

2024
2025

SUSTAINABILITY DEVELOPMENT GOALS





Fakeeh College for Medical Sciences Commitment to Sustainable Development Goals

Commitment to Sustainable Development Goals

At Fakeeh College for Medical Sciences (FCMS), our commitment to the Sustainable Development Goals is deeply embedded in our educational philosophy, community mission, and healthcare vision. Guided by the goals of Good Health and Well-being, we continuously work to enhance the health literacy, clinical competencies, and wellness of our students, staff, and the wider community through evidence-based education and impactful outreach programs. FCMS actively advances Quality Education by delivering modern, practice-oriented curricula across its diverse health disciplines, empowering a future-ready generation of healthcare professionals equipped to lead and innovate. Rooted in a culture of collaboration, FCMS strengthens SDG-focused efforts through strategic partnerships with national institutions, healthcare organizations, and academic entities, enabling the exchange of expertise, the development of joint initiatives, and the expansion of research opportunities. Together, these efforts reflect FCMS's unwavering dedication to shaping a healthier society and contributing meaningfully to national and global sustainable development targets.

4 QUALITY EDUCATION



Holistic commitment to lifelong learning

Sustainable Development Goal 4 (SDG 4), “Quality Education,” is the central of Fakeeh College for Medical Sciences (FCMS) mission, which is committed to preparing competent, compassionate, and qualified graduates capable of meeting the Kingdom health needs. At FCMS, applying SDG 4 is reflected across all undergraduate and postgraduate programs receives high-quality education grounded in evidence-based practice and real clinical experience and equitable research and support opportunities throughout their educational journey.

At FCMS, SDG4 principles are ensured through the three domains of the mission: education excellence, scientific research, and community engagement. The College achieves this goal by integrating modern student-centered teaching strategies, simulation-based learning, early hospital exposure, and community-based training that equip students with competencies required in today’s healthcare environment. The College designs its academic programs in alignment with national and international standards emphasizing on continuous faculty development, strong clinical partnerships, and supportive learning environments that promote academic excellence, ethical practice, and lifelong learning.

By embracing SDG 4, FCMS contributes directly to the achievement of Saudi Vision 2030, to human capital development, quality of healthcare services, and knowledge -based economy.

FCMS activities are categorized in strategical approach into key areas as follows: provision of lifelong learning resources, public educational events, the vocational training activities and initiatives, educational outreach programs, and dedicated support for first generation students.

This report provides comprehensive analysis for FCMS efforts and initiatives evaluating its alignment with SDGs focusing on life learning opportunities.

4.3.1 Public Resources:

FCMS is committed to providing free educational resources ensuring that community members can benefit from the College resources and expertise.

- **Free courses leading to certificate or award:**

Staff Development Unit at FCMS plays very important role in this regard. The unit provides free and continuous professional development opportunities that expand the teaching capability within its staff. for example, a structured Training of Trainers (TOT) program offered for specialized health professional educators from different specialties (Medicine, Pharmacy, Medical Laboratory Sciences and Nursing). TOT certificate empowers clinical staff and educators with necessary skills for clinical teaching, assessment methods, supervision and mentoring skills, It enables them to confidently fulfil their role through clinical teaching and assessment within their own area of practice. By making the program freely available, FCMS removes financial barriers for professional growth and equitable access to quality educational training. The details of TOT program are available in the following link:

[VISIT LINK](#)

Free access to campus facilities and equipment

FCMS Provides free access to selected campus facilities, learning resources, and educational equipment. FCMS opens its environment to external users including healthcare trainees, visiting professionals, and school groups. The facilities and resources made available include:

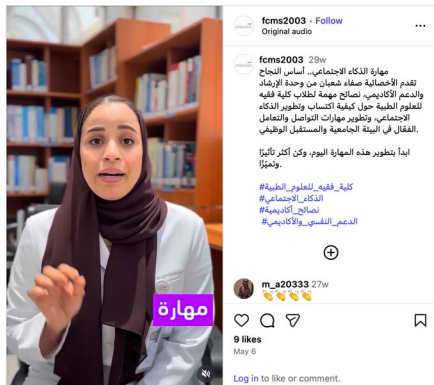
Library and Digital Library, free access to academic books, and reference and research journal which can be accessed and controlled through the lifelong learning access policy

VISIT LINK

Free access to online resources:

FCMS provides free access to range of online educational resources for individuals beyond its enrolled students whereby ensures a wider community. FCMS extends online access in several approaches,

Social Intelligence Skills



VISIT LINK

Distraction and Lack of Concentration



VISIT LINK

Tips on how to start new school year



VISIT LINK

Getting back to the school routine after the holiday



VISIT LINK

- **Open access educational material**

The College publishes various resources, health awareness materials, workshops, recordings, and brochures for different community activities.

- **Free CPD workshops**

FCMS hosts online webinars and contentious professional D... (CPD) workshops supporting professional development

[VISIT LINK](#)

- **Free online courses:**

As part of community outreach, FCMS offers short online training courses in Nursing and Medical Education.

[VISIT LINK](#)

4.3.2. Public Event

[VISIT LINK](#)

FCMS actively hosts public educational events to promote community lifelong learning within a wider community
Hepatitis B and C awareness conducted on 2025/1/16

The activity began at 12 PM at gate 5 FCMH building 1 by meeting people of different ages and demonstrating to them pushers about hepatitis B and C and its modes of transmission. Many students illustrated to the public the early symptoms and signs of hepatitis B and C. There were different giveaways to be provided for the sharing public and staff.

Blood Donation Campaign conducted on 21 January, 2025

VISION 2030
FAKEEH COLLEGE FOR MEDICAL SCIENCES

أمانة جدة
Jeddah Municipality

فقيه
كلية فقيه للعلوم الطبية
Fakeeh College for Medical Sciences

Blood Donation Campaign

**YOUR DONATION TODAY..
HOPE FOR TOMORROW**

Tuesday, 21 January 2025

from 09:00AM to 03:00PM.

FCMS - Ground floor

5 VOLUNTEER HOURS

FAKEEHCOLLEGE.EDU.SA +966 12 6588650

[VISIT LINK](#)

FCMS organizes a blood donation campaign at Dr. Soliman Fakeeh Hospital (DSFH), this initiative is led by MLS students and interns supervised and trained to educate the public about the benefits of blood donation. The event was in cooperation with the Jeddah Municipality. All participants and organizers were registered for five volunteer hours through the Friends of Jeddah platform in recognition of their contributions.

The campaign achieved tangible results, with 19 individuals successfully donating blood, while over 50 potential donors underwent medical screening. It is estimated that the collected blood donations will benefit approximately 57 patients, underscoring the significant impact of this initiative.

The campaign featured various educational and interactive activities that enhanced the participants' experience. Donors were welcomed and underwent preliminary medical screenings to confirm their eligibility. Additionally, medical specialists from DSFH presented informative sessions on the health benefits of regular blood donation. To create an engaging atmosphere, students organized skill-based and intellectual games related to the campaign's theme, making the learning process both fun and effective. Students demonstrated blood types and description of blood transfusion procedure..

4.3.3 Vocational training events (lifelong learning)

FCMS actively delivers vocational training events by qualified faculty staff members to ensure high quality content and practical skill development includes, Professional Development short courses:

The College offers targeted courses for professional development in different specialties to strengthen participants job related skills and growth.

[VISIT LINK](#)

4.3.4 Education outreach activities beyond campus

FCMS designed several **educational outreach activities in schools**, community centers, healthcare organizations, and public groups. Below are some examples,

- **School Outreach Programs:** Faculty and student volunteers visit local schools to offering lectures, interactive demonstrations, and career awareness sessions related to different specialties include:

- **Anti-Smoking and Drug Abuse Community Awareness Campaign at School conducted in October, 2024**

FCMS representative staff conducted an engaging and interactive community awareness session at a school aimed to raise the awareness of drug abuse and smoking. The session included informative presentations, demonstrations, interactive Q&A segments, and hands-on activities. FCMS staff facilitated active student participation and provided valuable educational materials, fostering a supportive environment to encourage lasting health-conscious behavior. Finally, encouraging giveaways were distributed to active participants.

[VISIT LINK](#)

- **Diabetes Community Awareness Campaign at School conducted in December 2024**

FCMS representative staff conducted an engaging and interactive community awareness session at a school, aimed at educating students on key public health topics. The session included informative presentations, demonstrations, interactive Q&A segments, and hands-on activities designed to promote healthy lifestyles and raise awareness. FCMS staff facilitated active student participation and provided valuable educational materials, fostering a supportive and informative environment to encourage lasting health-conscious behavior. Finally, encouraging giveaways were distributed to active participants.

[VISIT LINK](#)

[VISIT LINK](#)

- **Breast Cancer Awareness conducted in October 2025**

Breast Cancer Awareness annual campaign is established during the month of October is to increase awareness of the disease. Breast cancer is one of the most common types of malignant tumor caused by abnormal cell growth. Women of all ages can be affected, but with early screening programs, survival rate increased and morbidity rate decreased resulting in reduced cost of care because patients are promptly diagnosed and effectively treated.

An interactive lecture was given which covers breast cancer biology, breast self-screening, and clinical breast exams. A demonstration on self-screening was done through manikins. emphasizing on the importance of mammogram screening.

[VISIT LINK](#)

[VISIT LINK](#)

- **Smoking Vape Awareness conducted on January, 2025**

Interactive sessions were presented about vape smoking by FCMS staff. Questions and answers sessions were conducted about myth and facts on cigarettes and electronic smoking (vaping) . Supportive information and statistics about smoking in Saudi Arabi from WHO and Saudi Health ministry were presented.

Finally, FCMS offered some giveaway for participation.

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- **Community Health Education Sessions:**

FCMS organizes workshops and awareness campaigns in community settings. These activities addressed public health topics including chronic disease prevention, healthy lifestyles, and mental health.

- **Engaging patients for patient safety: Elevate the voice of patients conducted in January 2025**

FCMS students organized an educational session titled “Engaging Patients for Patient Safety: Elevate the Voice of Patients”, aimed at strengthening the role of patients as partners in safety. Conducted in the hospital, the session brought together healthcare professionals from various disciplines including physicians, nurses, and patient relations staff. The activity included interactive lectures, patient-centered communication workshops, and scenario-based role-plays that emphasized real-world application. Participants explored key principles of patient engagement, learned from real patient stories and discussed best practices for fostering trust and transparency. The session promoted a collaborative culture where patients’ perspectives are valued in shaping safe healthcare practices.

[VISIT LINK](#)

- **Early Warning Signs of Substance Abuse in Youth conducted in May 2025**

FCMS students and staff concerned were available at gate 5, building 2 of DSFH at 2 PM. The students and staff communicated with the attendees and provided them with awareness regarding Early warning signs of substance abuse in youth. A roll-up was designed to simplify information. Flyers were distributed among the audience. Coffee cups with written statements about early warning signs of substance abuse were distributed among attendees.

- **The Health of Pregnant Woman Awareness conducted in May, 2025**

The Pregnant Woman Health Awareness activity was an educational and interactive session organized by MBBS students at DSFH. The session featured informational booths with posters and pamphlets on prenatal care, nutrition, and pregnancy complications. Short presentations by students highlighted key maternal health topics, followed by interactive discussions to address participants' questions and concerns. Case-based scenarios were used to illustrate the importance of early intervention and communication with healthcare providers. The session included a Q&A segment, allowing attendees to engage directly with students and faculty supervisors for personalized advice. Visual aids, such as infographics and charts, were used to make complex information accessible. The activity concluded with a feedback station where participants shared their insights and suggestions, reinforcing the importance of maternal health education and community engagement.

Through these outreach activities, FCMS ensures that high-quality health education is accessible to individuals outside the college environment. These initiatives reinforce the college's role as a community-centered institution and make a tangible contribution to SDG 4 by expanding inclusive educational opportunities, strengthening community capacity, and nurturing a culture of lifelong learning.

[VISIT LINK](#)

4.3.5. Lifelong learning access policy

FCMS has clear structured comprehensive policy that ensures that access to these activities is accessible to all, regardless of ethnicity, religion, disability, immigration status or gender.

[VISIT LINK](#)