

Typical Summer Camp Menu

Please Note: This menu is typical, but substitutions may be made based on the availability of ingredients. Meals are prepared in a kitchen which also prepares meals containing nuts, dairy, soy, gluten, shellfish, and other common allergens.

Monday	Breakfast	No Camp Breakfast
	Lunch	<ul style="list-style-type: none"> • Turkey or Chicken Casserole • Veggies, Fruit, Dessert, Juice
	Dinner	<ul style="list-style-type: none"> • Spaghetti with Meat Sauce • Garlic Bread • Veggies, Fruit, Dessert, Juice
Tuesday	Breakfast	<ul style="list-style-type: none"> • Scrambled Eggs • Toast/Bagels • Pastries, Fruit, Milk
	Lunch	<ul style="list-style-type: none"> • Chicken Tenders • French Fries • Veggies, Fruit, Dessert, Juice
	Dinner	<ul style="list-style-type: none"> • Ham Stir Fry • Rice • Veggies, Fruit, Dessert, Juice
Wednesday	Breakfast	<ul style="list-style-type: none"> • Oatmeal • Pastries, Fruit, Milk
	Lunch	<ul style="list-style-type: none"> • Quesadillas • Rice & Beans • Veggies, Fruit, Dessert, Juice
	Dinner	<ul style="list-style-type: none"> • Homemade Pizza • Veggies, Fruit, Dessert, Juice
Thursday	Breakfast	<ul style="list-style-type: none"> • French Toast • Breakfast Sausage • Fruit, Milk
	Lunch	<ul style="list-style-type: none"> • Hotdogs (w/ Buns, Condiments) • Shasta Soda • Watermelon • Snow Cones
	Dinner	<ul style="list-style-type: none"> • Sloppy Joes • Mashed Potatoes • Veggies, Fruit, Dessert, Juice
Friday	Breakfast	<ul style="list-style-type: none"> • Pancakes • Fruit, Milk
	Lunch	<ul style="list-style-type: none"> • Grilled Cheese • Veggies, Fruit, Dessert, Juice
	Dinner	<ul style="list-style-type: none"> • Homemade Mac-n-Cheese • Baked Fish • Veggies, Fruit, Dessert, Juice