what I see success, real success to be. Made me think, rewind back on how my parents definition of success is always just my happiness, expressing my talents, trying my best with what I have and being kind. The society, my school also showcases this very definitions of success, through space in assemblies to share, space to take initiatives with what matters

for you, creating a space of choicedless respect through
voices, reflections and so much more!!! My
definitions is aligned with all this and being with
the people I love spending time with. All of this
brought out a reflection of a gem, I have always
been trying so hard to shine. The best part
was I could express and write this in Hindi.
It was a reflection of life - not paper
for an assignment that this class brought
out. I hope our classes continue this way.

- Anushka,
Class 9

AREA STUDY - EXPLORING THE PALLAVA LAND - THE REGION WHERE PATHASHAALA STANDS

An area study is a study that is one of its kind. Studying various subjects based on a curriculum covers many skills and helps learners learn many essential things in today's world. What is it to ^{study} an area that you live on or live beside? Is it not important to learn these areas as well? Each academic term, either JMAG or SMAG LEs explore the various aspects of an area around pathashaala.

This term, in the last week, from 19th of July, 2025 to 24th of July, 2025, the JMAG LEs, with the help of many ELs, engaged in an enquiry into the land they live in, through field visits, drawing, reading, mapping, conversations, costume-making, and more. They explored Mahabalipuram and Thiruparuthi Kunderam, visited ancient temples, and observed sculptures and art that speak of a different time. They learned about the



food, and cultural life of this coastal region once ruled by the pallavas. As the area is vast, they looked at some key ones such as Mahabalipuram in detail, their demography and made sense of the data using suitable graphical representation.

In the long assembly on Sunday that followed the area study week, the LEs shared their experiences and learnings as ^apart of their presentation which also included maps and models, observations and reflections, artwork and moments from the trips. When LEs spoke about what they discovered, experienced and imagined, one could see their joy and depth of learning.

For the planning of this week of study and learning, the ELs planned, discussed, evolved and designed beforehand, and executed smoothly. For the ELs, it was yet another opportunity to work together, learn together with good cheer.



- Balaji anna



Krishnamurti Retreat for Parents

This is my first ever K- Retreat in my life. I came with many questions and confusions.

I deeply connected to a few topics.

What is education? Are we all are really educated or trained for something? Is it reading, writing and passing exams or getting a job? Earning for families and savings for future generations? Anyone can get trained anytime. Through all this we accumulate fear, stress, comparison, and anxiety. Is this real education?

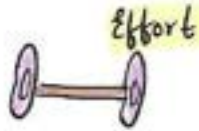
Randomisation, I thought is really important for active learning (in schooling). In the retreat Gautama anna asked us switch places and seating arrangements. Until that time I didn't realise that I am narrowing my thoughts. I always prefer to sit in one corner of a sofa and bed and don't let anyone sit there. So I felt randomisation is very important in our day to day activities.

Is appreciation really necessary? As I reflected from myself, I felt that appreciation is not necessary as we create unnecessary expectations. Those expectations lead us to feel sad and feel down when we don't receive appreciation.

With comparison and competition we get unnecessary fear, stress and anxiety. Enquiry is also very important for active learning. Whether it is relevant to the topic or not learning really happen with questions.

Bhargavi Valluru

... Lastly



- Enjoy!

This newsletter has, in the past few weeks, been intertwined with my daily thoughts. That's how the spontaneous idea of using Jamun as point for the front page occurred to me when I was in my 1st & Design class. We've given our everything to make an authentic newsletter, and we aim to make it better in the next! I've learnt a lot on teamwork and patience, it has been very exciting working on it!!

- Shruti R

The newsletter has been an enlightening journey for me. I am really grateful for this opportunity and I would like to thank everyone who contributed in the making of this beautiful newsletter.

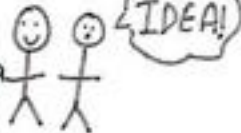
~ Shreshth G

Working on this newsletter excessively has brought me great joy being part of a space expressing News and views showcasing rich learnings, memories. Efforts too big and words too small. It has been a way of pouring my creativity. I've learned to work better as a team. Can't wait to work on the next edition!

- Anushka Mishra

Working on this newsletter was a new experience to me. It was wonderful and I learnt how to move with a team.

- Vasundara



This newsletter has helped me understand how to work in a team and develop patience.

~ Satvika G



I've had tremendous experience, while working for the news letter.

The cooperation and the effort has been ineffable.

~ Tanmay

It has been such an enlightening journey doing this newsletter. I learnt a lot more about myself and others around me.

~ Ghanavi Sai

This newsletter has been such a wonderful journey working with everyone on an important part of pamashala.

~ Roshni P

credits page

Facilitators :-

- Bhaveen Anna
with the support of
Sumit ra Akka

Photographs by Ramesh anna,
Bhaveen anna, Balaji anna and other
ELs of Pathashaala.

contributions by:

- Le's , El's , and T.O.P participants
of Pathashaala

Extra contributors:

- Mahati
- Praksha
- Shruhi (T-mag)
- Tavasya
- Sasha
- Visakham
- Umang
- Ayurth

Designed by :

- Shruhi (AS)
- ~~Shruhi~~ Ghanavi sai
- Satvika
- Anushka
- Roshni
- Shresmi
- Tanmay

Edited by:

- Roshni
- Vasundara
- Anushka
- Ghanavi sai
- Tanmay
- Satvika

contents page & order by:

Anushka
Satvika

credits page:

- Roshni
- Satvika
- Tanmay

Handwritten by:

- Roshni
- Anushka
- Tanmay
- Vasundara
- Darshil
- Ghanavi sai
- Satvika
- Umang
- Praksha
- Shresmi
- Chahal

Committee members:-

- Shresmi (AS)
- Shruhi (AS)
- Vasundara (AS)
- Tanmay (10m)
- Anushka (9m)
- Roshni (9m)
- Ghanavi sai (8m)
- Satvika (8m)



Thank

you

